

# us



## ECHO 79



Mark I am

Craig,  
has been your  
nice being your  
friend, continue  
being as nice as  
you are.  
Debra Wilson  
"80"

I can't  
 have a great  
 senior year, I'm  
 really going to miss  
 it to college, you a real  
 nice guy and I'm glad we've  
 known each other for so long  
 Terrie Wren

Curious  
 Roscoe  
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 what  
 really

Keep on smiling  
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"88"  
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Roscoe  
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 smile

Roscoe  
 on  
 well

Keep on smiling  
 you  
 on  
 and  
 with  
 well





# ECHO '79



**Urbandale High School**  
**7111 Aurora Ave.**  
**Urbandale, Ia. 50322**  
**Volume 26**



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# ECHO '79

The **ECHO** is the official yearbook publication of Urbandale High School, Urbandale, Iowa. It is published yearly by the yearbook class. The policy of the **ECHO** is to report the events and activities of the school year in an attempt not only to state the facts but to capture the spirit of this place and time.

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Magazines- they're all around us. The staff of the 1978-'79 **ECHO** realized this when faced with a theme question.

In the 'age of media' a magazine characterizes all that is around us. The word magazine comes from the idea 'a storehouse of information.' The **ECHO** is your magazine for 1979, because it expresses the emotion, excitement, activity, spirit and life at UHS.

As well as the 'age of media,' this is also the age of the individual. Each person has their own interests, values and ideals. We've incorporated many interests into one product, giving you a many-sided view of the year.

Pick up the **ECHO** and relive UHS, 1979. Remember the people, activities, sports, clubs and classes. Take time to browse, recall, revive old memories and realize 'I am a part.'



# GLAMOUR



Fashion took a drastic change in the '78-79 season with new and "unusual" looks. Woody Allen's movie ANNIE HALL brought about the Annie Hall-look. Girls wore pleated pants with straight legs and cuffs, coordinated with suit jackets, big sweaters, vests, and men's ties. Tweeds and plaids were mixed and matched with wool skirts and jackets.

Straight leg Levis with rolled up cuffs were the fashion for the guys. Teamed with the jeans were flannel shirts, t-shirts, and many times plaid, checked, or striped dress shirts. Seen around the school were all kinds of tennis shoes — anything from Pumas, Adidas, and Nikes to bright orange, red and green high tops with contrasting colored shoe laces.

Hair styles changed very little with the feathered look and the curly top styles still popular. More girls wore longer hair.



1 Sophomore Janet Ivers wears a popular hair style, the feathered look with a brightly colored comb.

2 Senior Shawn Sabin displays chic jeans and blue blast jacket with a collared shirt.

3 JoEllen Hoobin, senior, models a tub top covered by a big blouse in contrasting colors.

4 Beards and mustaches are popular with many students and teachers. Senior Eli Larson shows off his "growth."

5 At the Homecoming dance, senior Debbie Hoveland wears a long dress.

6 Shawna Moore appears in surgical pants, t-shirt, and tennis shoes.

7 Wearing pleated pants and shirt, button down shirts and Candies, Carin Munyon and Candy Tiernan decorate the stage.

8 Tennis shoes are seen in all shapes and colors.

9 Jeans are still the most popular fashion for all seasons. Fashion designer names include Pentamento, Chic, Calvin Klein, and the ever popular Levis.





# VOGUE





# LIFE



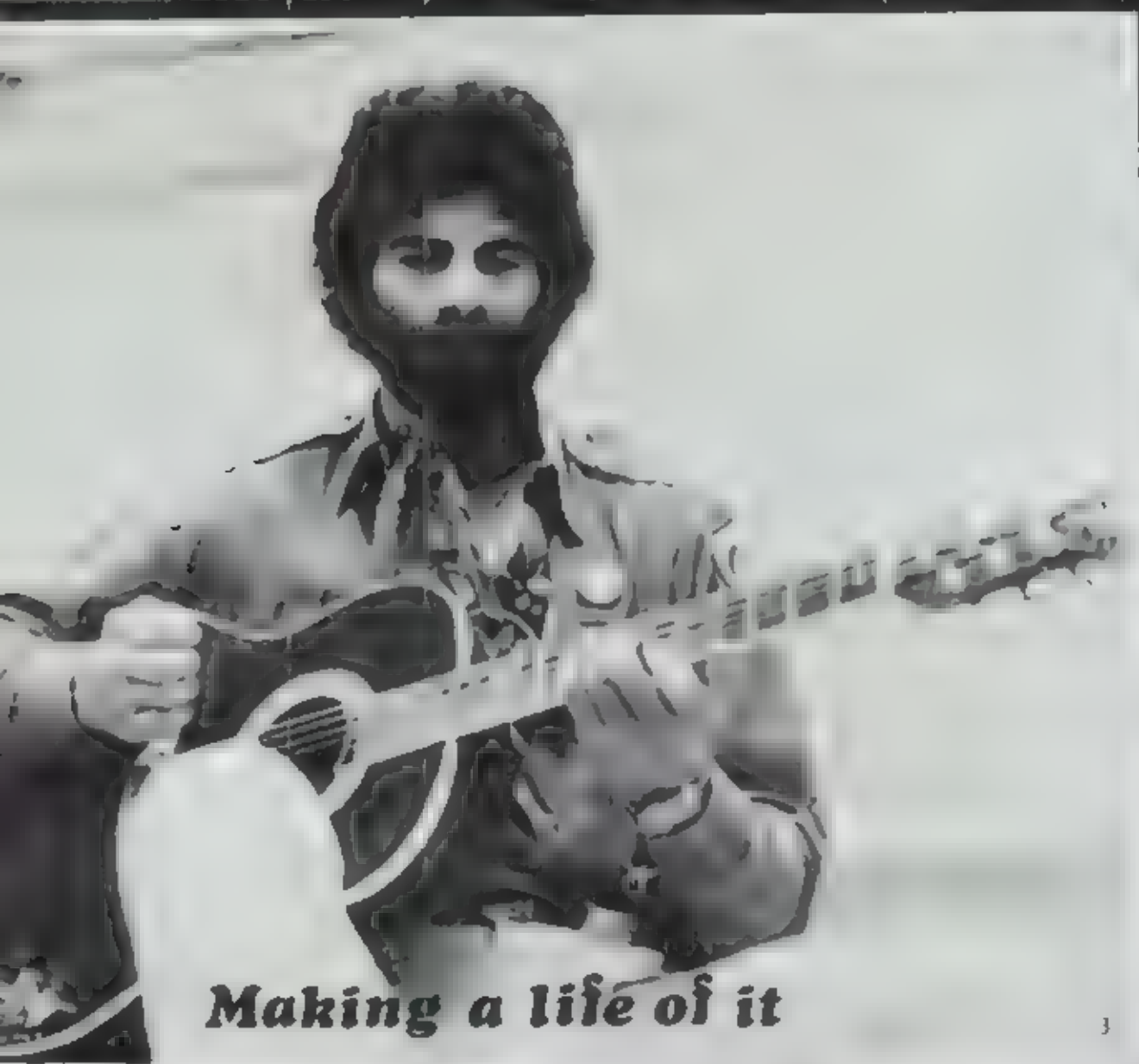
***Out together dancing cheek to cheek***

1





**Hello fresh face**



**Making a life of it**

# Student Life

- 1 Freshman Sheila Smith and junior Barry Smith lead the crowd to the floor as Prom 1979 gets underway.
- 2 Complete with a new face, sophomore Tracy Thompson readies herself for curtain during the fall play, *Up the Down Staircase*.
- 3 "Viet Vet Tunesmith" Lem Genovese speaks to American History students on April 24.





## Sabin, Wederquist lead royalty honors

Shawn Sabin and Craig Wederquist were named Homecoming Queen and King at coronation ceremonies on October 5, 1978. The all-school assembly climaxed Homecoming '78 festivities

Runners-up were seniors Connie Whiton and John Cunningham; Lou Ann Dvorak and Drew Waddell, Kris Ehm and Tim Richards; and JoEllen Hoobin and Rick Nelson.

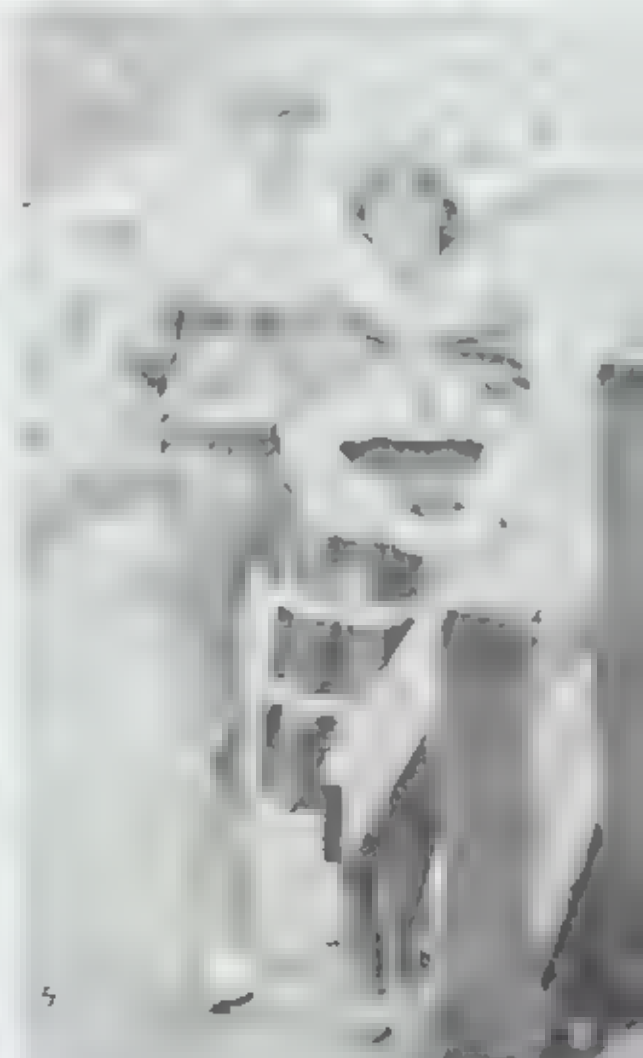
1 King and Queen Craig Wederquist and Shawn Sabin

2 Lou Ann Dvorak and Drew Waddell

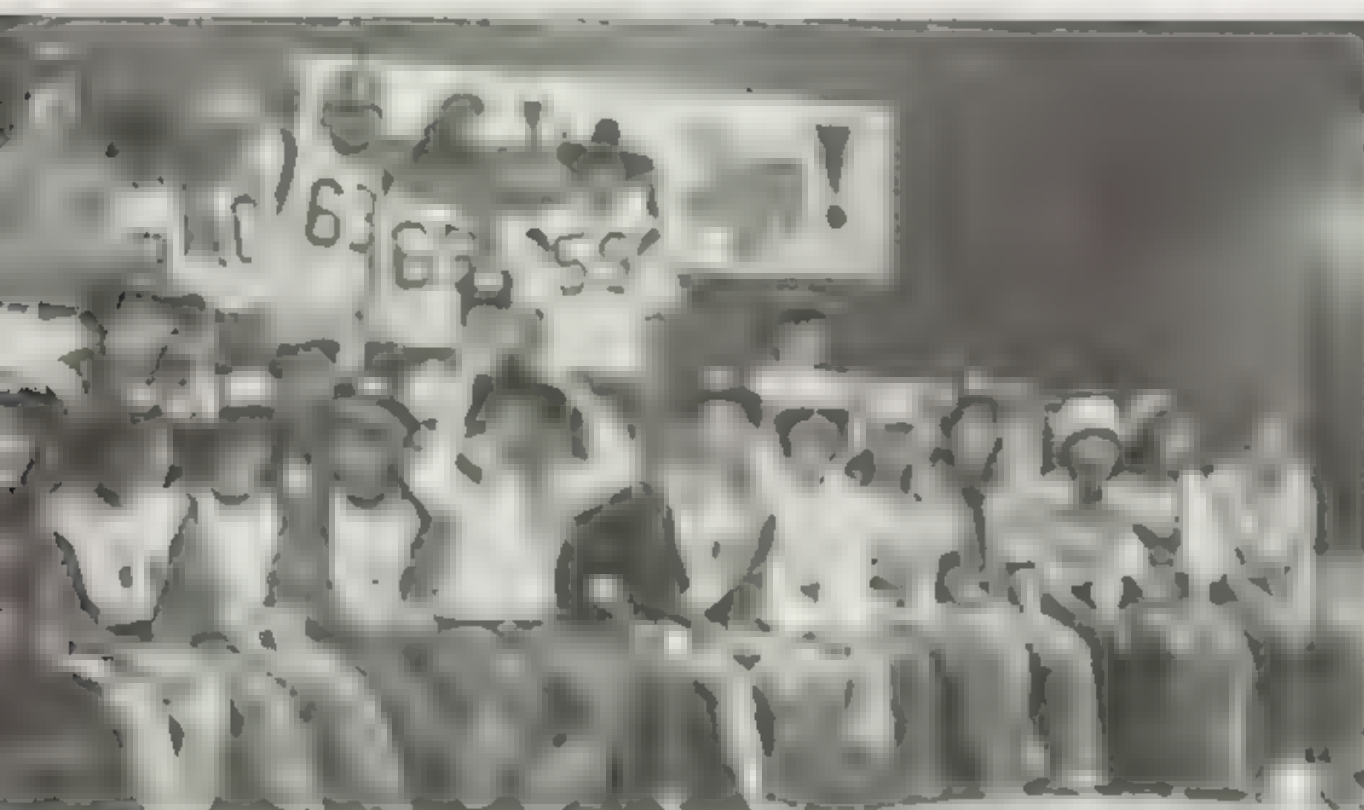
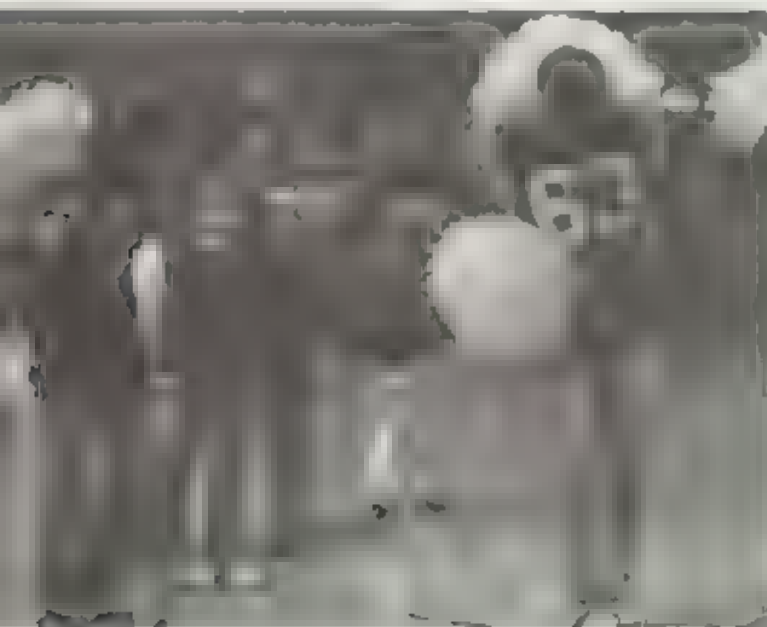
3 Tim Richards and Kris Ehm

4 JoEllen Hoobin and Rick Nelson

5 John Cunningham and Connie Whiton







## Traditions, new ideas fill Homecoming Week

Homecoming: a tradition that calls for float building, powderpuff football, election of a queen and king, assemblies, house and locker decorating, Lions Club pancakes, the parade, the game and the dance. It is an activity-filled week and 1978 was no exception.

On Sunday, October 1, float construction began, signaling the start of week-long festivities. Following were the powderpuff games on Monday. Tuesday the royalty candidates were introduced at an assembly. On Wednesday the seniors made their final selection during second hour classes. Shawn Sabin and Craig Wederquist were crowned Thursday. Special all-school activities during the week included button day, hat day, sweatshirt day, and blue and white day.

Friday, classes were dismissed at 11:30. The assembly featuring the "Streetwalkers" (a group of varsity football players in a drill team routine) was held at 1 p.m. Fair weather allowed for the parade at 2 p.m.

At the homecoming game Friday night, UHS squared off against Grinnell. Halftime entertainment was provided by the Marching Jayhawks featuring their theme "Star Wars," and the JayWalkers followed by the announcement of the float winners and the presentation of the king and queen. Urbandale was successful in defeating Grinnell 34-7.

The homecoming dance with music by Charisma was held in the UHS Commons from 8:30-11:30 Saturday night. The cost per couple was \$6.

- 1 The "Streetwalkers" perform
- 2 Senior Tim Richards and friends enjoy the homecoming dance
- 3 Hats on for senior Jody Jenison and sophomore Tammy Stevens during homecoming week
- 4 "Madhatters" celebrate hat day
- 5 Rachel Haines discos to the music of Charisma

WELCOME  
TO  
HOMECOMING



Coming Home





## ↑ Ups And Downs

# Barrett meets Calvin Coolidge

Presented November 1,2,4, the UHS fall production of "Up the Down Staircase" depicted life in a New York City High School. A variety of incidents both serious and amusing, accompanied the 1960's play.

Director Robert Prigge was assisted by Ronda Harwood. The cast was costumed in sixties clothing and period music set the atmosphere and mood before curtain.

Sylvia Barrett (Julie Warren) begins her "first day ever" of teaching with many expectations. Nevertheless, she encounters some unexpected problems.

One of the first problems Barrett has to deal with is Alice Blake (Denise Drake) and her love for English instructor Paul Barringer (Tony Adelman). Paul, however, shows interest in Sylvia

Barrett's patience and teaching ability are tested further by boisterous students and "potential dropout" Joe Ferone (Dale Woodward). Ferone challenges Barrett to give him a good reason to stay in school. One of Ferone's administration defying acts is going up the staircase intended for down traffic, hence the title.

Both Barrett and her students grow to appreciate one another as the play continues. Barrett often goes to more experienced teacher Bea Schacter (Linda Morrissey) for advice.

Much of the play also evolves around Barrett's mail correspondence with her close friend Ellen (Dolly Duran).

- 1 Alice Blake (Denise Drake) confides to Miss Barrett (Julie Warren) her passion for English teacher Paul Barringer
- 2 In the dressing room, Alex Saenz prepares before the opening curtain
- 3 Director Robert Prigge makes casting decisions
- 4 Jose (Tony Vierling) is a troubled Puerto Rican boy in Miss Barrett's class
- 5 Michele Kassar gets a new face
- 6 Determined to drop out of school, Joe Ferone (Dale Woodard) confronts Miss Barrett





## Speech competition renewed at UHS

For the first time since 1971, UHS participated in the state speech and drama contest, due to the addition of assistant director Ronda Harwood.

Twenty-four students went to the district drama contest at Boone on January 20. Twenty-two advanced to state level competition.

State winners included the duet mine "Seclusion-Exclusion" with Dale Woodard and Tracy Thompson; duet act "6 Rms. Riv Vu.", performed by Lisa Gibb and Tony Adelman; one-act play "The Bald Soprano" with Dolores Duran, Scott Nelson, Tracy Howard, Tom Chao, Denise Drake, and Dean Betz; one-act reading "Once upon a Playground" with Raschell Baldwin, Robin Burke, Michele Kassar, Sharon Ellis, Teri Johnson, Sara Rawland, Alex Saenz, Lisa Swaney, Kevin Lumsdon, and Tony Vierling.

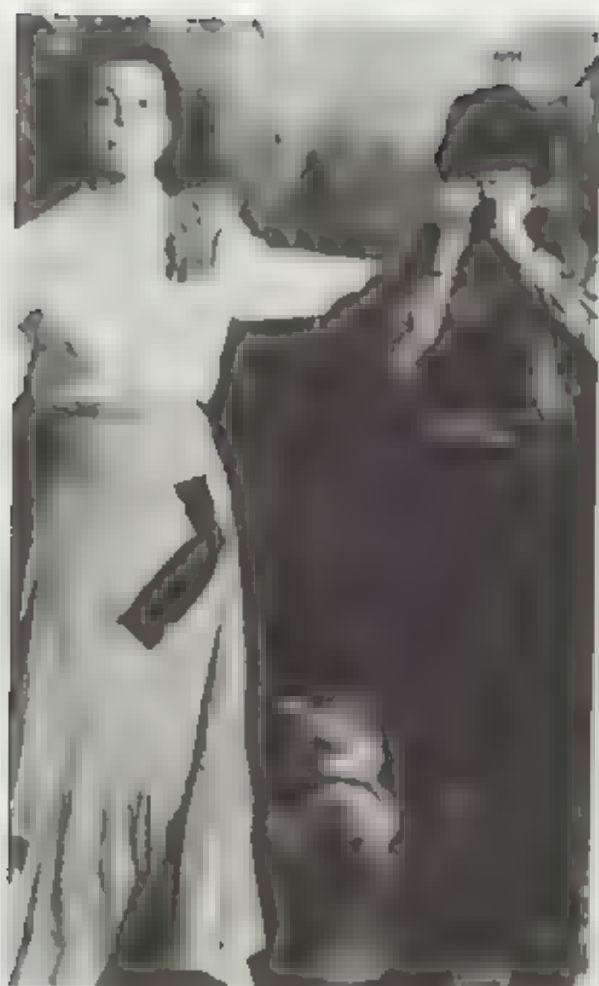
"The Bald Soprano" received an outstanding presentation award, and was invited to enter the all-state festival at Drake University.

Speech district contest was held on February 24 and six contestants advanced to state in their various categories: Raschell Baldwin, interpretative poetry; Denise Drake, reading prose; Brian Hokanson and Doug Grant, radio announcing; Alex Saenz, storytelling, and Annette Swardt, expository address.

- 1 Senior Brian Hokanson polishes his humorous acting entry. He received a II rating at the state speech competition.
- 2 With the assistance of Miss Ronda Harwood, drama director Robert Prigge prepares nine students for the speech and drama state contest.
- 3 Participating at state level in both speech and drama contests, Raschell Baldwin is awarded I ratings.
- 4 Competing in the expository address category senior Annette Swardt practices for director Ronda Harwood. She earned a I rating at the state contest.







## DIRTY WORK AT THE CROSSROADS

### CAST

Nellie Lovelace	Lu Ann Lundy
Adam Oakhart	Tony Adelman
Munro Murgatroyd	Dale Woodard
Ida Rhinegold	Dolores Duran
Mookie Maguggins	Eli Larson
Mrs. Asterbilt	Denise Drake
Leonie Asterbilt	Julie Warren
Fleurette	Debbi Dorman
Widow Lovelace	Michele Kassar
Little Adam	Tony Vierling
Director	Ronda Harwood

## Boos, hisses, cheers part of melodrama

"Dirty Work at the Crossroads" was UHS theater's first melodrama, opening April 26th and running through the 28th. The plot dealt with the evil doings of Munro Murgatroyd and his equally evil henchwoman, Ida Rhinegold. Their victims were innocent Nellie Lovelace and lovely Leonie Asterbilt.

An addition to the production were two oleos; Raschell Baldwin quoted a poem entitled "Aunt Tabitha" and "She is More to be Pitied Than Censured" was sung by Alex Saenz, Linda Morrissey, and Cathie Courtright.

The production stressed audience participation and involvement. The watchers were urged to boo and hiss any evil deeds and cheer for heroic acts seen on stage.

Director of the small, 10-part cast was Ronda Harwood, assistant drama director at UHS. This was Harwood's first directing project at Urbandale. Drama director Robert Prigge was in charge of the technical aspects of the production, as well as ticket sales, ushering, and set construction. The set was painted by members of the art classes.

- 1 Comforting her crying son (Tony Vierling), Nellie Lovelace (LuAnn Lundy) shows her bravery while her husband serves an undeserved jail sentence.
- 2 The evil villain Munro Murgatroyd (Dale Woodard) threatens Little Adam Oakhart with his pistol in order to control Adam's parents.
- 3 Telling of his lover, Mookie Maguggins (Eli Larson) serenades the audience with his performance of "Oh, Moo, Tell Them to Stop."
- 4 Humble hired man Mookie Maguggins assists the dying Widow Lovelace after she spurns her disobedient daughter Nellie.
- 5 Innocent Nellie Lovelace defies the villainous Munro Murgatroyd as he attempts to win her from her childhood sweetheart Adam Oakhart (Tony Adelman).



# Dirty Work At The Crossroads







## Tradition ends

Prom at the Riviera. Almost as much as a tradition as the dance itself is the Riviera Ballroom. 1979 marked the last time that Urbandale would hold its Prom there.

Located in Riverview Amusement Park, the ballroom will close its doors for the final time, as the park was sold. Purchased by Adventureland, Riverview's rides will move there. The fate of what is left of the park has not been decided.

Long remembered for its placement near a lagoon, the park carries many memories. Children will remember hot summer days filled with hours of enjoyment. Others will perhaps remember a moonlight stroll in the Riviera courtyard.

Prom 1979 was held Saturday, May 5 at 8:30 pm. Couples danced to the music of Sierra. The theme of the dance seemed very appropriate:

**Now as the years roll on  
each time we hear our  
favorite song,  
The memories come along,  
older times we're missing,  
Spending the hours  
reminiscing.**

- 1 Juniors Brad Sabin and Teri Christensen are positioned for their couple picture
- 2 Sierra provides the entertainment
- 3 Gary O'Neal, Jerri Robbins, Richard Jamison and Jennifer Golden take time out from dancing to talk
- 4 Seniors Mark Rhoads and Kathy Doeringsfeld enjoy a slow dance





**Prom At The Riviera**





## 283 diplomas awarded to grads

With 283 graduating students, the class of '79 was the largest class to graduate from UHS. Ceremonies began Sunday May 24 with Baccalaureate in the gymnasium. Rev. Carroll Usher gave the address. Music was provided by the band directed by Mr. Larry Hintz and the mixed chorus directed by Mrs. Jean Jamison. The chorus sang "The Road Not Taken" and "Home" from *The Wiz*.

On Tuesday May 22 at 8 p.m., the graduates received their diplomas. Outstanding students from each department were awarded special certificates. Recognition went to Kerry Anderson, Industrial Arts; Nancy Coe, Music; Kevin Lumsdon, Language Arts; Greg Olson, Science; Jon Thelin, Mathematics; Debbie Lewis, Art; Michelle Kassir, Social Studies; Edi Casabar, Spanish; Greg Schneider, German; Kelly Dixon, Business Education; Janet Orr, Homemaking; Jody Jenison, Physical Education; Kelly McGrath, Office Education; Kathy Grothe, Distributive Education; and Ron Raymond, Trades and Industry.

Shawn Sabin, Jody Jenison and Kathy Doeringsfeld were awarded the Better American Citizenship Award. The American Legion Auxiliary Scholarship was presented to Lynn Barker, and Lisa Chambers received the Cadet Teachers Scholarship. Jody Jenison was selected to receive the Sheri Carey Memorial Scholarship. Sheri Carey would have been a 1979 graduate.

Shawn Sabin and Mike Sievers were the student speakers. The invocation was given by Rev. Donald Manworren and the benediction by Rev. Edward M. Anderson. Superintendent Litherland presented the class as president of the school board Anita Kite awarded the diplomas to the graduates.

1 Senior speaker Shawn Sabin bids farewell to classmates and friends

2 Gary Ackerman leads the procession

3 Principal Ernest Doeringsfeld congratulates the graduating class of 1979

4 Outstanding achievement departmental award receivers

5 Lynn Barker receives the American Legion Auxiliary Scholarship





# People

at UHS

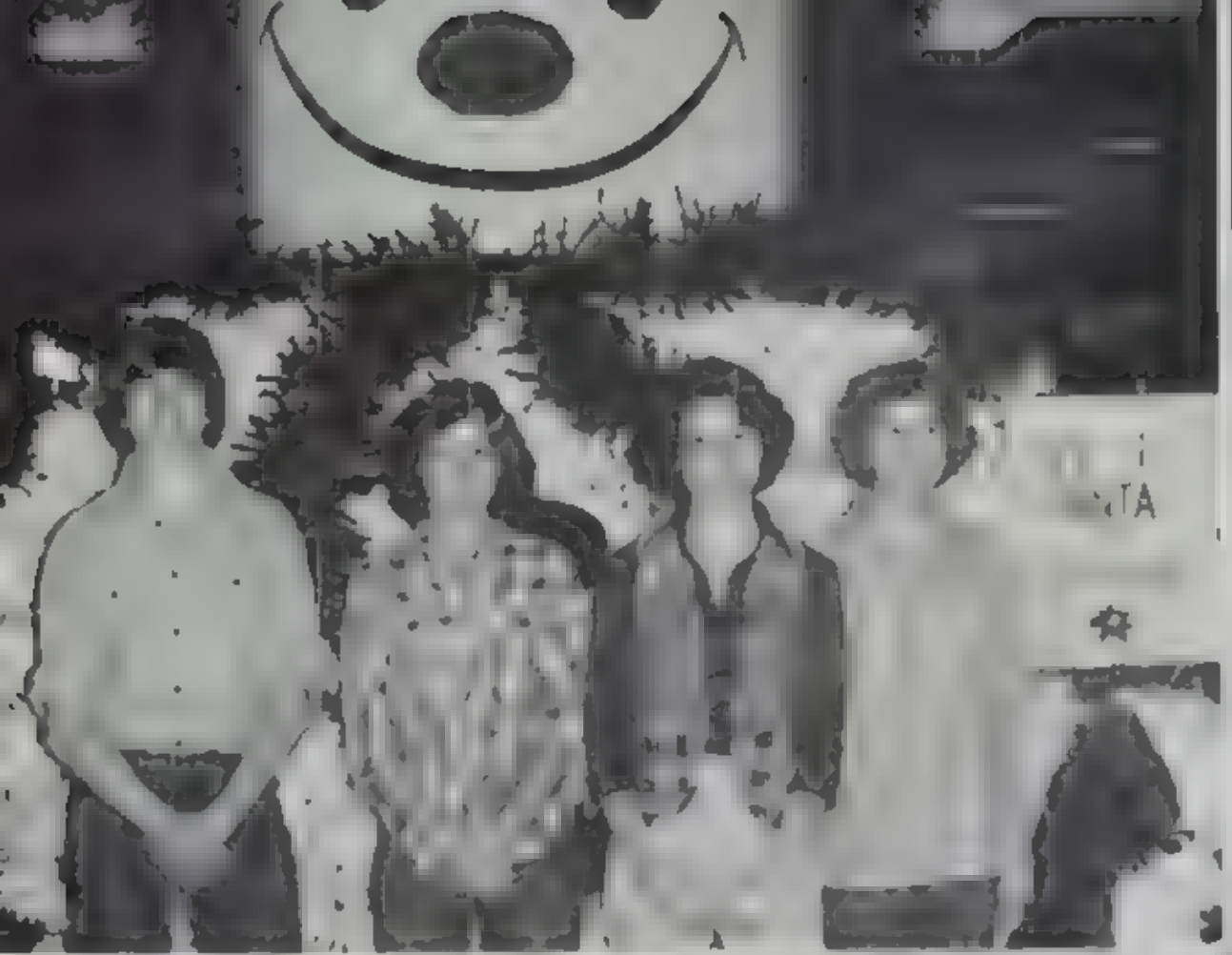
## Senior finale

"Looks Like We've Made It" by Barry Manilow was the theme song of 128 graduating seniors and 3 juniors as the last signature was placed on the last clearance slip Thursday May 18. Next morning everyone was back again to practice for Commencement. From practice seniors went to the Rolling Prairie Inn for the Senior Banquet. Class president Kent Strayer introduced the speaker Mr. Bill Reichardt.

At Baccalaureate Sunday evening Rev. Carroll Usher offered to sell the class ever popular t-shirts with the title of his address: Sedatives or Solutions printed on them as a means of remembering the speech. The highlight of the week along with the partying into the weekend was Commencement held Tuesday May 22 the last high school activity.

As freshmen the class saw the Hawks capture the 3-A State Football title. Sophomore year included the opening of the new recreation complex and library. Junior year brought the second state softball title, new swim teams, and the closing of the alternative school. Senior year began with the reshuffling of classrooms and the opening of the new gym addition. It was also marked by a continuing disappointment—the third defeat of the bond issue for a new auditorium.

1 Senior officers and senators: Kent Strayer, president; Jody Bechtel, senator; LuAnn Lundy, senator; and Jamie Warren, treasurer. NOT PICTURED: Kevin Lumsdon, vice-president; Annette Swardt, secretary; and Edi Casabar, senator.  
2 Senior Mike Sievers, Commencement speaker, celebrates graduation with his class.



# Seniors





Gary Ackerman



Patricia Alessandra



Kevin Amstern



Ken Anderson



Kerry Anderson



Marie Arretie



Chuck Avala



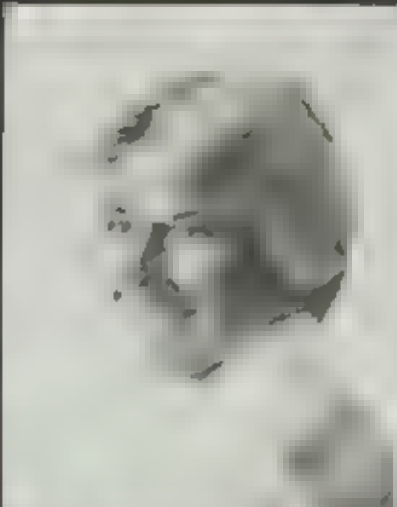
Tom Babcock



Rachell Baldwin



David Balmer



Shelley Bardok



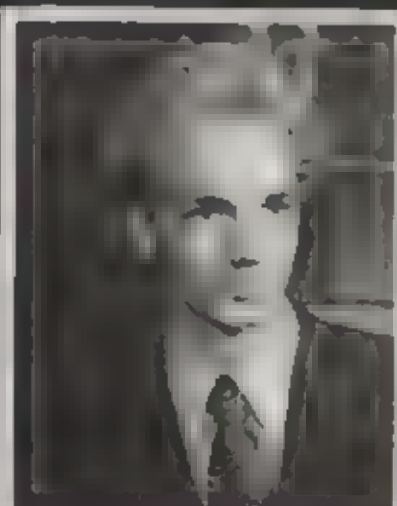
Lynn Barker



Jody Beaver



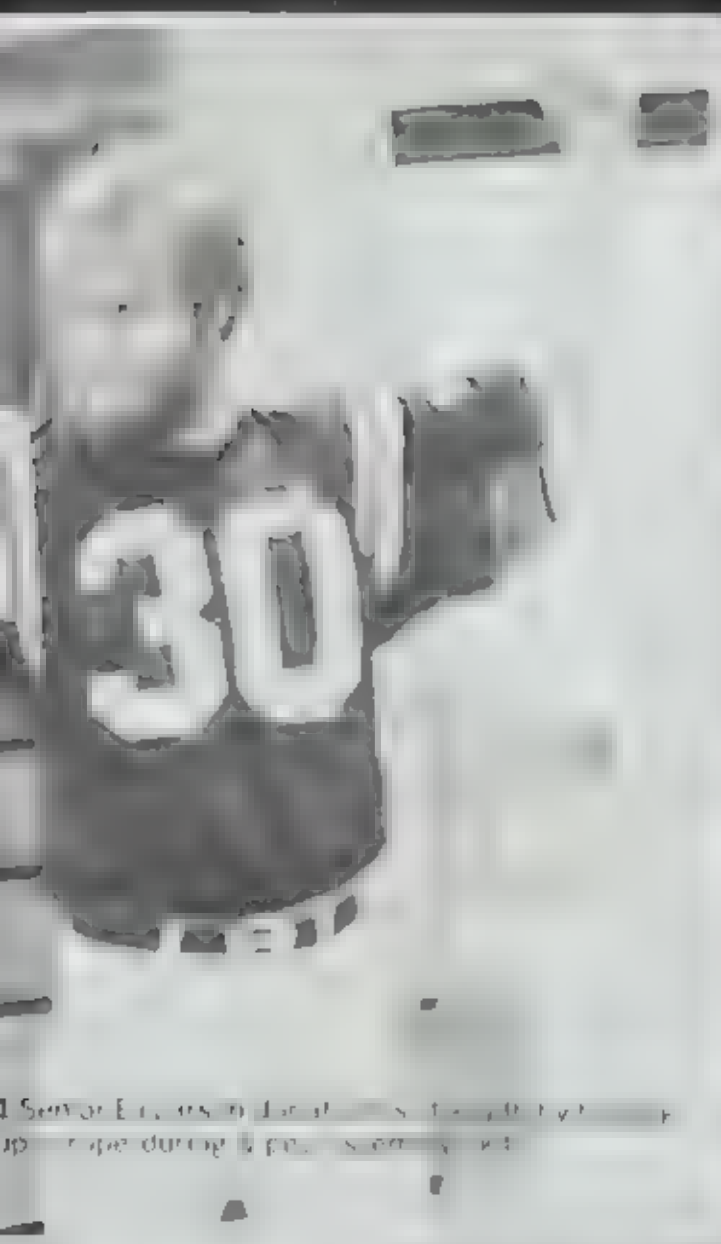
Jody Bechtel



Dave Beck



Diane Bennett



#### CLUBS

AFS-American Field Service promoting the foreign exchange students. 1,2,3,4;  
ALL STATE BAND AND CHORUS-Judged best in state from Iowa for high school students.  
ART CLUB  
BASEBALL  
BASKETBALL-Boys & Girls  
BI-FROST-Book of creative writings by high school students.  
CADET TEACHERS-Students helping teachers.  
CHEERLEADING  
CHESS CLUB  
CHORUS  
CLASS OFFICER  
COLOR GUARD  
COMPUTER CLUB  
CROSS-COUNTRY-Boys & Girls  
DE-Distributive Education  
DRAMA  
ECHO STAFF-Yearbook staff.  
FCA-Fellowship of Christian Athletes.  
FCM-Fellowship of Christian Ministers.  
FLAG GIRLS  
FOOTBALL  
GERMAN CLUB  
GOOD TIMERS-Swimming team.

#### HEALTH CAREERS CLUB

HOCKEY-Not school sponsored. High school boys participate.  
HOMECOMING COURT  
JAYHAWKER-Newspaper staff.  
JAYWALKERS-Orchestra.  
JAZZ BAND-Juniors & Seniors select band members.  
LETTER CLUB  
LIBRARY AIDES  
MARCHING BAND  
MATMAIDS-Wrestling team managers.  
MUSICAL-Drama.  
OE-Office Education.  
POM POM GIRLS-Orchestra accompanying the marching band.  
POWDERPUFF-Girls' homecoming football game.  
SOFTBALL  
STAGE BAND-Freshmen & Sophomores select band members.  
STUDENT SENATE-Student government.  
SWIMMING-Boys & Girls  
SWING CHOIR  
TRACK-Boys & Girls  
T&I-Trades and Industries  
TYPING POOL  
VOCAL JAZZ ENSEMBLE-Swing choir.  
WIND ENSEMBLE  
WRESTLING



Daniel Berman



Dean Betz



Robert Billings



Steve Bilyeu

GARY ACKERMAN-Library Aid 3; Track 1,2;  
PATRICE ALESSANDRA-Basketball Manager 2;  
Drama 4; Marching Band 1,2,3,4; Powderpuff 4;  
Track 1,2; Wind Ensemble 3,4;  
STEPHEN ALLEN-D.E. 4; Gymnasium 1,2; Wrestling 1,2; Swimming 3;  
KEVIN AMSBERRY-Art Club 1,2,3,4; Chess Club 1;  
Football 1,2,3; Golf 1,2; Jayhawker 3;  
KENNETH ANDERSEN-Stage Band 1,2; Wind Ensemble 3,4;  
KERRY ANDERSON-Cadet Teaching; Football Track 1,2,3;  
MANLIO ARRATIA-Youth for Understanding 4;  
CHUCK AVAUX  
TONI BABCOCK-D.E. 4;  
RASCHELL BALDWIN-Act IV 2,3,4; Cadet Teaching 4; Drama 1,2,3,4; FCM 2,3; Good Timers 3; Jayhawker 3,4; Marching Band 1,2,3,4; Wind Ensemble 3,4;  
DAVID BALMER-T&I 3,4;  
SHELLEY BARDOLE-Basketball 1,2,3,4; Class Officer 2,4; FCA 1,2,3,4; Letter Club 1,2,3,4; Student Senate 2,3; Softball 1; Track 1,2,3,4;  
LYNN BARKER-AFS 4; Chorus 1,2; FCM 2,3,4; Flag Girls 3,4; Marching Band 1,2,3,4; National Honor Society 3,4; Stage Band 2; Wind Ensemble 1,2,3,4;  
JODY BEAVERS-Chorus 4;  
JODY BECHTEL-Band 1,2; Class Officer 2,3,4; Golf 1; National Honor Society 3,4; Jaywalkers 2,3,4; Stage Band 1;  
DIANE BECK  
DIANE BENNETT-Basketball 1,2; German Club 2,3; Letter Club 1; Powderpuff 4;  
DANIEL BERMAN  
DEAN BETZ-Act IV 2,3,4; Drama 1,2,3,4; Jayhawker 3,4; Musical 1,2; Vocal Jazz Ensemble 1,2,4; Wind Ensemble 2,3,4;  
BOB BILLINGS-Baseball 2,3; D.E. 4; Football 1,2; Wrestling 1,2,3;  
STEVE BILYEU



Susanne Bjork



Debra Blant



Lois Boe



Wesley Boehm



Robert Boyce



Janis Breiten



Scott Brooks



Kelly Brown



Nancy Buchanan



Tammy Campbell



Scott Carlisle



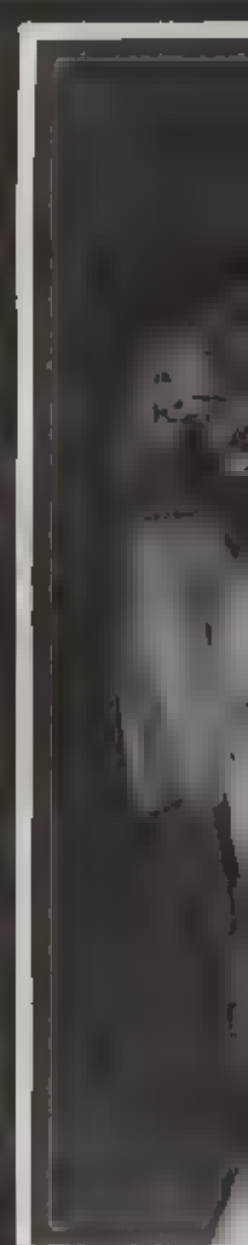
Kelle Carlyn



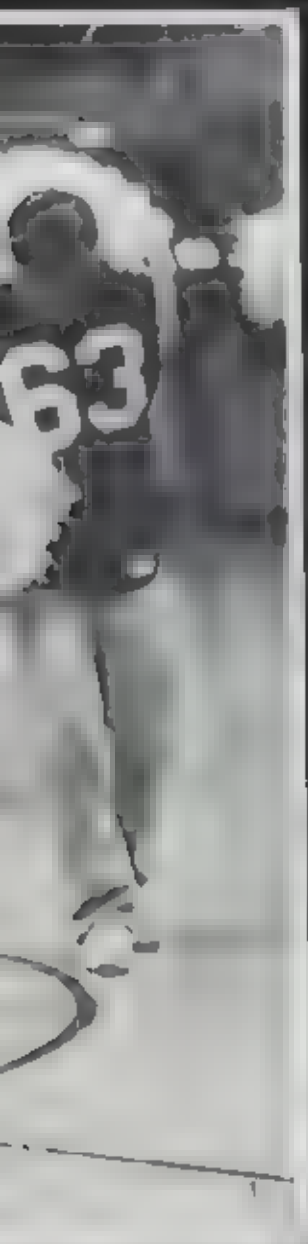
Ed Casaban



Lisa Chambers







Thomas Chao



Victoria Cline



## "They are still the same person"

If your best friend told you that he/she were a homosexual, would you consider spending as much time with him/her as usual?

Yes 37%	No 58%	? 5%
------------	-----------	---------

1 The 1978-79 Streetwalkers performed before the student body during a Homecoming pep assembly. The Streetwalkers were selected members of the varsity football team who were tutored by the high school drill team, the Jaywalkers.

2 Boogieing down at the Homecoming Dance on Oct. 6, are senior Sue Hall and her date, Duke Dixon.

SUSANNE BJORK-Drama 3,4; Echo Staff 4; Golf 1,2,3,4; Letter Club 1,2,3,4; National Honor Society 3,4; Powderpuff 1,2,3.

DEBRA BLANK-Chorus 1,2; Flag Girl 3,4; Marching Band 1,2,3,4; Drama 2; Wind Ensemble 1,2,3,4.

LOIS BOE-Cadet Teaching 4.

WESLEY BOEHM-Cross-country 3; FCA 4; Football 1,2,3,4; Letter Club 1,2,3,4; Track 1,2,3,4; Wrestling 1,2,3,4.

ROBERT BOYCE-Football 1,2,3,4; Wrestling 1,2,3,4.

JANIS BREITEN-Basketball 1; Cadet Teaching 3,4; German Club 3,4; Powderpuff 3,4.

SCOTT BROOKS-Basketball 2,3.

KELLY BROWN-Cadet Teaching 4; FCM 2,3,4; Concert Band 1,2; Marching Band 1,2,3,4; Pom Pom Girl 4; Typing Pool 4; Wind Ensemble 3,4.

TAMMY CAMPBELL-D.E. 4; Jaywalker 3; Powderpuff 1,2.

SCOTT CARLISLE-Baseball 2,3,4; Football 1; Wrestling 4.

KELLE CARLYLE-Jaywalker 3,4; Powderpuff 1,2.

EDI CASABAR-AFS 1,2,3,4; Act IV 3,4; Band 3,4; Chorus 1,2,3,4; National Honor Society 3,4; Jazz Band 3,4; Student Senate 1,4; Vocal Jazz 1,2,4.

LISA CHAMBERS-Band 1; Basketball 1,2,4; Cadet Teaching 4; Cross Country 3,4; FCA 1,2,3,4; Track 1,2,3,4.

THOMAS CHAO-Act IV 2,3,4; Bi-Frost 4; Drama 1,2,3,4; Musical 1,2; National Honor Society 3,4; Student Senate 4.

VICTORIA CLINE-Computer Club 4; Marching Band 1,2,3,4; Wind Ensemble 4.

NANCY COE-AFS 4; All-State Band 3,4; Chorus 1,2; Marching Band 1,2,3,4.

National Honor Society 3,4; State Spanish Finals 2,3; Swing Choir 1,2; Wind Ensemble 2,3,4.

MARK COFFMAN-Baseball 2,3; Basketball 1,2,3.

REBECCA COPELAND

CHRISTOPHER CORSBIE-Basketball 1,2,3; Football 1; Golf 3.



Nancy Coe



Mark Coffman



Rebecca Copeland



Christopher Corsbie



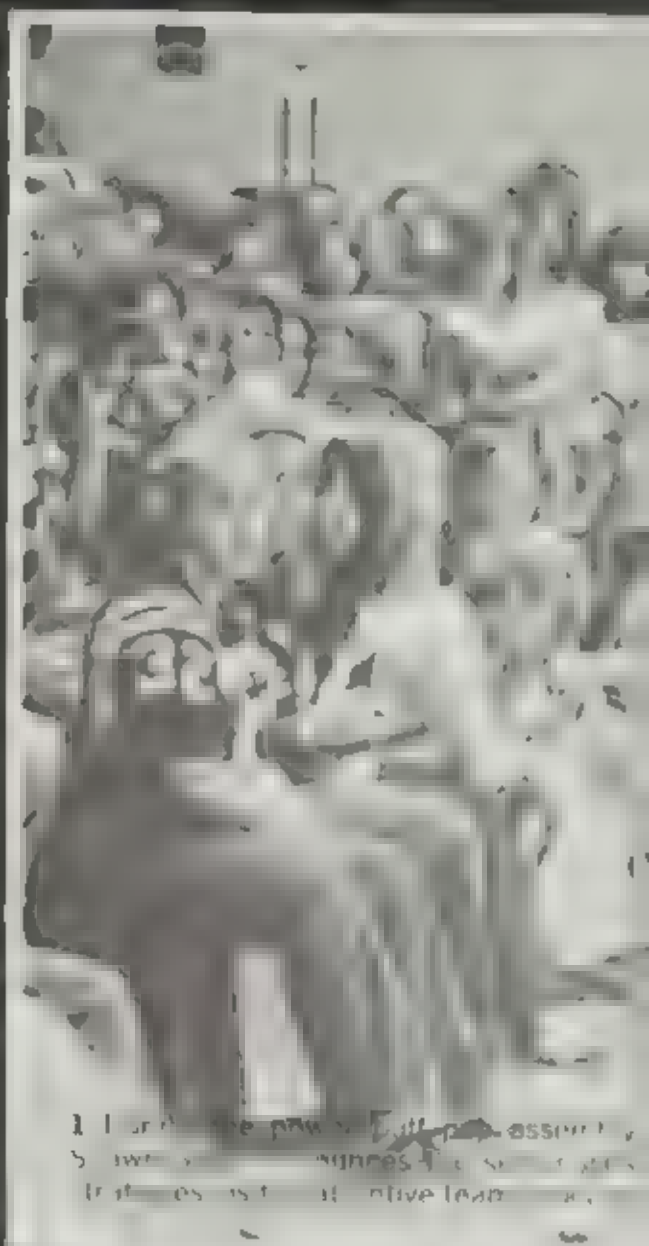
Cathie Courtright



Mary Coe



Marie Dreyer



I found the photo of all the seniors  
 sitting on the grass in the school yard  
 in the old building. It was taken in 1900.



John Cunningham



Kelly Cunningham



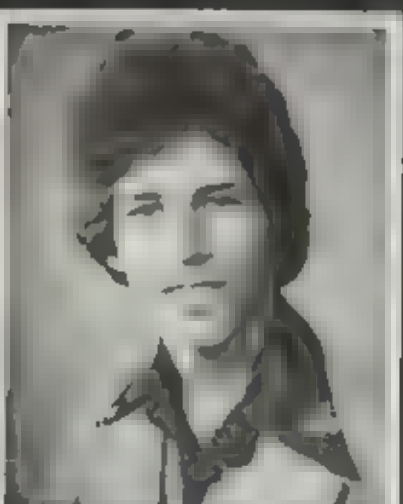
Mike Allen



Leslie Curtis



Kathy Demachrode



Jim Davis



Lisa Dennard



Eric Dickinson



Debra Disney



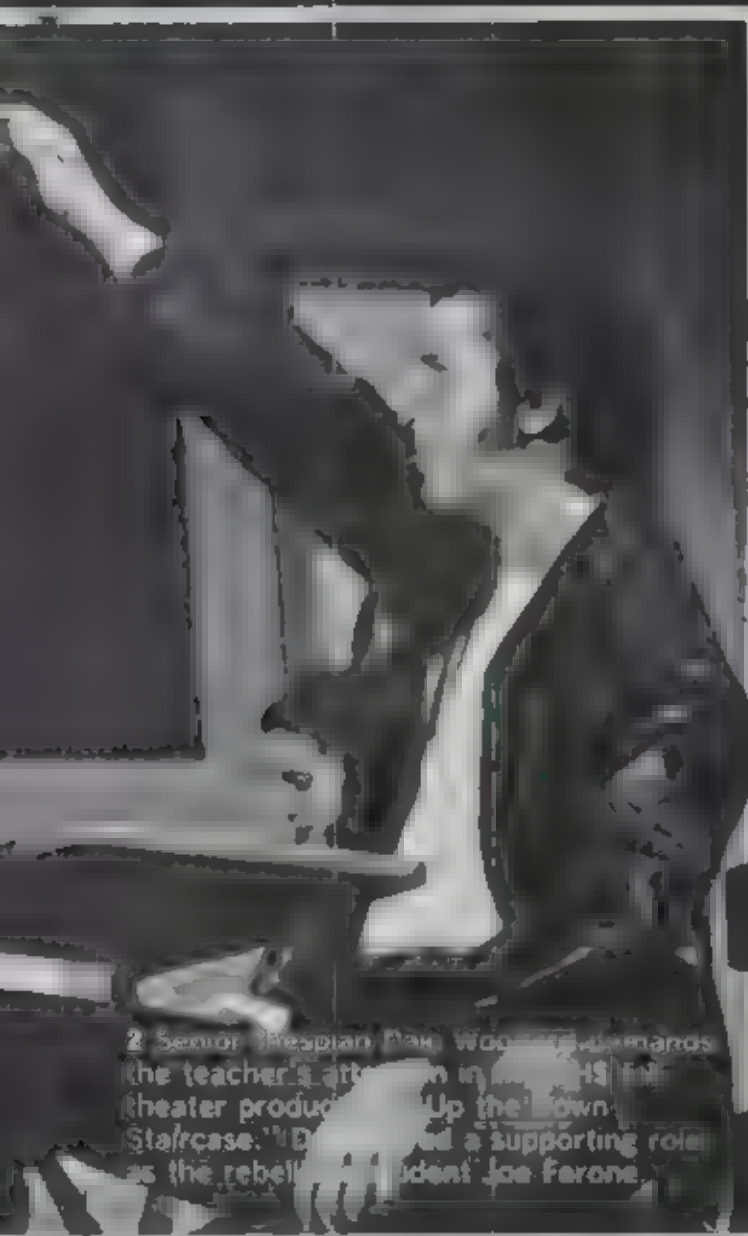
Kelley Dixon



Kathleen Doeringfeld







2 Senior thespian Dan Woodruff demands the teacher's attention in the school's theater production "Up the Down Staircase." Dan played a supporting role as the rebellious student Joe Ferone.



Debra Dorman



Chris Drake

## 78% plan to continue education

Are you planning on attending college?

Y	N	I
78%	17%	4%

CATHIE COURTRIGHT-Act IV 2,3,4; AFS 4; Chorus 1,2; Drama 1,2,3; Powderpuff 4.  
 MARCY COX-Basketball 1.  
 MARTIN CROPP-Cadet Teaching 4; Football 3,4; Golf 1,2; Tennis 3,4.  
 JOHN CUNNINGHAM-Football 1,2,3,4; Homecoming Court; Wrestling 1,2.  
 KELLY CUNNINGHAM-Powderpuff 1,2,3,4; Track 1; Typing Pool 4.  
 JANI CURRIE-FCM 3; Gymnastics 1,2; Letter Club 1; Marching Band 2,3,4; Powderpuff 3,4; Stage Band 3; Swimming 3; Wind Ensemble 3,4.  
 LESLIE CURTIS-Marching Band 1; O.E. 4.  
 KATHY DAMSCHRODER-Cadet Teaching 3,4; D.E. 4; Powderpuff 1,2,3.  
 JIM DAVIS.  
 LISA DENNARD-Cadet Teaching 3,4; Chorus 1,2,3,4; Powderpuff 4; Swing Choir 2; Vocal Jazz Ensemble 4.  
 ERIC DICKINSON-Basketball 1,2,4; FCA 4; Football 1,2; Track 1,2.  
 DEBRA DISNEY-Art Club 3,4; D.E. 4; Drama 3; Health Careers Club 2; Intramurals 3; Powderpuff 2,3,4.  
 KELLEY DIXON-Act IV 2,3,4; Chorus 2,3,4; Drama 2,3,4; Jaywalkers 4; Powderpuff 1,2; Swing Choir 3,4; Vocal Jazz Ensemble 4.  
 KATHLEEN DOERINGSFELD-FCA 2,3,4; FCM 2,3,4; Flag Girls 3,4; Golf 1,2,3,4; National Honor Society 3,4; Wind Ensemble 3,4.  
 DEBBI DORMAN-Act IV 2,3,4; Cadet Teaching 4; Chorus 1,2,3,4; Drama 1,2,3,4; Track 1; Wind Ensemble 4.  
 CHRIS DRAKE-Basketball 1,2,3; Chess Club 4; Golf 3,4.  
 DOLORES DURAN-Act IV 2,3,4; AFS 2,3,4; Cadet Teaching 4; Chorus 1,2,3,4; Drama 1,2,3,4; National Honor Society 3,4; Swing Choir 3; Vocal Jazz Ensemble 4.  
 LOU ANN DVORAK-Cheerleading 1,2,3,4; Homecoming Court; Powderpuff 1,2,3,4; Track 1,3,4.  
 STEPHEN DYKEMA-Jazz Band 1,2,3; Marching Band 1,2,3; Wind Ensemble 1,2,3,4.  
 KRIS EHM-FCA 2,3,4; Golf 1,2,3,4; Gymnastics 1,2,3,4; Homecoming Court; National Honor Society 3,4; Powderpuff 1,2.



Dolores Duran



Lou Ann Dvorak

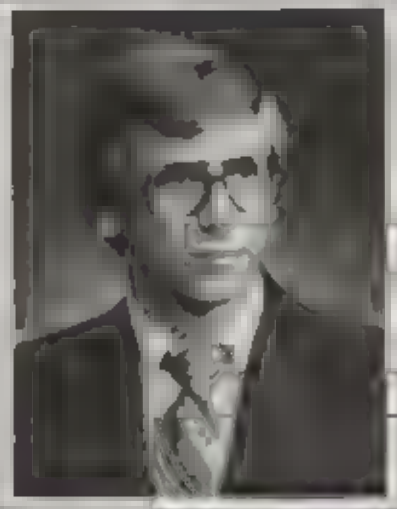


Stephen Dykema



Kristen Ehm





David Eklund



William Elfritz



Sharon Ellis



Larry Ewing

## Majority say no to trade school

Are you attending a technical or trade school upon graduation?

Y	N	?
22%	74%	4%

1 Homecoming king Craig Wederquist escorts his queen, Shawn Sabin, to be presented before the Homecoming game Oct. 6.

2 Mark Rhoads explains a pop assembly skit. The skit consisted of male athletes leading popular cheers before the assembled students.

3 During powderpuff practice, Candy Tiernan sprints, as Stacy Sullivan anticipates a needed block.

4 Senior quarterback Mike Law discusses team strategy with head coach Denny Frerichs.

DAVID EKLUND-Golf 2,3,4; Gymnastics 1,2; Swimming 3.

WILLIAM ELFRITZ-Basketball Trainer 4; Drama 1,2; FCA 4; Football Trainer 4; Library Aids 2,3; Track Trainer 3,4.

SHARON ELLIS-AFS 2,3,4; Cadet Teaching 3; Drama 3,4.

LARRY EWING

SCOTT FAIR-Cadet Teaching 3; Football 1,2,3,4.

CHRIS FARNI-Concert Band 1,2; Drum Major 4; Flag Girls 3; Golf 2; Marching Band 1,2; National Honor Society 3,4; Wind Ensemble 3,4.

KRISTIN FEE-Art Club 3; Basketball 1; FCA 3; Golf 2,3.

STEVEN FELD HACKER-Football 1,2; Gymnastics 2; O.E. 4; Swimming 3; Track 1,4.

RICK FLEMING-Football 1,4.

JIM FLYNN-Art Club 1,2,3,4; Cadet Teaching 4; Golf 4.

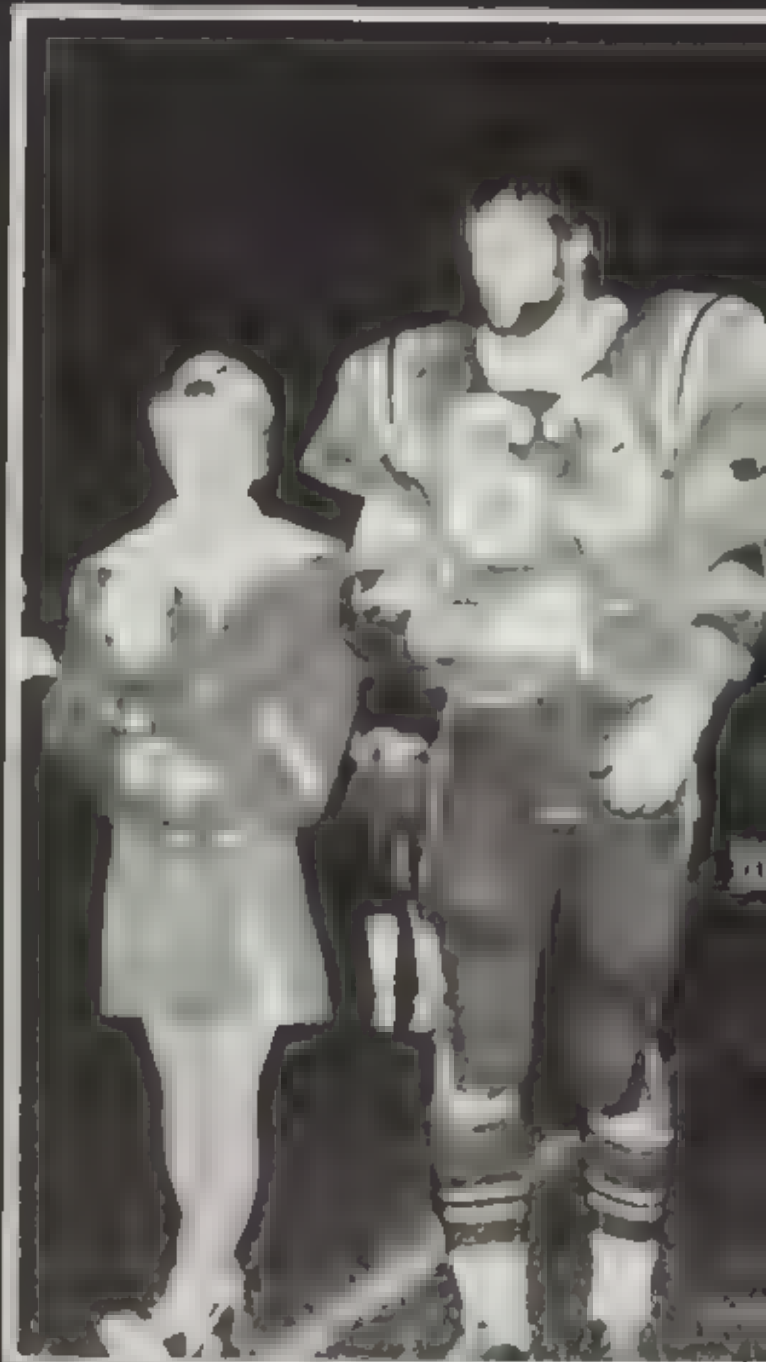
BRENDA FORTUNE-Art 1,2,3,4; FCA 2,3; Marching Band 1,2,3,4; Swimming 3; Wind Ensemble 4.

CHRIS FREEMAN-Cadet teaching 4; Cheerleading 1,2,3,4; Chorus 1,2,4; D.E. 4; Powderpuff 2,3,4; Vocal Jazz Ensemble 4.

SHELLE FULTON-Basketball 1,2,3,4; Cadet Teaching 4; FCA 2,3,4; Letter Club 1,2,3,4; National Honor Society 3,4; Softball 1,2,3,4; Track 1,2,3.

JANICE GAMBLE-Cadet Teaching 4; Community Involvement 4; Powderpuff 1,2,4.

DENNIS GEE  
TOM GEORGE





Scott Farn



Christine Farn



Kristin Fee



Steven Feldhacker



Rick Fleming



James Flyn



Brenda Forana



Christine Freeman



Shelle Fulton



Janice Gamble



Dennis Gee



Thomas George





Jennifer Golden



Debra Gover



Kathleen Grothe



Douglas Gunder

## Only 7% plan on immediate marriage

Are you planning on marriage or engagement right after graduation?

Y	N	%
7%	93%	0%

1 At the mixed chorus Christmas concert, Chris Freeman serenades the young members of the audience with her solo, "Toyland." Small children were invited on stage to greet Santa Claus.

2 In UHS's theater production "Up the Down Staircase", Miss Sylvia Barrett (Julie Warren) reprimands student Rachel Gordon (Debbi Dorman) as Rachel stifles her embarrassed giggles.

JENNIFER GOLDEN-Dept 3; Chorus 1,2; Drama 2; Student Senate 2;

DEBBIE GOVER-Basketball 1; Powderpuff 1,2,4;

KATHLEEN GROTHE-Art Club 3,4; Concert Band 1,2,3; D.E. 4; Drama 3; Intramural 3; Marching Band 1,2,3;

DOUG GUNDER-Basketball 1; Echo Staff 3; Football 1,2,3,4; Track 1,2,3,4;

DENNIS GUNN-Cadet Teaching 2,3; Chorus 1,2; Jazz Band 1,2,3,4; Marching Band 1,2,3,4; Swing Choir 1,2; Wind Ensemble 3,4;

TELSA GURNER-Chorus 1,2,3; D.E. 4; Marching Band 1,2,3; Typing Pool 3;

JACKLYN HAARSTICK-Gymnastics 1,2; Powderpuff 1;

BARB HALL

SUSAN HALL-Cadet Teaching 3,4; Good Timers 3,4; Marching Band 1,2,3,4; Play Crew 1,2,4; Pom Pon Girls 3,4; Powderpuff 1,2; Wind Ensemble 1,2,3,4;

TOM HEFNER-AFS 4; Chorus 1,2,3,4; Class Officer 4; Vocal Jazz Ensemble 4;

LILY HENAULT-Echo Staff 4;

SHIRLEY HOIFELDT-Basketball 1,2; Color Guard 3; Drama 4; Flag Girl 4; Marching Band 1,2; National Honor Society 3,4; Track 1; Wind Ensemble 2,3,4;

BRIAN HOKANSON-Drama 1,2,3,4; Golf 2; Jayhawker 4; Jazz Band 2,4; Marching Band 1,2,3,4; Musical 2; Stage Band 1,3; Wind Ensemble 3,4;

KIM HOLLINGS



Dennis Gunn



Telsa Gurner



Jacklyn Haarstick



Barbara Hall





Susan Hall



Jeffrey Hammer



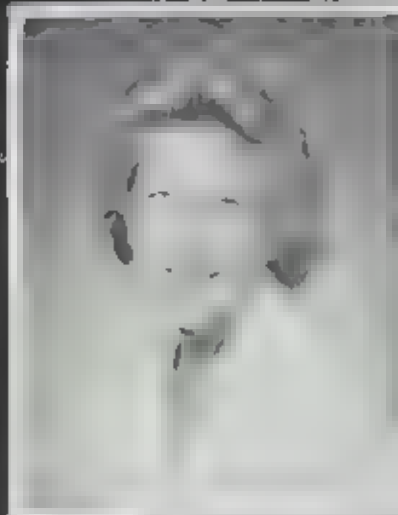
Steven Hansen



Rhonda Hanson



Rita Harison



Brenda Harvey



David Harvey



Kathy Haverly



Dina Hawkins



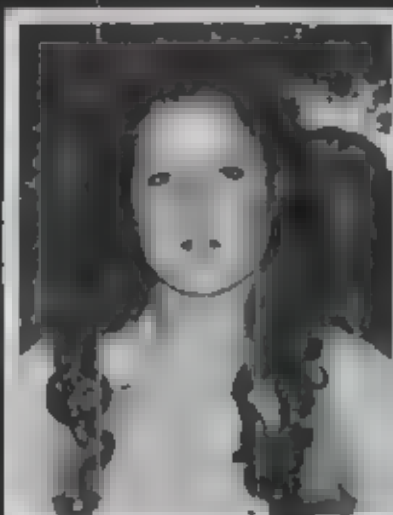
Gail Hayer



Nancy Heckerl



Thomas Helner



Lily Hensult



Shirley Hoffeldt



Brian Hokanson



Kimberly Hollings



Kay Holston



JoEllen Hoobin



Debra Hoveland



Debbie Howard

## 24% plan to work following graduation

If you will not be attending college or a technical school, do you plan to seek full-time employment after graduation?

Y	N	%
24%	47%	31%

1 Echo Staff member Sue Bjork gives the photographer an idea of what you'll look like in yearbook class, third hour.

2 Social Science Senior Standout Bob Van Mayr expects to attend Des Moines Area Community College one year and spend three years at Iowa State.

KAY HOLSTON-Flag Girls 4;  
JOELLEN HOOBIN-Basketball 1,2,3,4;  
Cheerleading 2,3,4; FCA 2,3,4;  
Homecoming Court 4; Letter Club 4;  
Matmaids 4; Powderpuff 1,2,3,4; Track 1,2,3;

DEBRA HOVELAND-Flag Girls 3,4; Jaywalker 1,2,3,4; Marching Band 1,2,3,4; National Honor Society 3,4; Powderpuff 3,4; Wind Ensemble 1,2,3,4;

DEBBIE HOWARD-D.E. 4; Powderpuff 1,2,3,4;  
LINDA HUGHES-Cadet Teaching 3; German Club 2; Marching Band 1; Powderpuff 1,2,3,4;

STEVEN JACOBS  
JODY JENISON-Band 1,2; Basketball 1,2,3,4; Cadet Teaching 4; FCA 2,3,4;  
Letter Club 1,2,3,4; National Honor Society 3,4; Softball 1,2,3,4; Track 1,2,3,4;

KRITA JENNINGS-Chorus 1; German Club 1,2,3; Library Aide 2,3;

TRAD JOHNSON-Basketball 1; Wrestling 2;  
KIM JOHNSON-Baseball 1,2,3,4; Football 1,2,3,4; Track 1; Wrestling 1,2;

KRISTI JOHNSON-Jazz Band 4; Marching Band 3,4; Stage Band 3; Wind Ensemble 3,4;

ROGER JONES-AFS 4; Bi-Frost 4; Football 1,2,3,4; Golf 1,2,3; Jaywalker 3,4; Jazz Band 4; Marching Band 3,4; Stage Band 1,2,3; Wind Ensemble 3,4;

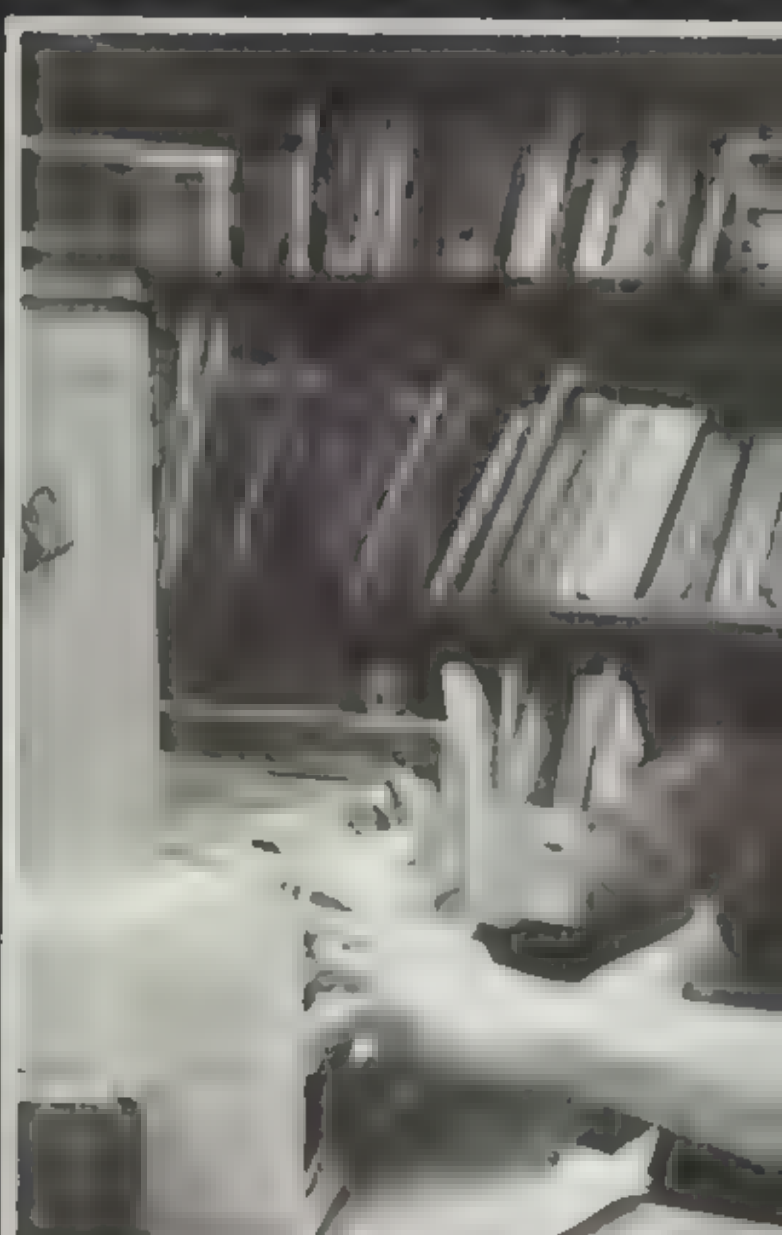
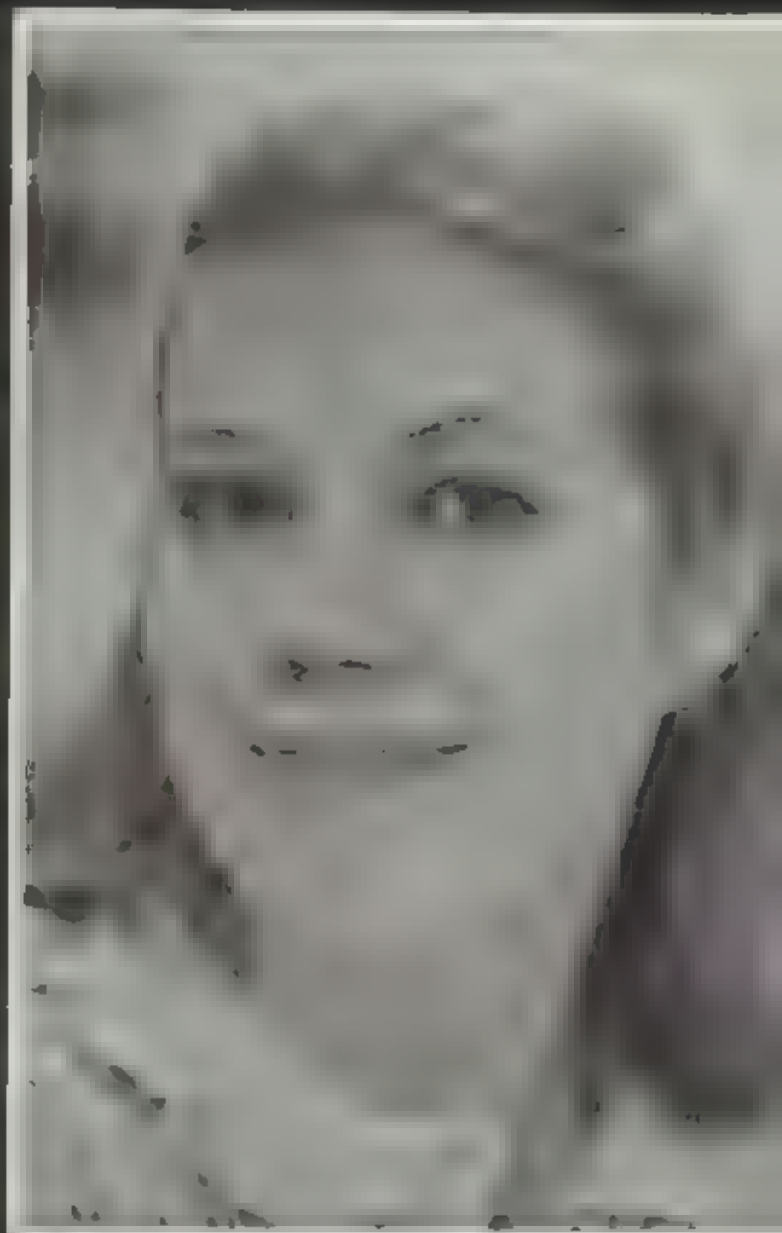
KELLIE KADING-Cadet Teaching 1;  
Jaywalker 1,2,3,4;

MICHELE KASSAB-AFS 3; Cadet Teaching 3,4; Drama 4;

BRAND KELLER-FCA 3,4; Marching Band 1,2,3,4; National Honor Society 3,4; Wind Ensemble 1,2,3,4;

SCOTT KEMPTON-Basketball 1,2,3,4; Football 1,2,3; Golf 1; O.E. 4; T&I 4;

ELIZABETH KIELTY-Act 5 3,4; Drama 2,3,4; Echo Staff 4; Golf 2,3; Marching Band 1,2,3,4; Pom-Pom Girls 4; Wind Ensemble 3,4;





Linda Hughes



David Irwin



Steven Jacobs



Jody Jensen



Rita Jennings



Ted Johnson



Kim Johnson



Kristi Johnson



Roger Jones



Kelle Kading



Michelle Kassar



Brian Keller



Scott Kempton



Elizabeth Kielty





Barbara Killeen



Lisa King



Theresa Kingfield



Patricia Kleber

## Having a family important to seniors

Are you planning on a family?

Y	N	I
66%	20%	14%

1 Seniors Lisa Wahl, Shelley Walden, Chuck Avaux and Ken Andersen decide on graduation announcements from the Hertl Jones Company.

2 Senior football player Doug Gunder gives the photographer the thumbs-up sign during the Homecoming game. Urbandale went on to defeat Grinnell, 34-7.

BARBARA KILLEEN-Cadet Teaching 4; Cross Country 1,2,3,4; FCA 3,4; Girls Letter Club 1,2,3,4; Track 1,2,3,4.

LISA KING-Class Officer 2,3,4; German Club 2; Powderpuff 1,2,3,4; Student Senate 2,3,4.

THERESA KINGFIELD-Cadet Teaching 3,4; Jaywalkers 3; Powderpuff 1,2,3,4.

PATRICIA KLEBER-Jayhawker 4.

KAREN KNIESER-AFS 4; Powderpuff 4.

VIC KNUTSON

CURTIS KOONTZ-Marching Band 1,2,3.

Stage Band 1,2,3; Wrestling 2.

LORI KUEHL-Powderpuff 1,2,4.

TIM LANE

DAVE LANG-Football 1; Track 4.

SUSAN LANG-Cadet Teaching 3; Basketball 1; Powderpuff 4.

CINDY LANGENBERG-Band 1,2,3,4; Color Guard 2; FCA 3,4; Flag Girl 3,4; Letter Club 2,3; Marching Band 1; Powderpuff 2,3,4; Track 1,2,3.

BOB LANGLOIS-T&I 4.

ELI LARSON-Band 2,3,4; Baseball 2,3; Football 2,3; Golf 2,3,4.

MIKE LAW-Baseball 1,2,3,4; Basketball 1,2,3,4; FCA 3,4; Football 1,2,3,4; Track 1,2,3,4.

TERI LAWSON-Chorus 2,3.

DEBORAH LEWIS-Art Club 3,4; National Honor Society 3,4; Powderpuff 1,2,3.

PAUL LEWIS-Basketball 1,2; Football 1,2; Golf 1,2,3,4.

SHANNON LOEFFELHOLZ-Act IV 2,3; Cadet Teaching 3; Drama 1,2,3; National Honor Society 3,4; Pom Pom Girls 1,2,3,4; Wind Ensemble 3,4.

DAVE LOLLMAN-Baseball 3; Basketball 1,2,3,4; Football 2,3,4.

KATHY LONG-AFS 4; Basketball 1,2,3; Cadet Teaching 4; FCA 2,3,4; Letter Club 2,3; Softball 1,2; Track 1,2.

JULIE LUETH-Student Senate 1,2,3.



Karen Knieser



Victor Knutson



Curtis Koontz



Lori Kuehl





Timothy Lane



Debbie Lane



Debbie Lane



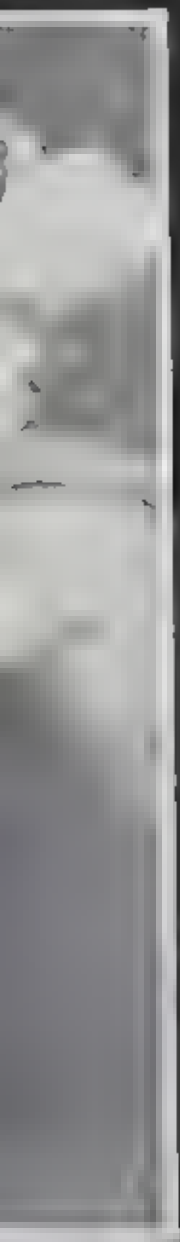
Cynthia Langerberg



Robert Langdon



El Larson



Michael Law



Teri Lawson



Debbie Lewis



Paul Lewis



Shannon Loeffelholz



David Lollman



Kathryn Long



Julie Lueth





Kevin Lumsdon



Lu Ann Lundy



Sheri Lutz



Kelly Lynes



Kathryn Madison



Mindy Manders



Sonja Mandt



Susan Manworren

## Seniors talk candidly about sex

Do you believe that pre-marital sex is morally right?

Y	N	T
68%	29%	3%

1 Curt Kewer and Les Demare practice for their performance at the mass media sponsored dance.

2 Wes Boehm stands patiently as his height is measured for graduation cap and gown.

Seniors also ordered graduation announcements at the same time.

3 Participating in a new program, Community Involvement, Steve Vermilya and Kathy Long discuss their experiences.

KEVIN LUMSDON-Aci IV 4; AFS 3,4; Class Officer 4; Drama 3,4; Echo Staff 3,4; National Honor Society 3,4; Jayhawker 3,4; Student Senate 4.

LU ANN LUNDY-Cadet Teaching 4; Chorus 3,2,3,4; Drama 4; Golf 2,3,4; Student Senate 3,4.

KELLY LUTHER-Basketball 1; Bi-Frost 2,3; D.E. 4; Typing Pool 2.

SHERI LUTZ-National Honor Society 3,4.

KELLY LYNES-Basketball Manager 1; Powderpuff 1,2.

KATHY MADISON-Cheerleading 3; Jaywalkers 3,4; Powderpuff 1,2,3,4; Track 1.

MINDY MANDERS-Powderpuff 2,3.

SONJA MANDT-National Honor Society 3,4; T&I 4.

SUE MANWORREN-Bi-Frost 3; Marching Band 1,2,3,4; Powderpuff 3,4; Wind Ensemble 1,2,3,4.

JAMES MARRIOTT-T&I 4.

JOLINE MARVIN-Jaywalker 2,3,4; Student Senate 2.

TODD MAXWELL-T&I 4.

ROBERT MCBURNEY-Swimming 4; Tennis 3,4.

MICHAEL MCCORRY-Baseball 2,3; T&I 4.

KELLY MCGRATH-Basketball 1; National Honor Society 3,4; D.E. 4; Softball 1.

KENT MCMAHON-Baseball 1; Football 2.

PAT MCMURRAY.

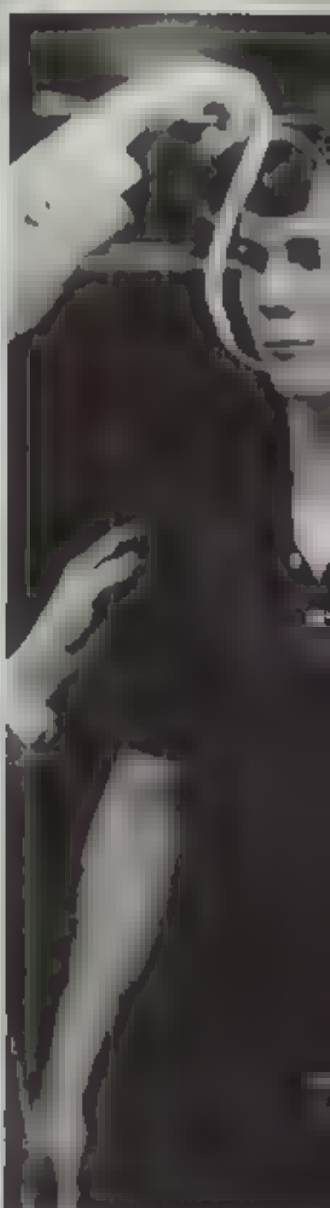
MAURA MCNALLY-Cadet Teaching 4; Chorus 1,2,3,4; National Honor Society 3,4; Swing Choir 1,2,3,4.

CONNIE MCNAMARA-AFS 3,4; Chorus 1,2,3,4; Drama 1; German Club 2; Health Careers Club 1; Marching Band 1,2,3; Swing Choir 4.

LORI MOMMER-Cadet Teaching 4; Jazz Band 2,3,4; Powderpuff 3,4; Stage Band 1,2; Wind Ensemble 1,2,3,4.

DAVE MOORE-Baseball 2,3,4; Basketball 3; Football 1; Tennis 4.

JEFF MOORE-D.E. 4.







Joline Marwin

Todd Maxwell

Robert McBurney



Michael McCrone

Kelly McGrath

Kent McMahon

Pat McMurray



Maura McNally

Constance McNamara

Mary Jane Meier

Greg Miller



Kimberlee Milligan

Lori Mommer

Dave Moore

Jeffrey Moore



Timothy Morgan



Melinda Morrissey

## Seniors predict economic recession

Do you feel that our economy is heading for recession?

Y	N	?
69%	18%	14%

1 Senior Standout in the art department, Debbie Lewis exhibits an oil painting she completed on her own time.

2 Working as a secretary, O.E. student Linda Snyder is awarded the Senior Standout in the business department.

3 Tom Chase, Sue Mamworren, Greg Olson and Rita Hanson are honored as the UHS students who were National Merit Scholarship Finalists.

TIMOTHY MORGAN-Basketball 1,2,3,4; Football 1; GOLF 1,2,3,4;

MELINDA MORRISSEY-Act IV 4; AFS 2,3,4; Cadet Teaching 4; Chorus 2,3,4; Drama 3,4; Echo Staff 4; National Honor Society 3,4; Swing Choir 3,4;

CARIN MUNYON-O.E. 4; Powderpuff 3,4;

KAREN NEIL-AFS 4; Cadet Teaching 4;

DANIEL NELSON-GOLF 1,2,3,4; RICHARD NELSON-FCA 4; Football 1,2,3,4; Homecoming Court; Track 1,2; Wrestling 1,2,3,4;

WILLIAM NEWCOMB-D.E. 4; Wrestling 1,2,3,4;

JANE NOLIN-Band 1,2,3,4; Good Times 3,4; Letter Club 3,4; Swimming 3,4;

JAMES OLMSTED-D.E. 4;

GREGORY OLSON-Football 1,2,3,4; Wrestling 1,2,3,4;

JEFF OLSON-Football 2,3,4; GOLF 1,2,3,4; Jayhawker 3,4; Jazz Band 2,3; Marching Band 1,2; Stage Band 1; Wind Ensemble 2,3,4;

GARY O'NEALL-AFS 3,4; Band 1,2,3,4; Drama 2,3,4; Jazz Band 4,2,3,4; Marching Band 1,2,3,4; Wind Ensemble 1,2,3,4;

DON ORI-T&I 4;

JANET ORR-Basketball 1,2; Cadet Teaching 4; Softball 1; Track 1; Powderpuff 4;

MURRAY RATTRAY-Cross Country 1,2,3,4;

FCA 1,2,3,4; GOLF 1,2,3,4; Wrestling 1,2,3,4;

RON RAYMOND-Baseball 2,3; T&I 2,3;

JEFF REICHAERT-Basketball 1,2; Football 1,2; Track 1;

MARK RHOADS-Football 1,2,3,4; Wrestling 1,2,3,4;

TIM RICHARDS-Football 1,2,3,4;

Homecoming Court; Wrestling 1,2;

JOAN RICHMAN;

KENNETH RINARD-T&I 4;

LISA ROBERTS-O.E. 4; Powderpuff 1,2,3;

CHUCK ROGERS;

LUANNE RULLESTAD-D.E. 4; Powderpuff 1,2;

SHAWN SABIN-Cheerleading 1,2,3,4;

Drama 3; FCA 2,3,4; Homecoming Court; Powderpuff 1,2,3; Track 1,2,3;

ALEJANDRA SAENZ Act IV 4; AFS 4;

Student Senate 4;



Carin Munyon



Karen Neil



Daniel Nelson



Richard Nelson



William Newcomb



Jane Nolin





Gregory Olson



Jeffrey Olson



Gary O'Neal



Donald Orr



Janet Orr



Murray Rattray



Ronald Raymond



Jeffrey Reichart



Mark Rhoades



Timothy Richard



Joan Richman



Lisa Roberts



Chuck Rogers



Luanne Rullestad



Shawn Sabin



Alejandra Saenz





Kathy Sampson



Gregory Schneider



Christopher Schroeder



Robert Schulze



Rajat Sehgal



Gregory Sailer



Marcia Sellegren



Rick Seward

## Patriotism — Worth it?

If you were drafted into service to fight a war to help another country (similarly to the Vietnam war), would you serve?

Y	N	
24%	67%	9%

1 All-State band member Nancy Lee enjoys playing the flute because it's "something you can do all of your life." This was the second year the Music Department Standout was chosen to All-State Band.  
2 Senior gymnast Kris Ehm practices a difficult tumbling move. Kris advanced to state contest, where she placed first in uneven parallel bars and captured seventh for all-around competition.  
3 Pondering an important point, Tom Chao breaks his concentration to flash a smile.

KATHY SAMPSON-Cadet Teaching 4; Powderpuff 2,3,4;  
GREG SCHNEIDER-AFS 1,2,3,4; Band 1,2,3; Chorus 1,2,3,4; Drama 2,3; Drum Major 3; Student Senate 1,2,3; Swing Choir 1,2; Tennis 3,4;  
CHRIS SCHROEDER  
ROBERT SCHULZE  
RAJAT SEHGAL-Track 4;  
MARCIA SELLEGREN-Marching Band 1,2,3,4; Pom Pon Girl 4; Wind Ensemble 4;  
RICK SEWARD-Football 1,2,3; T&I 4;  
DAVID SHAPIRO-Basketball 1,2,3,4;  
CHRISTINE SHERER-AFS 2; Cadet Teaching 4; Typing Pool 4;  
MICHAEL SIEVERS-Basketball 1,2; Cross-Country 1,4; Track 1,2,3,4; Wind Ensemble 1,2,3,4;  
KIRK SIMMONS-AFS 3,4; Computer Club 3; Jayhawker 3,4; Jazz Band 2,3,4; Marching Band 3,4; National Honor Society 3,4; Wind Ensemble 3,4;  
SCOTT SLAYTON-Bowling 3,4; D.E. 4; Golf 2; National Honor Society 3,4;  
FRANK SMITH  
GENE SMITH  
SANDI SMITH-Act IV 2,3,4; Golf 1,2,3,4; Jayhawker Staff 3,4; Jaywalker 2,3,4; Marching Band 1,2; Wind Ensemble 1,2;  
JANET SMYTH  
LINDA SNYDER-O.E. 4; Typing Pool 4;  
CURT STAIB-Basketball 2; Golf 1,4;  
SHARON STANLEY  
KIMBERLY STAPLETON-Cadet Teaching 4;  
ART STERRETT-Baseball 4; Football 4;  
CAMILLE STOKES-Cadet Teaching 3; German Club 2; Jaywalker 3; Powderpuff 1,2;  
DANA STOUARD-Art Club 2; Chorus 3; D.E. 4; Drama 3; Flag Girl 2; Library Aids 2;  
KENT STRAYER-Dixieland Band 3,4; Jazz Band 3; Marching Band 1,2,3,4; National Honor Society 3,4; Senior Class Officer 4;  
Student Senate 4; Swimming 3; Wind Ensemble 2,3,4;  
DON STURM  
PAT SULLIVAN-T&I 4; Wrestling 2,3;





David Shapiro



Christine Sherer



Michael Sievert



Kirk Simmons



Julie Sinn



Scott Slayton



Sandi Smith



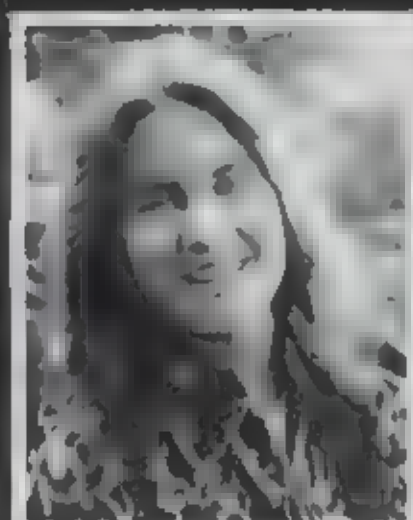
Janet Smyth



Linda Snyder



Curtis Stalo



Kimberly Stapleton



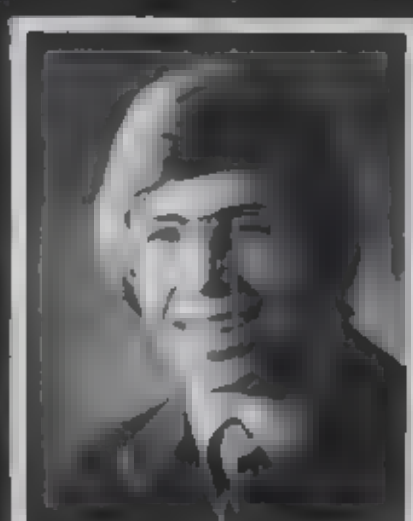
Art Sterrett



Camille Stokes



Dana Stougard



Kent Strayer



Patrick Sullivan





Stacy Sullivan



Ross Sutton



Annette Swardt



Craig Tappe



Pamela Tell



Amanda Temple



Jon Thelin



Joan Thompson

## Family relations good

Do you have a close relationship with your parents?

Y	N	I
62%	23%	15%

1. Discoing during a football mixer, John Birmingham and Candy Tiernan compete in a dance contest.
2. Barb Killeen talks of the cross-country team accomplishments.
3. Named Senior Standout in the Spanish department, Ed Casabar relates his future plans.

STACY SULLIVAN-Basketball 1,2; Powderpuff 2,3,4; Softball 1,2;  
ROSS SUTTON-Basketball 1,2,3;  
ANNETTE SWARDT-AFS 4; Chorus 4; Drama 4; Echo Staff 4; Powderpuff 4; Student Senate 4;

CRAG TAPPE-Football 1; Track 1; Wrestling 1,2,3;

PAMELA TELL-German Club 3,4; Powderpuff 4;

AMANDA TEMPLE-D.E. 4; Powderpuff 1,2;  
JON THELIN-Act IV 2; Drama 2,3; Echo Staff 3;

JOAN THOMPSON-AFS 4; Chorus 3,4; Community Involvement 4; Echo Staff 4; Swing Choir 3;

SALLY THOMPSON-Band 1,2,3,4; Cadet Teaching 4; Flag Girl 3,4; Marching Band 1,2,3,4; Powderpuff 1,2,3; Wind Ensemble 3,4;

CANDACE TIERNAN-Cadet Teaching 4; German Club 3,4; Golf 2; National Honor Society 3,4; Powderpuff 4; Track 1;

KEN TODDEN  
WILLIAM TOYE-Basketball 1,2; Football 1,2,3,4;

BARB TREANOR-Chorus 2,3; Drama 2,3; Powderpuff 2,3,4; Softball 1; Spanish Club 3; Student Senate 4; Track 2,3;

BECKY USHER-Cadet Teaching 4; Color Guard 1,2; Flag Girls 3,4; National Honor Society 3,4; Student Senate 2,3; Wind Ensemble 1,2,3,4;

KIRK VAN VLEET-Basketball 1,2,3,4;

JAMIE VENTLING-Basketball 1; German Club 3,4; Golf 2,3,4; Powderpuff 4; Track 1;

STEVEN VERMILYA-Football 1,2,3,4;

RAGNHILD VESTLI-AFS 4; Marching Band 1,2,3,4;

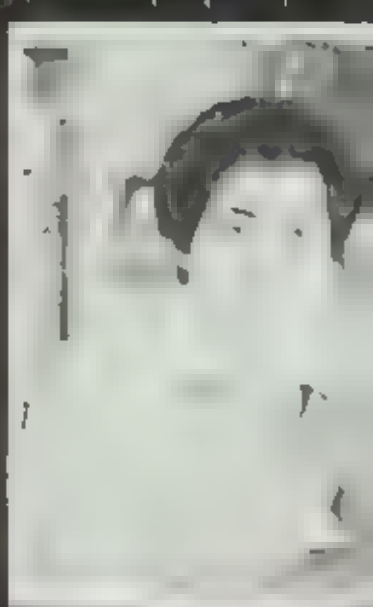
ROBERT VON MAYR-AFS 4; Art Club 2,3; Chess Club 1,2,3; Chorus 1,2,3; Computer Club 1,2,3; Drama 1,4; Jayhawker 4; Library Aides 1,2;

DREW WADDELL-Football 1,2,3,4; Homecoming Court; Track 1; Wrestling 1,2,3,4;

LISA WAHL-Band 1,2,3,4; Color Guard 3,4; Marching Band 1,2; Stage Band 1,2; Wind Ensemble 2,3,4;

SHELLEY WALDEN-AFS 4; Drama 3,4; Marching Band 1,2,3,4; National Honor Society 3,4; Track 3; Wind Ensemble 2,3,4;

DAVID WALTON-Basketball 2;  
SUE WARNER-Cheerleading 1,2,3,4; Powderpuff 4; Typing Pool 4;







Sally Thompson



Candace Tiernan



William Toye



Barb Treaner



Rebecca Usher



LeAnn Van Horn



Kirk VanVleet



Amy Ventling



Steven Vermilya



Raphael Voss



Robert VonMayr



Drew Waddell



Lisa Wahl



Shelley Walden



David Walton



Suzanne Warner



Jamie Warren



Julie Warren



Gregory Warwick



Peggy Watson



Scott Wearmouth



Craig Wederquist



Tony Wagner



Connie Whitton



Jeffrey Wieland



Jeffrey Wilson



Douglas Winger



Sondra Williams



Gregory Wisgerhof



Phyllis Wolf



Debra Wolfe



Lori Wolfe



Michael Wondergem



Dale Woodard



Virginia Woods



Kimberly Worrell

## Seniors support organized religion

Do you believe in and support organized religion?

Y	N	%
72%	15%	13%

1 Firing up school spirit, swimmer Jane Nolin informs the student body of the upcoming swimming meet.

2 AFS exchange student from South Africa Annette Swardt is inducted into the Urbandale chapter of the National Honor Society. Annette was one of the 58 juniors and seniors inducted into the NHS on April 22.

JAMIE WARREN-Basketball 1; Golf 3,4; Powderpuff 2,3,4; Student Senate 4.

JULIE WARREN-Drama 4; German Club 1,2,3; Golf 3,4; Powderpuff 2,3,4.

PEGGY WATSON-T&I 4; Track 1,2,3,4.

SCOTT WEARMOUTH-Football 1,2,3,4.

CRAIG WEDERQUIST-Football 1,2,3,4; Homecoming Court; Track 1,2,3.

TONY WEGNER-Baseball 3,4; Football 1,2; Hockey 2,3,4.

CONNIE WHITON-Cadet Teaching 4; FCA 4; Homecoming Court; Jaywalkers 1,2,3,4; National Honor Society 3,4; Powderpuff 3,4.

JEFF WIELAND-Football 1,2,3,4; Marching Band 1,2,3,4; Stage Band 1,2,3,4; T&I 1,2,3,4; Track 1,2,3,4.

SONDRA WILLIAMS-Powderpuff 1; Student Senate 2,3.

JEFF WILSON

DOUG WINGER-Wrestling 1,2,3,4.

GREG WISGERHOF-Football 1; T&I 4.

DAN WOHLFORD-Football 1,2,3,4.

PHYLLIS WOLF-O.E. 4.

DEBBIE WOLFE-AFS 4; Drama 4; FCA 2,3; German Club 2,3; Powderpuff 1,2,3,4.

MIKE WONDERGEM

DALE WOODARD-Act IV 1,2,3,4; Drama 1,2,3,4; FCM 2,3,4; Jayhawker 2,3,4; Jazz Band 3,4; Marching Band 1,2,3,4; Stage Band 1,2; Wind Ensemble 2,3,4.

VIRGINIA WOODS-Class Officer 1; Drama 3,4; German Club 3; Health Careers Club 4.

KIM WORRELL-Act IV 1,2,3,4; AFS 3; Class President 1; Student Senate 1,2.

MELANIE WRIGHT-Cheerleading 1,2,3; Drama 3,4; National Honor Society 3,4.

MARGIE YASKE-Cheerleading 1; D.E. 4.

JENIFER YOUNG

JULIE YOUNG-Basketball 1; Tennis 3,4.

BRUCE ZIMMERMAN-T&I 4.



Melanie Wright



Margie Yaske



Julie Young

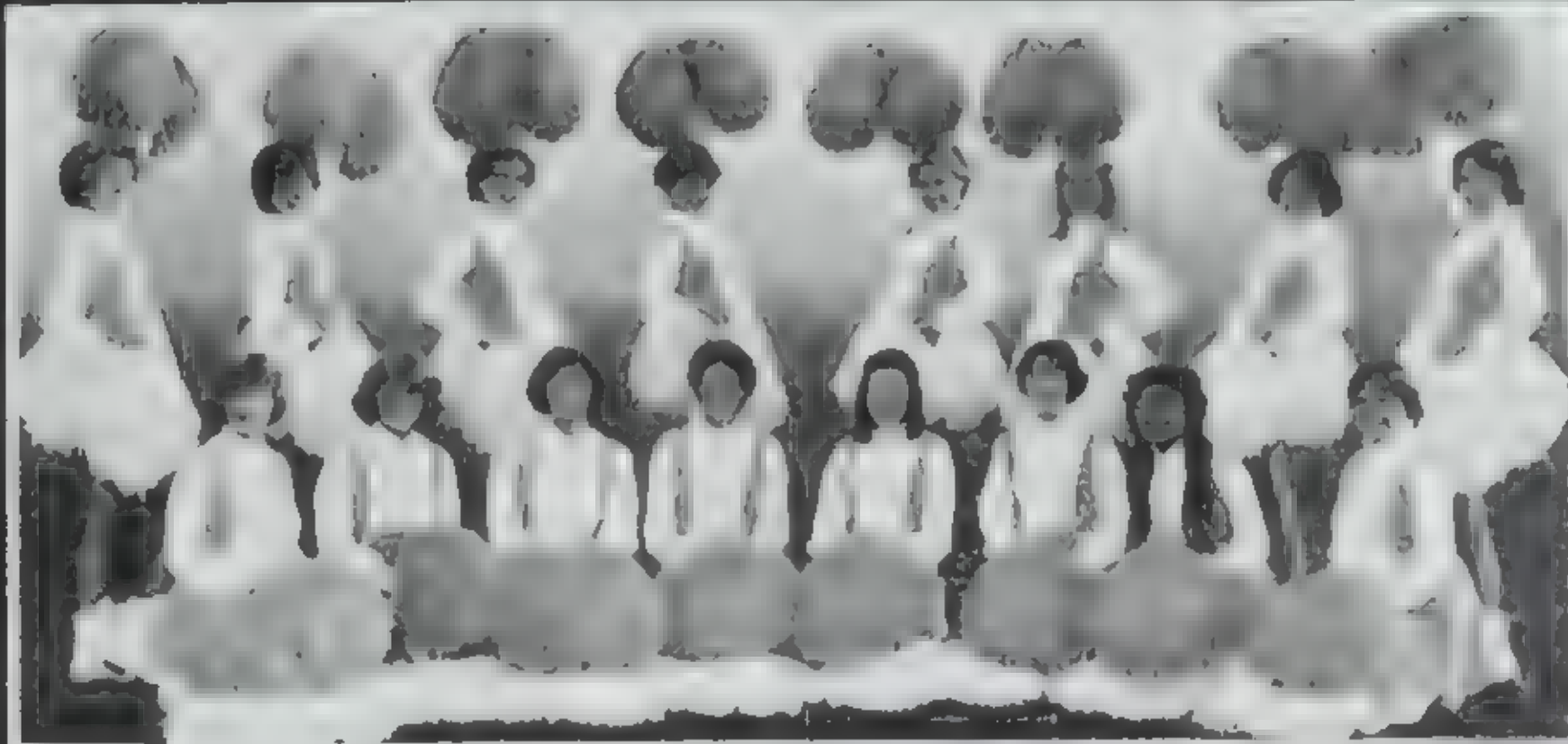


Bruce Zimmerman



# LOOK





# Associations

1 Senior Gary O'Neal displays a Valentine carnation sold by ECHO and DECA.

2 The 1979 Marching Band Flag Girls.

3 The 1979 Marching Band Pom Squad.

USE OF LOOK LOGO BY PERMISSION OF THE PUBLISHER, LOOK INC.

# Double The Fun



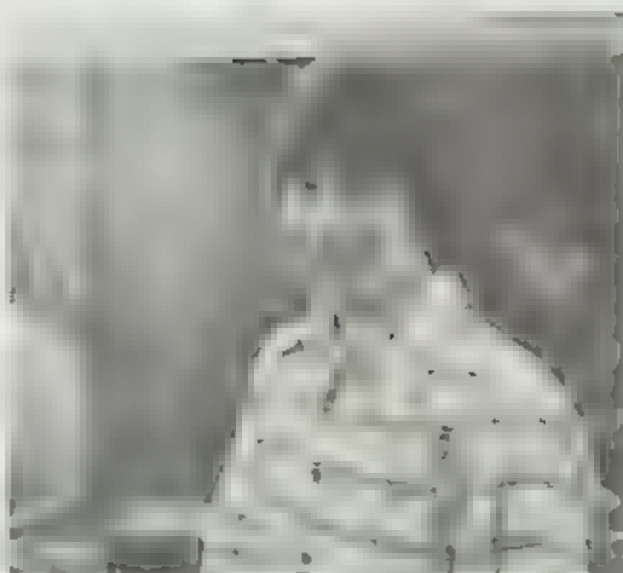
## UHS features two AFS students

More than doubling its membership, 32 new members boosted the ranks of the AFS club. Also joining the high school chapter were foreign exchange students Alejandra Saenz from Mexico and Annette Swardt from South Africa. This was the first year that Urbandale had hosted two students.

The AFS club (American Field Service) raises funds to help the adult chapter sponsor foreign exchange students. Fund-raising started with a homecoming project which brought over \$300. Chances at free dinners for two at Gianni's, The Pavilion, and Mattie's were raffled. At football playoff time, the club peddled blue and white pennants and made \$130.

As January came around, the members readied themselves for the highlight of the year, February 9, 10, and 11; six foreign exchange students from around Iowa spent the weekend in Urbandale. The weekend was a joint project with Valley High School of Des Moines. Students and guests enjoyed bowling, tobogganing, a Saturday evening potluck, and lots of parties. The guests said good-bye on Sunday and traveled back to their host families.

Under the direction of teacher-sponsor Char Aylward, president Linda Morrissey, vice-president Alex Saenz, and secretary-treasurer Lynn Barker; the club donated \$350 to the adult chapter.





# Scholarship Offered

## Annual project

For the second year, the cadet teachers offered a \$150 college scholarship. Hoping it will become an annual project, teacher-sponsor Kay Griffin explained that any cadet teacher is eligible for the grant. The scholarship was funded by three dances sponsored by the organization. The dances were mixed after sports events, with music supplied by local disc jockeys.

The cadet teacher organization is open to all students. Students who were interested in teaching aided a teacher of their choice to gain classroom experience.

Chosen as the officers of the 56-member organization were Barb Killeen, president; Michele Kassar, vice-president; Kelly Brown, secretary; and Sallie Berrier, reporter.

1 AFS members. FRONT ROW-L. Morrissey, A. Saenz, L. Swaney, C. Courtright  
SECOND ROW-D. Duran, S. Rawland, K. Lundson, K. Simmons, J. Thompson, R. Jones, A. Swardt, E. Casabar  
BACK ROW-Teacher-sponsor C. Aylward, S. Walden, P. Kleber, P. Alessandra, T. Johnson, S. Ellis, T. Hefner, B. Hokanson, L. Barker, N. Coe, K. Johnson, K. Long

2 During the AFS weekend on Feb 9, 10 and 11, teacher-sponsor Charlotte Aylward helps organize group pictures, as Roger Jones readies his camera

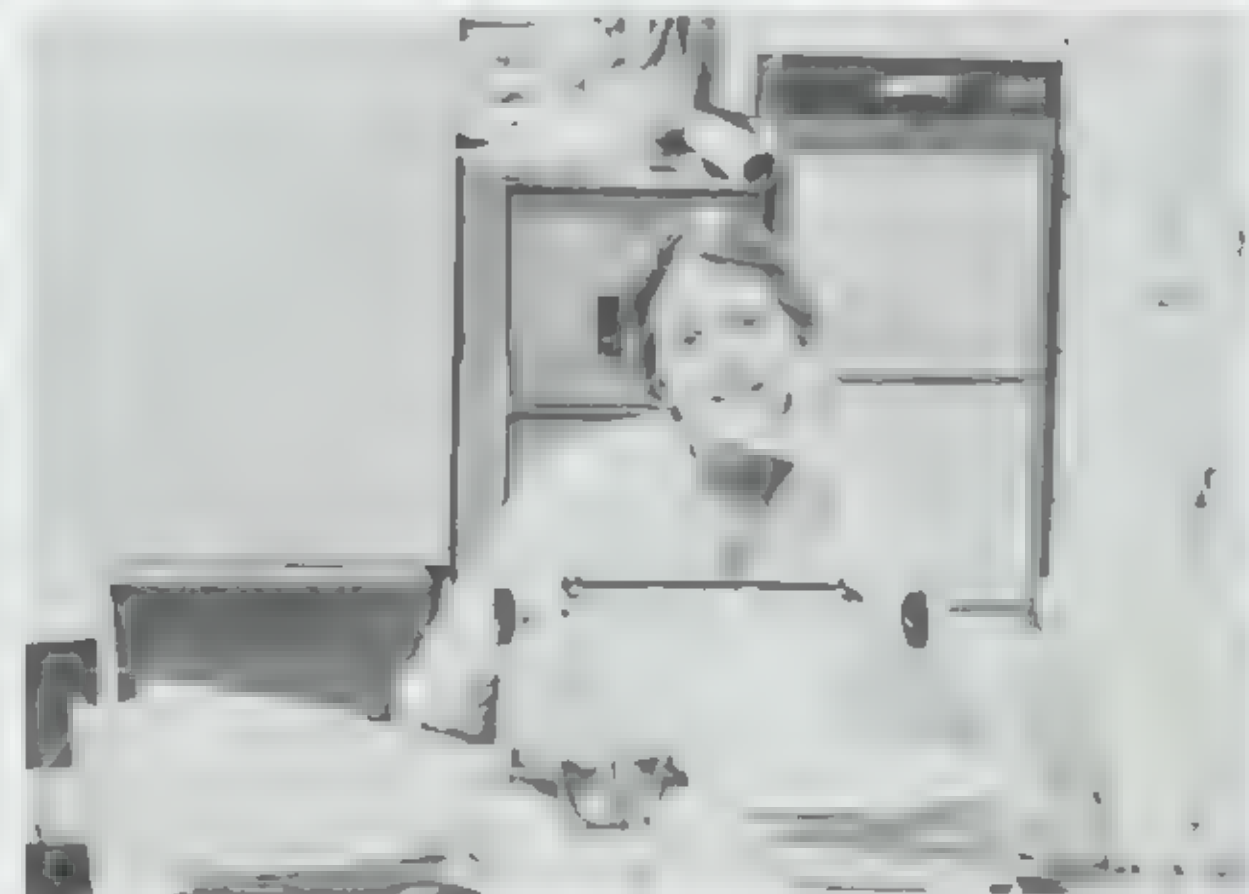
3 Urbandale junior Randy Bauer was selected for the AFS summer program abroad

4 Annette Swardt (left) and Alex Saenz are Urbandale's foreign exchange students for the 1978-79 school year. Annette is from Pietermaritzburg, South Africa and Alex is from Mexico City, Mexico

5 Lynnette Andersen cadet teacher at Olmstead holds a present the fifth graders gave her

6 Ann Readinger corrects papers for Mr. Kimb

7 Cadet teacher for Mr. Gary Page, Page Dare types a government test



# Curtain calls for Act IV



1 Act IV: FRONT ROW T. Adelman, T. ...  
SECOND ROW E. Gibb, A. Saenz, R. Burke, S.  
Rawland, K. Severin, T. Verling, L. Swaney,  
Johnson, J. Warren, S. Hoferdt. THIRD ROW  
Casabar, S. Hall, K. Dixon, L. Morrissey, T. Chao,  
D. Duran, D. Betz, B. Hokanson.  
2 Members Terry Johnson, Sara Rawland, and  
Dean Jones read the script for "Up the Down  
Staircase."  
3 "Miss Barrett, we are behind you 30  
percent," Scott Nelson says while Brad Smith  
waits for his turn to reply.  
4 Library Aids Brad Sams, Ron Jacobs, and Mike  
Brown spend their free hours helping in the  
library.  
5 Heading library operations are Librarian Marge  
Wegner and media clerk Inga Holler.



# Working Voluntarily

## 3 Media helpers

Library aids worked voluntarily most of the time. Sponsors for the group were librarian Marje Wegner and library clerk Inga Hofeldt.

Mike Alley, Greg Peterson, Dave Fulton, Matt Roberts, Bill Elfritz, Ken Jems, Mike Brown, and Gary Ackerman taped sport events and helped with other AV services.

Jems and Sams earned credit for the five hours they worked each week in the media center.

"It's a learning experience for the students and at the same time the media center runs more smoothly," said Wegner.

## 5 Spotlights awarded

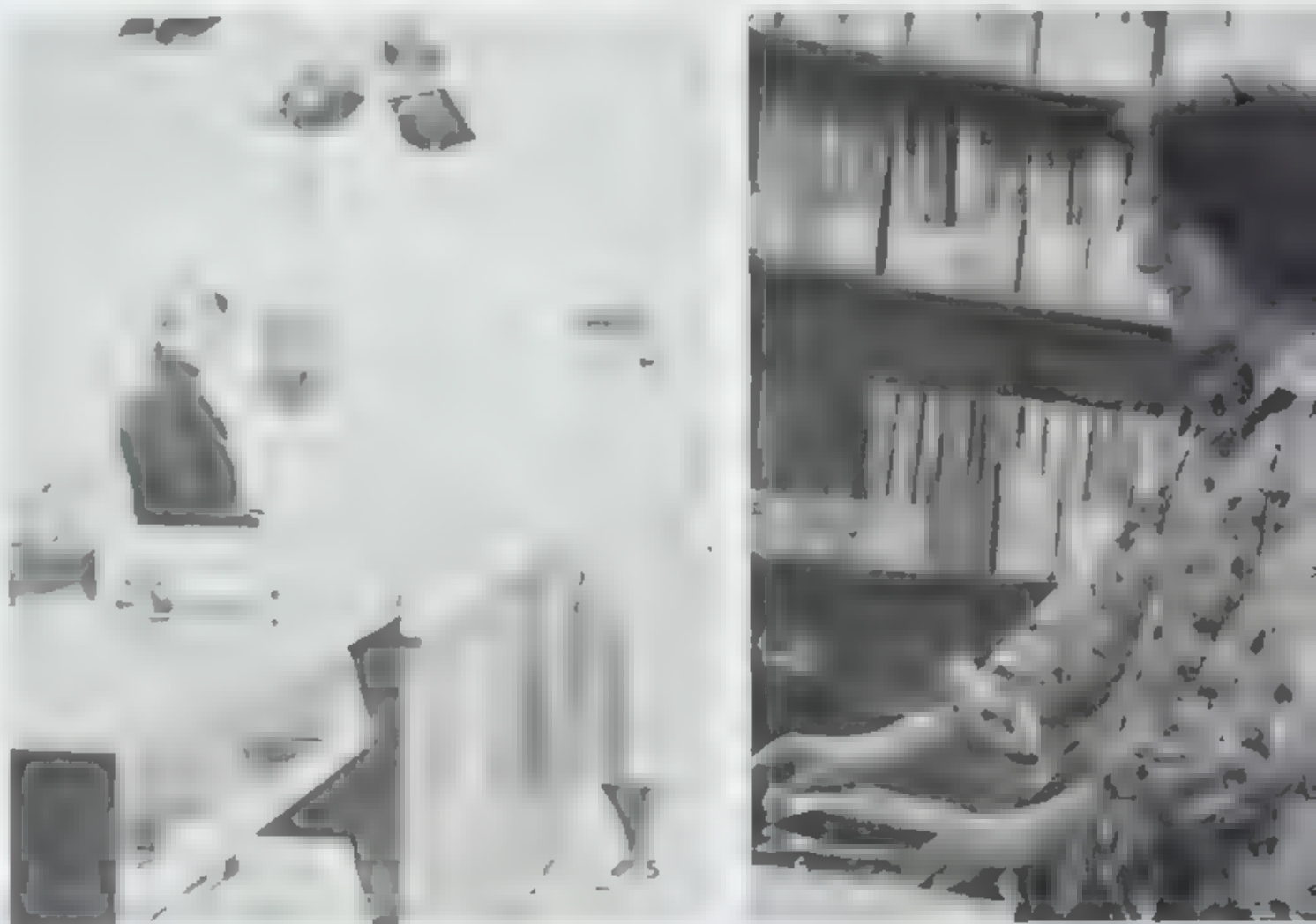
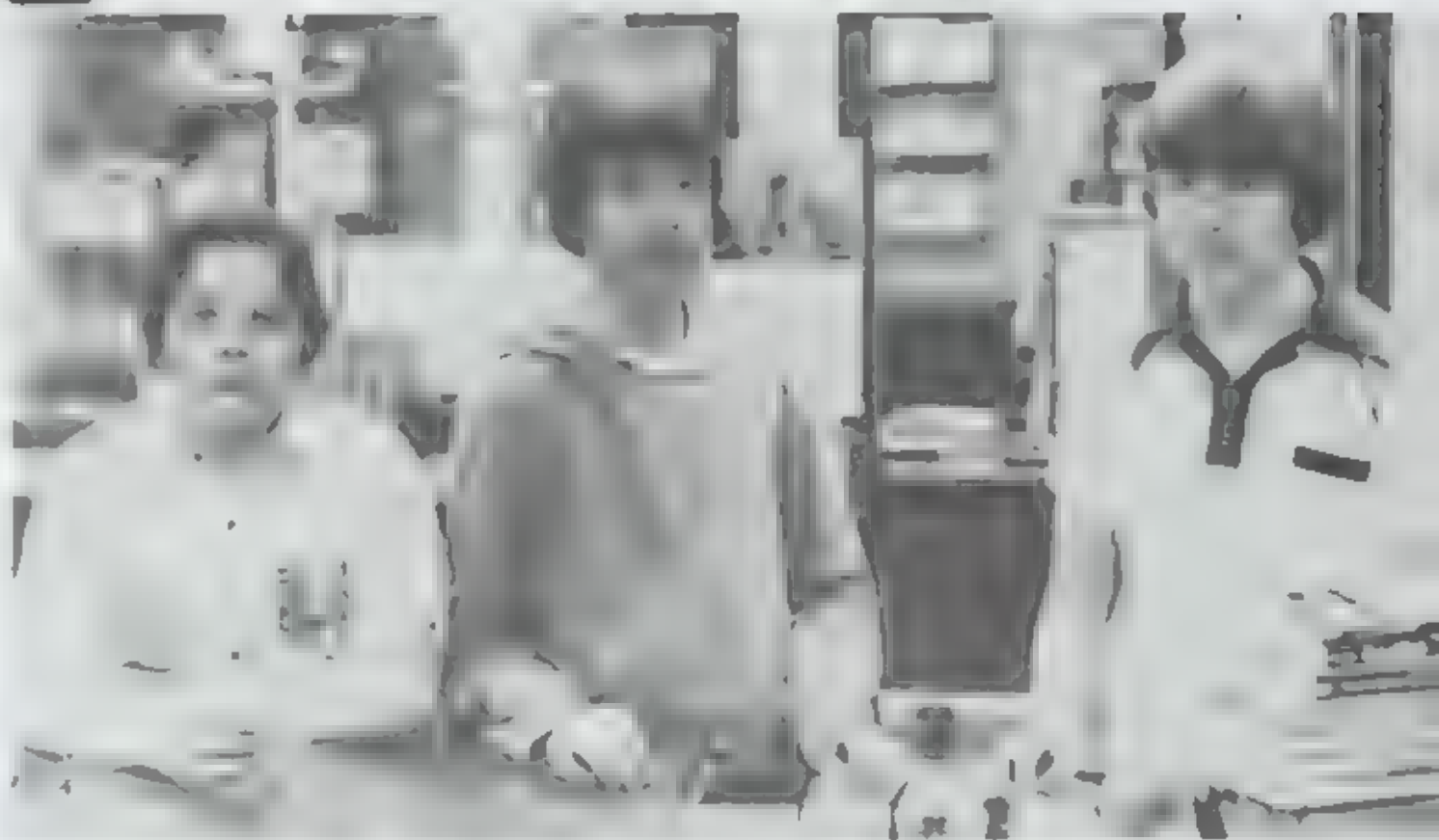
With a membership of 45, Act IV elected Dolly Duran, president; Tom Chao, vice-president; Dean Betz, secretary; and Brad Smith, treasurer.

The addition of assistant director Ronda Harwood enabled UHS to complete in state speech and drama competition for the first time since the early 70's.

To become a member of Act IV, students had to participate in two plays with a major role and a minor role or to participate in four plays with two minor roles and assistance in two other plays. Stars were awarded for additional plays or contest work.

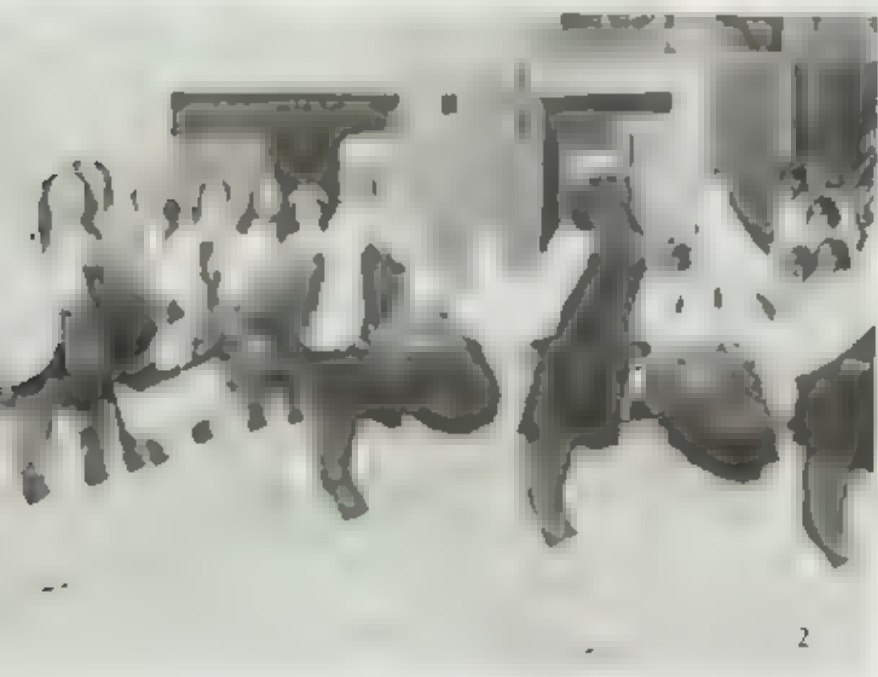
Seniors Dale Woodard, Brian Hokanson, Dean Betz, Raschell Baldwin, and Tom Chao received Spotlight awards after acquiring six stars.

"Up the Down Staircase" and "Dirty Work at the Crossroads" were the year's major productions.





# High Kick



## Kicking to nationals

Kicking high, the 18-member JayWalker drill team was headed by captain Connie Whiton and co-captain Debbie Hoveland. Summer camp, attended by 15 girls, helped bring the group closer together, commented adviser Gail McArthur. At Bloomington, Illinois, the girls learned new ideas for dance routines. There Whiton was named Best Captain and the team won the Best All-around High Kick trophy.

A disco beat marked the group's thirteen performances. Opening with a show for homecoming, the girls were a part of boys' and girls' basketball halftime activities, the Girls State Tournament, and the Drake Relays Ceremony.

At the state contest December 9 at Monroe, Iowa; the team competed against 14 other groups. Featuring "Dance with Me," the girls placed second in high kick. Senior Kellie Kading was named second runner-up in the Miss Drill Team Iowa competition. She and Miss McArthur travelled to Los Angeles in February for the four-day Miss Drill Team USA Pageant.

1 Jaywalkers. FRONT ROW-L Walker, L DelPrado, C. Abrams, K. Kading, T Steinmeyer, S. DuBois, J. Bechtel, K Philpott, J. Marvin BACK ROW-D Hoveland, S. Lyness, K. Dixon, S. Smith, C. Thomas, K. Carlyle, S. Readinger, C. Whiton, K. Madison

2 Steppin' into the gym, the Jaywalkers perform during a school assembly  
3 Jaywalkers march into a turn  
4 Tracy Steinmeyer and Jody Bechtel circle out at a boys' basketball game  
5 At the homecoming game, the team makes a bow  
6 Smiling, the group begins its season's premiere



# Changing: Rearranging





# You Name It

## Student press:

Many changes accompanied the production of the **Jayhawker** this year. Stressing layout and design, as well as writing, the staff sought to change its format. As a result, the **Jayhawker** was named most improved newswriting and editing in the Des Moines Register and Tribune's annual school newspaper contest.

The student press took a more active part in stimulating action from the Student Senate. They became much more of an advocate in school and community affairs. Undoubtably, they gained a great deal of readership from these endeavors.

The 1978-'79 Editor was Jeff Olson. Greg Seiler was Assistant Editor first semester and Kevin Lumsdon took that slot the second.

## a year for changes

"Name that book."

This was a familiar slogan heard around UHS when the Writer's Workshop launched their title selection contest. After numerous entries they chose **And So It Was Written** ... as suggested by senior Brian Hokanson. Other popular entries were **The Works** and **This Book Is a Figment of Your Imagination**.

As a part of their new format, students were encouraged to submit artwork as well as the traditional stories and poems. A section of "Senior Wills," "Remember When" and "Ten Years From Now" was also added since the senior paper was not published.





# Towards the Goal

## Students join forces

Twenty-five Urbandale students joined together with one common goal: the production of the **ECHO**, the UHS annual. Editors Kevin Lumsdon and Joan Thompson headed up the staff of the 204-page book with the help of adviser Karen Hartigan.

Inflation was the villain this year, as the price of the book reached \$9.50 during the first selling campaign and \$10 the second. They sold 750 books.

Once again, they joined forces with DECA, selling 1500 carnations in the annual Valentine's Day sale. Each group netted \$380. Other projects included a 'Car Smash' and J-Hawk hat sales.

Room 503 was occupied day and night, weekends and vacations in production. As each page fell together, as each assignment was completed, the book was sent for publishing, putting them another step towards the goal.

1 Seniors Liz Kielty and Alex Saenz busily count money and receipts from book sales

2 Going over final preparations, editors Kevin Lumsdon and Joan Thompson prepare to send a layout to the publisher

3 Junior Sallie Berrier composes the list of seniors who have not turned in their glossies

4 Posters and other projects are a part of the staff work too Wes Boehm goes to work

5 ECHO Staff A. Swardt A. Saenz, S. Milligan, J. Thompson, E. Kielty, K. Boals, S. Berrier, adviser K. Hartigan, T. McGee, L. Henault, C. Davisson TOP ROW D. Tanner, K. Lumsdon, M. Kinser, S. Bork, B. Johnson, N. Heckert, C. Knee, R. Russell, J. Parrish, M. Smart, L. Morrissey, M. Grunder

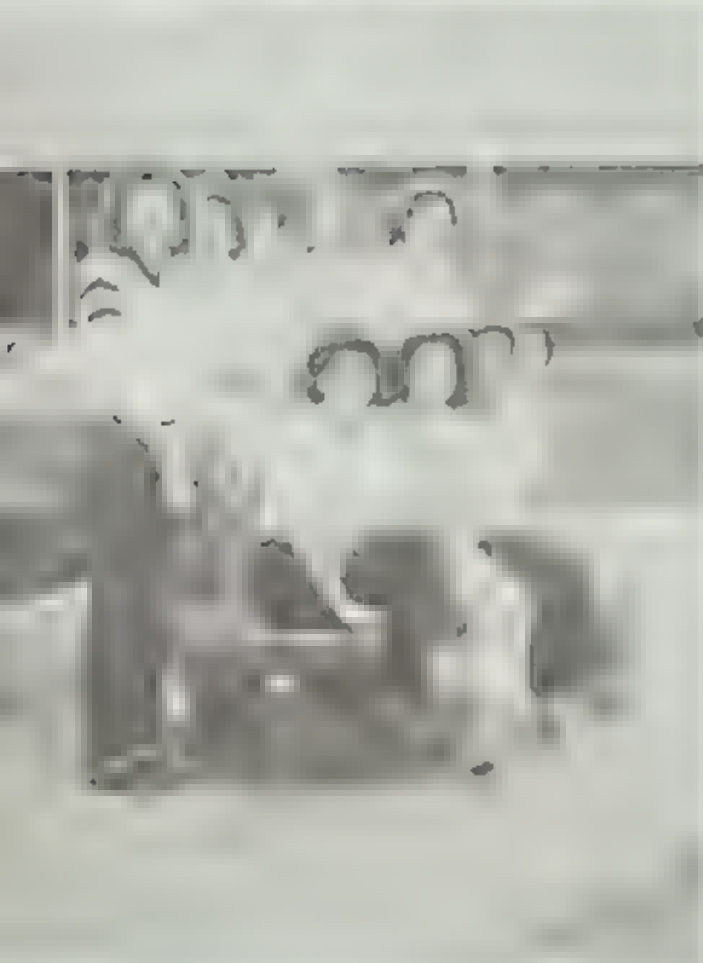
6 Junior Kellie Boals is surprised by cameraman Tanner

7 'Out in the field,' Nancy Heckert photographs a football game





# World Of Employment



## 'Kelly Girl' McGrath runs for state office

Campaigning "Kelly Girl" Kelly McGrath ran for the office of state secretary at the Office Education Fall Conference against five other candidates. "I thought it would be fun. I hope to be a secretary in the future and I thought it would build up some background for a job reference," Kelly commented. Materials for Kelly's campaign were donated by Kelly Girl Service.

Office related occupations were explored by nine OE students. Traveling to an office of Pioneer Hi-Bred, the group viewed new word processing machines and computers. Speed typist Ron Mingo was featured at an Area 11 seminar the group attended.

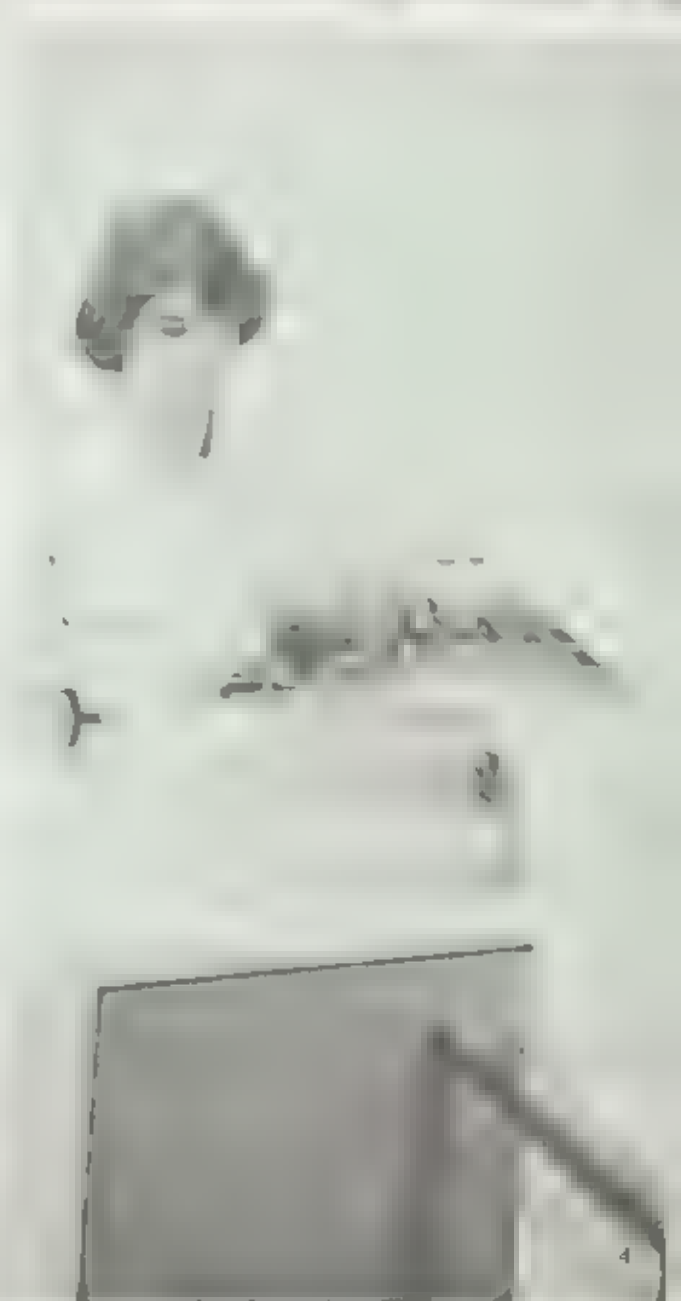
Scott Slayton entered the Accounting and Related I contest at the State OE Leadership Conference. Sue Warner and Lisa Roberts put together a bulletin board for the competition.

1 Office Education. FRONT ROW-L Snyder, K. McGrath, S. Warner, L Roberts. BACK ROW-K. Hollings, L Curtis, S Slayton, S. Feldhacker, C Munyon

2 Linda Snyder confers with her employer Louis Risken at Continental General Insurance Company

3 Desk clerk Scott Slayton answers the phone at Rodeway Inn

4 Typist Julie Sinn works at Equitable Insurance Company





## Trades, industry jobs investigated by 25

Twenty-five members of the Trades and Industry class were in school three hours learning about the world of work. In the afternoon they were involved with jobs dealing with construction, auto mechanics, drafting, or working at gas stations or restaurants. Visiting resource people spoke to the class about such varied jobs as insurance, travel, and banking and credit. Class officers included Mike McCrory, president; Greg Miller, vice-president; and Dan Berman, treasurer.

To raise money for conferences OE and T&I students sold popcorn and candy. OE members sold a buzz book of student phone numbers.

In April the two groups, OE and T&I, held an Employer-Employee Appreciation Dinner. After introducing their employers and describing their work experience, each student presented his employer with a certificate.

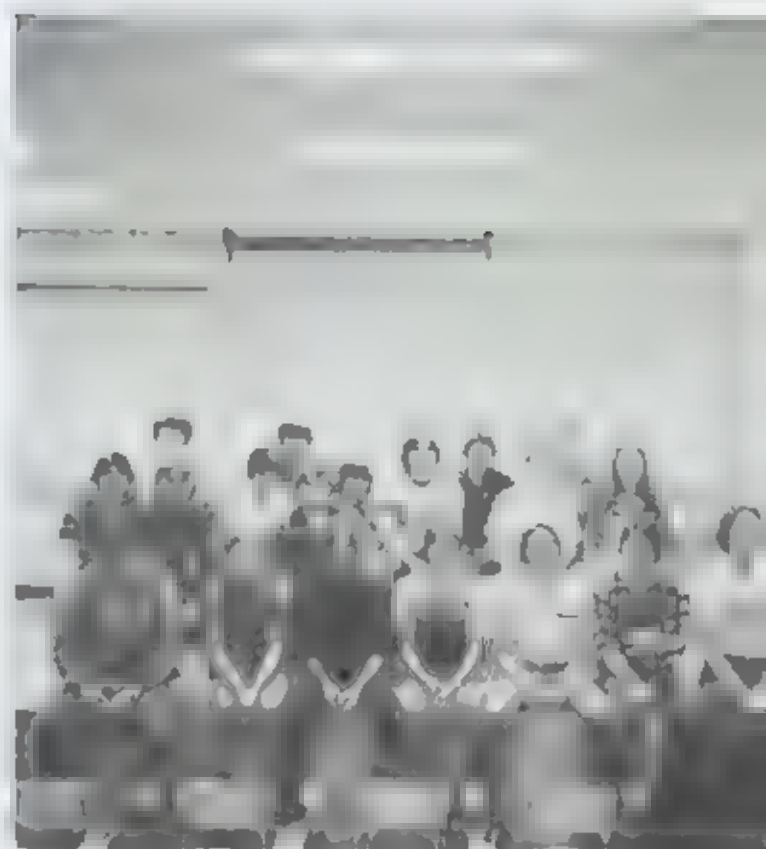
**5** At the new HyVee Dennis Gee works as a stock clerk

**6** Don Ori helps service trucks at Bob Brown Chevrolet

**7** Trades and Industry FRONT ROW-K  
Rinard, D. Berman, J. Marriott, R.  
Raymond, R. Seward, G. Miller, M. Petersen

BACK ROW-D. Ori, B. Zimmerman, T.  
Maxwell, G. Warwick, T. Lane, D. Slager,  
T. Howell, M. McCrory, J. Wieland, S.  
Mandt, P. Watson

**8** Checking meat weights, Mike Petersen works in the kitchen at the new Woodshed Bar-B-Que in Urbandale



# Half School, Half Work



## DECA sales: buttons, carnations, mums

Distributive Education students received credit by going to classes in the morning and gaining work experience at afternoon jobs. To earn money for attendance at conferences and an end-of-the-year banquet, the class sold Homecoming mums, buttons, and Valentine carnations in a joint project with the Echo staff. The students were lead by adviser Sue Harvey.

During the month of October, DE president Jon Millette ran for state office at Delegate Assembly in Ames. February brought about an area leadership assembly. There several students participated in competitive events. Kathy Grothe placed second in Quantitative Management. Honorable mentions were received by Brenda Harvey in General Merchandise, and Jon Millette in Food Services.

To thank their employers, an Employer Banquet Breakfast was held at the Executive Inn on May 2. Many DE students planned to continue with their jobs.

- 1 Distributive Education (DECA)  
FRONT ROW-J. Moore, K. Grothe, J. Hammer, D. Disney. SECOND ROW-J. Beavers, T. Babcock, M. Cox, B. Harvey, B. Billings. BACK ROW-J. Millette, M. Yaske, B. Ewald, D. Stougard, S. Ailey
- 2 Dr. Ray Pugh talks to students and employers at the DECA breakfast May 2 at the Executive Inn
- 3 Instructor RaeGene Robbins receives carnations from DECA member Debbie Disney on Valentine's Day
- 4 DECA student Jon Millette helps distribute the carnations on Valentine's Day



# New Coach, 12-7 Tally

## Hockey team works to improve record

Improving last year's season record, the Urbandale Hockey Team finished 12-7 over-all. New head coach Jack Cline took over the position after several years as assistant. Ron Hall served as assistant coach and Jerry Warwick was the team's league representative.

Despite uneven performances during the year, the icemen came together as a team compiling a 9-6 Metro record and splitting 7-7 in the state league. This placed Urbandale in the third spot in both leagues.

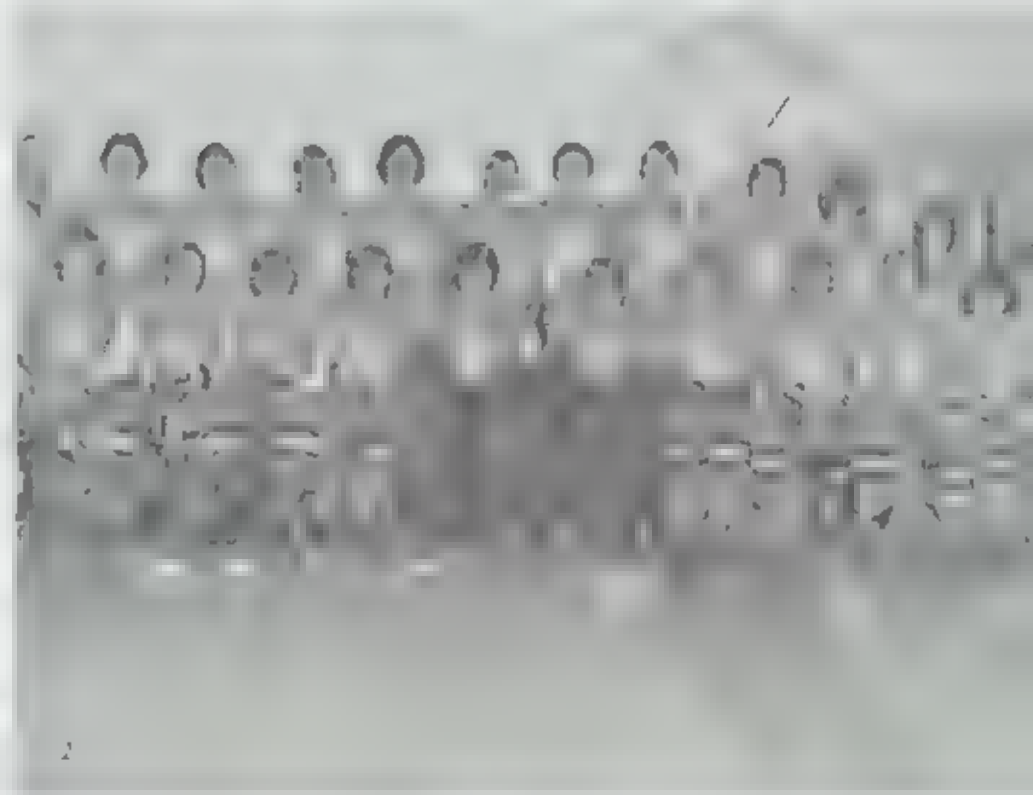
Seniors Tony Wegner and Greg Warwick led the team. Wegner placed sixth in Metro Conference scoring with 25 points.

Junior Jeff Cross was named to the second All-State Team. The team was a community rather than school sponsored organization and drew membership from high school students outside of UHS.

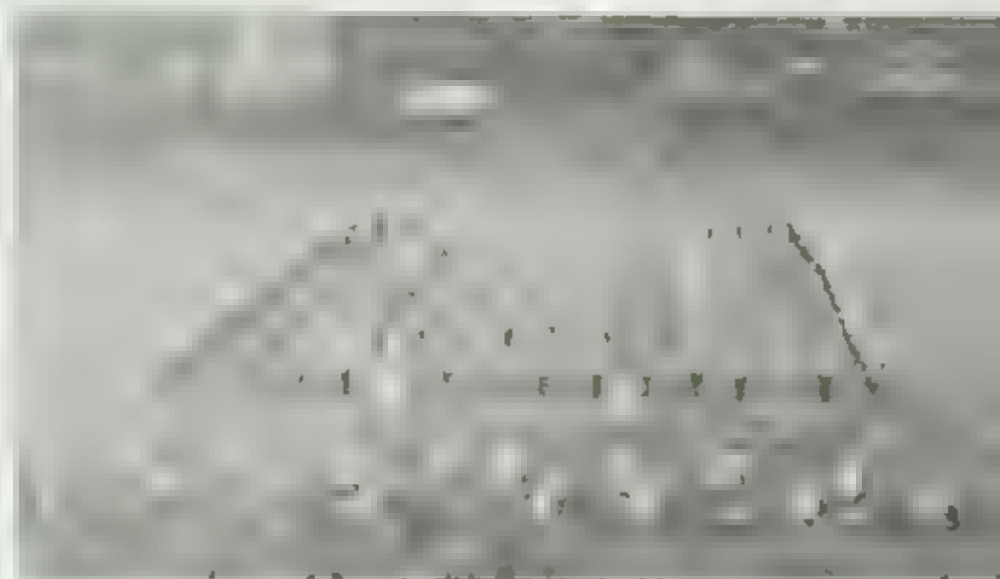
1 Coach J. Warwick gives instructions to T. Wegner, J. Williams, and D. Cline

2 Hockey Team: FRONT ROW-T. Wegner, A. Turnquist, D. Griffin, V. Blasberg, G. Warwick, J. Thompson, S. Lyness, M. Kinser, J. Williams, D. Cline, Rep. J. Warwick BACK ROW Coach J. Cline, W. Chapman, J. White, C. Mann, G. Miller, D. Nichols, J. Cross, B. Hansen, S. Cross, M. Sorenson, S. Hammer, Mg. K. Hall, Stick Boy D. Hansen, Assistant R. Hall

3 J. Williams skates to congratulate T. Wegner, S. Lyness, and D. Cline after Wegner scored a goal in the Waterloo Columbus game



# MARCHING BAND



## On to Disney World

Aided by new assistant band director Julie Hintz, 140 students formed the marching band. Under the direction of Larry Hintz, the band performed in six pre-game and half-time shows. The first show was September 8 with a new pre-game format. At homecoming the program featured a "Star Wars" theme complete with costumed characters from the movie.

Tunes from the Beatles brought memories of the 60's to the November 3 show. Senior members were recognized and honored at the senior show November 20.

Florida-in-the-spring was the rallying cry from the band room through the year. About 90 members along with chorus members, parents, chaperons, and directors flew south via air charter Sunday, March 25 during spring break. The group paraded down Main Street Tuesday afternoon in the Disney Parade at Disney World near Orlando, Florida. The five-day trip was packed with fun-in-the-sun events.

To earn money for the trip, members sold candles and held a raffle at the chile supper. Over \$2,800 helped cut the \$300-per-student cost.

On April 28, the unit marched in the Drake Relays Parade. They took third place.

Drum major Jeff Kane and drum majorette Chris Farni helped lead the band. Sixteen pom pon girls and 16 flag girls completed the unit.

Drum major Jeff Kane and drum majorette Chris Farni helped lead the band. Sixteen pom pon girls and 16 flag girls completed the unit.





# Extra Special



## Artists perform

Seventy-seven members from 10 thru 12 grades were chosen to participate in Wind Ensemble under director Larry Hintz. Tryouts were held in November after marching season.

Concerts included a mid-winter concert on January 25, a community concert on February 27, and a spring concert in honor of the graduating seniors on May 15. Nancy Coe and Jeff Kane were chosen to participate in All-State during the fall.

Under new director Julie Hintz, fifty-seven members participated in Concert Band. The freshmen and sophomores gave their opening concert January 25. The band also performed at the spring concert and the pops concert.

Money raising projects were magazine sales and fruit sales. Raffle tickets and candles were sold as a fund raising project for the band's trip to Florida in March.

**1 Wind Ensemble:** FRONT ROW-N Coe, R Hansen, K. Brown, K. Doeringfeld, S Walden, C. Langenberg, D. Hoveland, S Thompson, I. Keller, R. Baldwin SECOND ROW-J. Kane, D. Blank, L. Wahl, S Loeffelholz, L. Andersen, S. Hall, K. Holsten, M. Sellegren, V. Cline, E. Kielty, D Schneider, T. Boyer, D. Hart, K. Kurt, D. Betz. THIRD ROW-J. James, M. Brown, C. Farni, S. Thompson, A. Kaus, K. Johnson, D. Dorman, B. Smith, S. Holfeldt, M. Soden, B. Fortune, J. Curie, B. Fortune, M. Kline P. Alessandra. FOURTH ROW-R. Vestli, P. Guguan, R. Kilmore, N. McGuire, S. Young, K. Andersen, J. Nolin, M. Schmidt, K. Strayer, A. Carver, K. Simmons, G. Byrnes, B. Hokanson, G. Hall, J. Shaw, B. Holsten, R. Jones, K. Kramer, S. Dykema, C. Beeler, M. Carver, S. West, S. Richards, L. Barker, P. Mitchell. BACK ROW-D. Gunn, G. O'Neill, E. Casabar, R. Haynes, S. Young, D. Schoop, M. Sievers, B. Keller, director L. Hintz

## Jazzing it up

Jazz Lab of 24 select members began their season with a mid-winter concert in January. The group had a new look. Wearing T-shirts with "Jazz Lab" printed on them, each section was marked by a different color. The rhythm section wore blue, the brass section green, and the sax section orange. An assortment of hats topped off the new look. On April 19 the band performed their annual Jazz Sounds

Dixieland Band members: Jeff Kane, Steve West, Kent Kramer, and Scott Young also participated in the concerts. Performances included the chili supper on February 5, and a gathering at Waukegan on April 4. They also played for the Lions Club and other promotions around Des Moines

2 Concert Band: FRONT ROW B West, K Hall, P Babcock, V. Nelson, B Wobken, M Bauer, C. Langenberg, W Bradley, J McCoy. SECOND ROW-M Casabar, D Wahl, H. Simon, S Brooks, D Savel, S Bilyeu, D Parson, K. Clayton, M Mellerup, K Larson T. Kelsey, B. Black, J Lodermeier. THIRD ROW-L Page, K Rypkema, T. Hart, R Bauer, C Smith, R Hansen, D Gilman, L Mulder, J Clement, L. Swanson, G Peterson, R Morris, L. Wilson, S. Smith FOURTH ROW-J. Young, G Hart, E. Lucs, J Brown, S. Hansen, B Kower, S. Bremhorst J. Gowan, F. Sullivan, C. Ferguson, J Johnsen, B Wipperman, S. James, R Klein B Bauer, J. Koupal, J Carey, A Smith BACK ROW-J Breiten, B. Richman, R Hahm, director J Hintz

3 Junior Randy Bauer plays electric guitar in Jazz Lab

4 During practice, sax player Becky Fortune concentrates on music

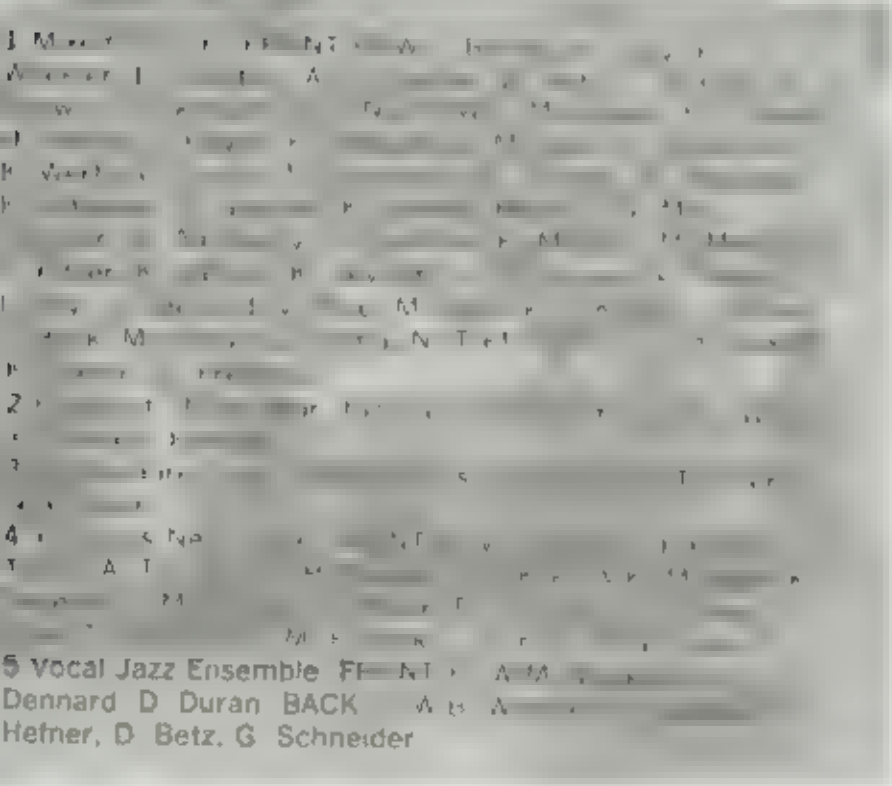
5 Soloist Jeff Kane performs during a school assembly

6 At a performance at the junior high senior Gary O Neal adds percussion



# Makin' Music

1. **Makin' Music** (Mixed Chorus) - Front: A. M. ...  
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 5. **Vocal Jazz Ensemble** - Front: A. M. ...  
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## Unity through music,' director summarizes

Mrs. Jean Jamison, new vocal director, lead three vocal groups at the high school. The 45-member Mixed Chorus met seventh hour. They made their debut with a Christmas Concert December 14. Featured soloists were Maura McNally, Lisa Dennard, Kelley Dixon, Dean Betz, and Mary Mellerup. Other performances included the Community Concert, the Spring Concert, Baccalaureate, and Commencement. The group performed in a variety of vocal styles and Mrs. Jamison summarized, 'We have grown in unity through the common bond of music.'

Over spring break the chorus travelled with the band to Orlando, Florida where they sang at Sea World. Many social activities, field trips and money raising projects highlighted the year. At a potluck May 14 chorus awards were presented.

The Girls Next Door was a small swing choir using 16 girls from Mixed Chorus singing barbershop pop style music with their own choreography. The group entertained at several community functions and were part of high school music programs. Darlene Gubuan was the accompanist.

Vocal jazz, a new trend in music, inspired the formation of the Vocal Jazz Ensemble. The 10-member group performed "Christmas in 5/4" in an old-fashioned home scene at the Christmas Concert. Specializing in popular standards arranged in a contemporary jazz style, the group swung out at Jazz Sounds VII, the Spring Concert, and a music assembly.



# Lock-In Nets \$1000



## Senate launches new projects

Two new projects were sponsored by the Student Senate, a Lock-in project to raise money for the March of Dimes and a canned goods Christmas drive.

"Even though the canned goods plan flopped, it might work out next year, when people know more about it," said president Shelley Bardole.

"Not so, the Lock-in, we raised \$1000.00," said secretary Lisa Gibb. "The March of Dimes was very pleased with the school's response."

There were a series of debates between some students who wanted more "action", in the Senate and the organization. Petitions for a mid-term election were issued, but a negative majority in the vote turned the idea down. In response to criticism from members of the student body, various senators cited general apathy from the school at large.

The Senate organized a number of dances: Homecoming, Christmas, and the Sadie Hawkins dance.

Other officers included Lisa King, vice-president; and Tom Hefner, treasurer.

1 Senate officers Lisa King and Shelley Bardole call for a vote on the issue of the can goods drive 2 Student Senate  
FRONT ROW-D Gubuan, J Warren, K Strayer, E Casabar, K Lumsdon, D Readinger, K Bardole, A Readinger, A Swardt, A Saenz  
SECOND ROW-E Wahr, L Hanian, D Drake, L Gibb, R Hansen, S Hansen, B Black, L Page, R Sweeney  
THIRD ROW-S Bardole, M Carver, L Smoley, S Schneider, T Johnson, L King, L Toma

# Character, Service...

## NHS inducts 53

Record breaking was a term that described the 1979 National Honor Society. The Urbandale Chapter inducted 53 seniors and juniors during a ceremony Sunday April 22 in the high school library. This year 27 seniors along with the 37 seniors who had been inducted last year created the largest number of members from one class in the organization. The 64 made up 22 percent of the senior class, another record.

"The National Honor Society is made up of juniors and seniors who hold a grade point average of 3.3 or better," said faculty adviser Pat Stohlmann.

Guest speaker Dr. Ray Pugh of Drake University talked to members, parents, and guests.

**1** National Honor Society FRONT ROW- T. Chao, S. Walden, L. Wahl, S. Ellis, P. Kleber, D. Blank, K. Doeringsfeld, K. Grothe, B. Killeen, D. Gubuan, L. Anderson, P. Poteete, B. Wilson, D. Stout, N. McGuire, J. Hayes, C. Van Enter. SECOND ROW- J. Bechtel, J. Gamble, L. Mommer, J. Breiten, K. McGrath, S. Lang, S. Smith, J. Golden, J. Beck, J. Jensen, K. Lumsdon, A. Saenz, C. Thomas, B. Scott, T. Howard, B. Fortune, L. Walker. THIRD ROW- G. Olson, M. Sievers, K. Simmons, K. Strayer, J. Young, M. Kassir, S. Hordfeldt, C. Caine, B. Hokanson, S. Bjork, R. Hansen, S. Loffelholz, K. Ehm, S. Sabin, G. Seiler. FOURTH ROW- A. Swardt, D. Wolfe, C. Whiton, M. Cox, D. Hoveland, B. Keller, S. Fulton, C. Bowlin, J. Mohr, T. Hefner, G. Schneider. E. Casabar, K. Krammer, J. Kane, B. Willen, C. Zimmerman, B. Smith. W. Kuntz. **2** At the induction ceremony April 22, Dr. Ray Pugh of Drake University speaks to members about being true to self. **3** President Shawn Sabin welcomes the new inductees.





# Spirit Has Highs, Lows



## Raffle buys uniforms

loud and clear, spirit of the school whooped throughout the football season, but small crowds and little noise made a disappointing problem for the winter cheerleading squads.

Headed by Mrs. Sandy Sears, the fall cheerleaders raised money for summer camps and new uniforms through a large raffle. Many prizes were given away: passes to Adventureland Park, passes to a movie, t-shirts, a season pass to the pool, tennis rackets, coupons to Burger King, and many others. The winter squads, directed by Miss Gail McArthur, sold jewelry as their fund raising project.

**1 Varsity Football Cheerleaders:** FRONT ROW-L. Dvorak, S. Warner, B. Bolton, P. Rypkema, R. Hutchison. BACK ROW-T. Howard, K. McGowan, S. Sabin, J. Hoobin.  
**2 Wrestling Cheerleaders:** FRONT ROW-L. Harlan, K. Evans. BACK ROW-P. Rypkema, L. Anderson, K. Davis, K. Newcomb.

**3 Boys' Basketball Cheerleaders:** FRONT ROW-R. Thomas, R. Hutchison, L. Stecker. BACK ROW-R. Wehde, S. Barnes, T. Christensen, S. Thompson.

**4 Freshmen Football Cheerleaders:** FRONT ROW-K. Cunningham, S. Barnhizer, K. Allen, T. Sparks, R. Sweeney. BACK ROW-E. Langlois, L. Koontz, D. Save.

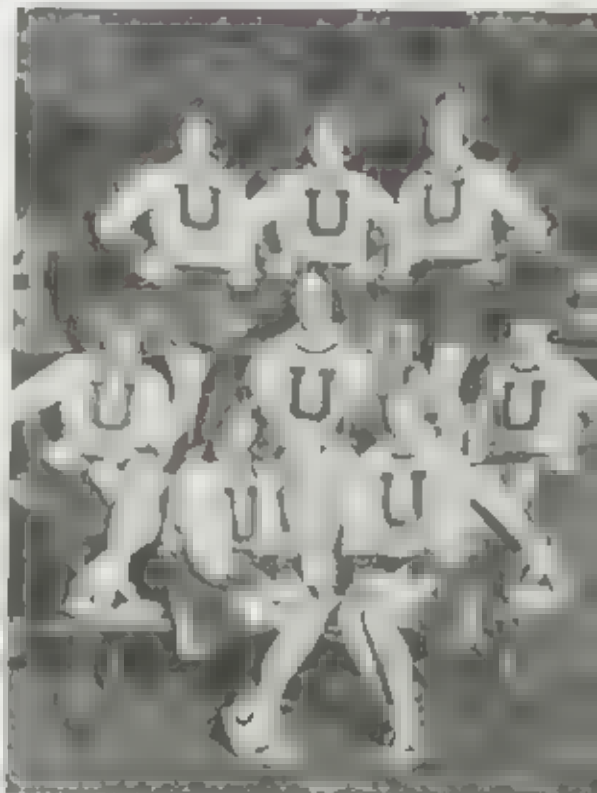
**5 JV Cheerleaders:** FRONT ROW-J. Milligan, R. Thomas, L. Wilbanks. BACK ROW-M. Kuble, L. Tremmel, L. Anderson, S. Barnes, M. DePhillips.

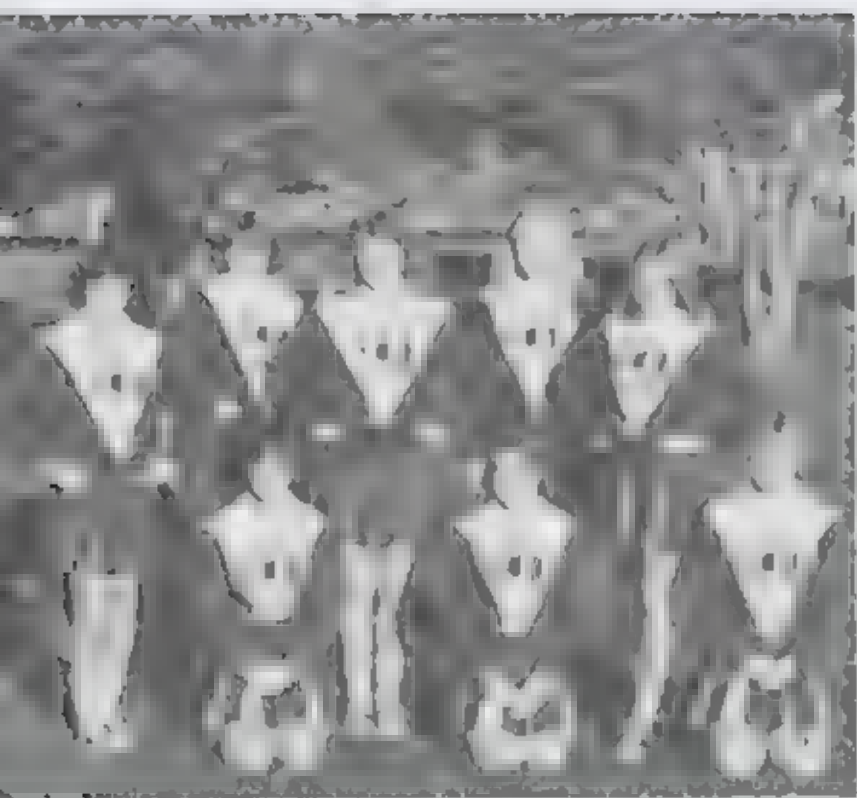
**6 Girls' Basketball Cheerleaders:** FRONT ROW-S. Duncan, T. Howard, M. DePhillips, C. Manusos. BACK ROW-L. Tremmel, T. Gronewold, D. Drake.

**7** Singing tunes about football players helps to pep up the team during homecoming week.

**8 Freshmen Winter Cheerleaders:** FRONT ROW-L. Hansen, S. Barnhizer, T. Siek, E. Langlois. BACK ROW-R. Sweeney, K. Cunningham, J. Cowling, D. Savel.

**9** Senior Jo Hoobin does her part in a skit during a football pep assembly.





# People

at UHS

## Juniors find 'hard-work' gear

It's tragedy when the feeling is gone and you can't go on it's tragedy. The 1979 hit by the BeeGees said it for many exhausted juniors suffering from the numbness of a hard week of school work. Junior year, perhaps the toughest of all high school years, was no exception this year.

Sometimes juniors might have wondered if chemistry labs and algebra-trig projects were worth their time and effort. But college entrance and future responsibilities were fast approaching. Academic pressures were increasing as well as decision-making about one's "lifetime" plans. By the end of the week, many felt they had nothing left; yet by Friday night, the numbness had begun to fade and juniors were ready for partying and relaxing.

A license and a car paved the way to freedom for most. Be it a new car for their sixteenth birthday or one that "got ya from here to there," a car was a ticket to anywhere from outside jobs to movies, and kegs.

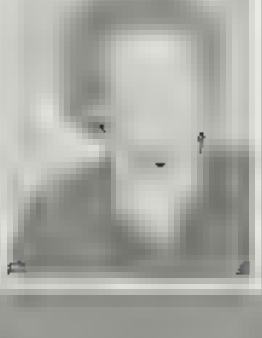
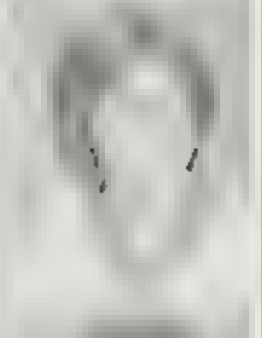
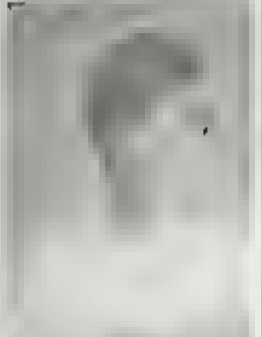
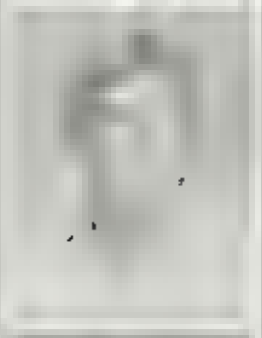
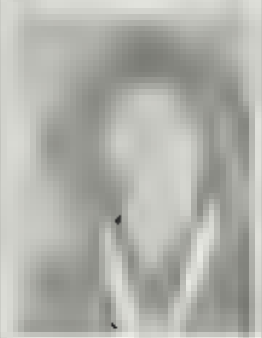
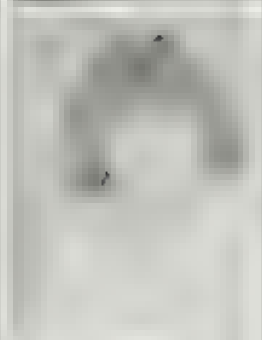
1 Junior Karen Kurt and date enjoy the Homecoming dance.

2 At Commencement, junior attendants Kirk Bardole and Teri Christensen distribute programs.





# Juniors



## Junior powderpuff meets first defeat

The Junior Powderpuff team met its first defeat in a game against the Senior team on Friday, October 10, 1964. The game was held at the home of the Senior team and the Junior team lost by a score of 14-0.

The Junior team was coached by Coach [Name] and the Senior team was coached by Coach [Name]. The game was a hard-fought battle and the Junior team showed great spirit and effort throughout the game.

The Junior team was composed of the following players: [List of names]. The Senior team was composed of the following players: [List of names].

The game was a disappointment for the Junior team, but they will be back in action next week when they play the [Team Name] team.

The Junior team will be working hard to improve their skills and to win their next game.

The Junior team will be back in action next week when they play the [Team Name] team.

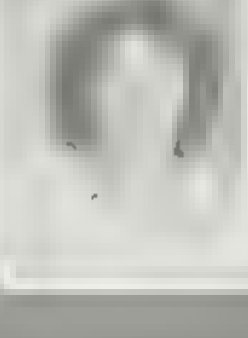
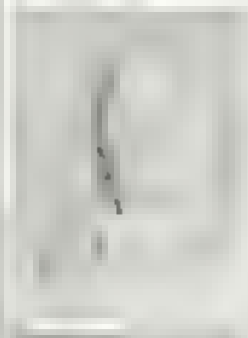
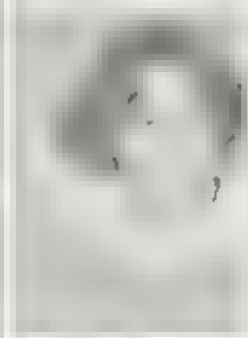
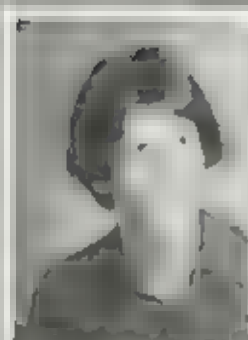
The Junior team will be working hard to improve their skills and to win their next game.

The Junior team will be back in action next week when they play the [Team Name] team.

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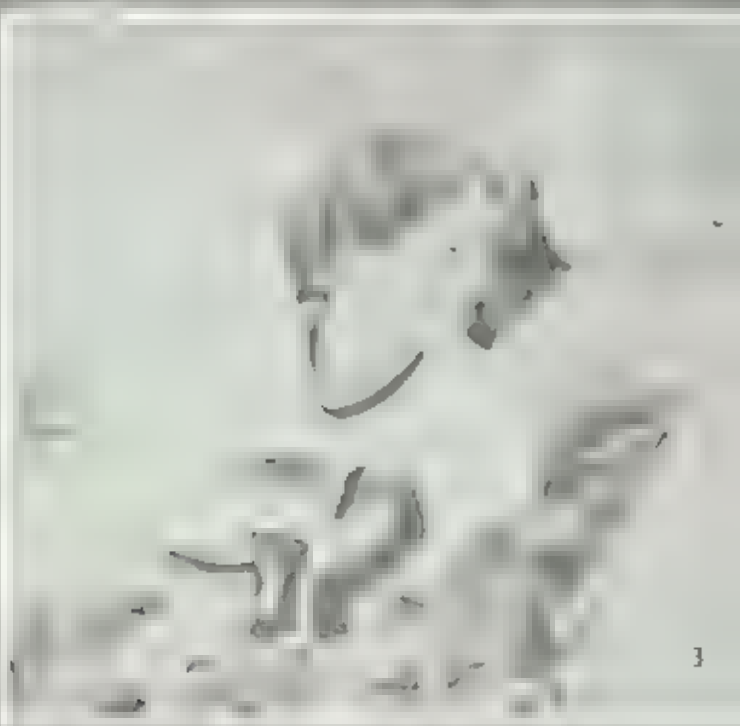




Gene L. Walker  
NS NAME AGENCY  
276-1559









## Self-supporting prom planned by juniors

During the past year, the Junior Class has been planning a self-supporting prom. The prom will be held at the Junior Center and will be a self-supporting event. The Junior Class has been planning the prom for a long time and has been working hard to make it a success. The prom will be a great night for the Junior Class and for the school.

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1. The prom will be held at the Junior Center and will be a self-supporting event.
2. The Junior Class has been planning the prom for a long time and has been working hard to make it a success.
3. The prom will be a great night for the Junior Class and for the school.

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Prom Committee

Junior Class  
Prom Committee

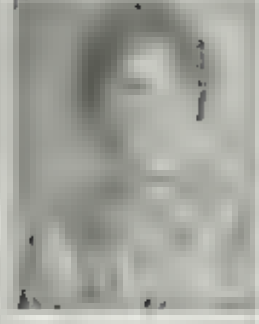
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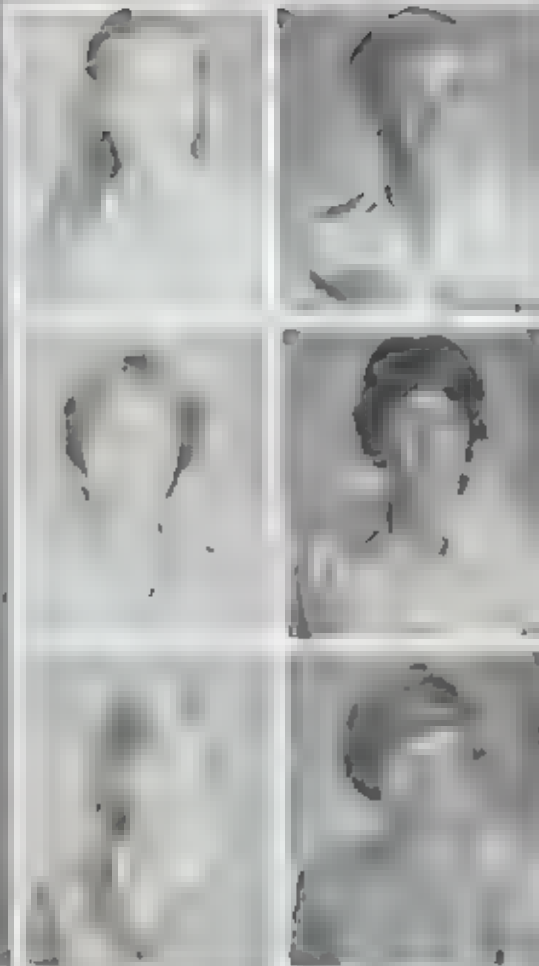
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Prom Committee



## Float 'Silver Streak' captures fourth







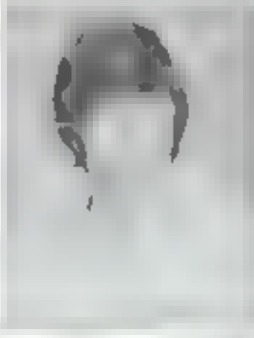
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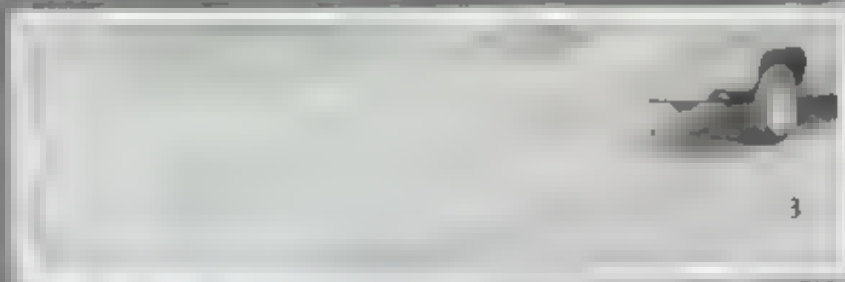
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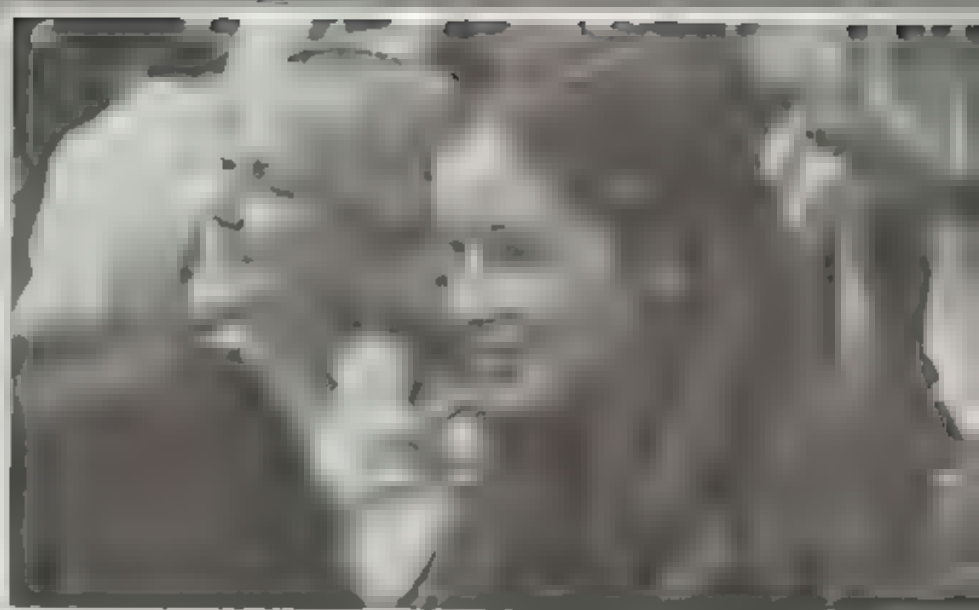
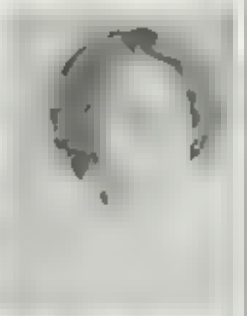
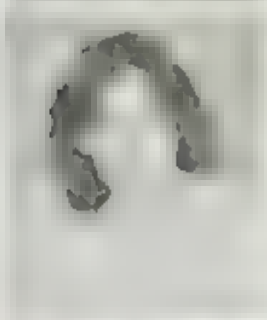
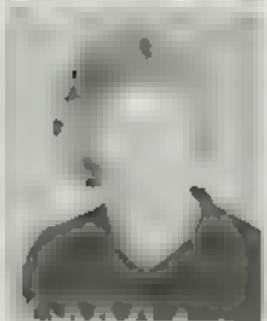
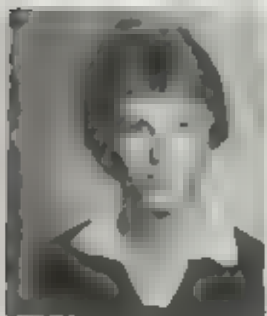
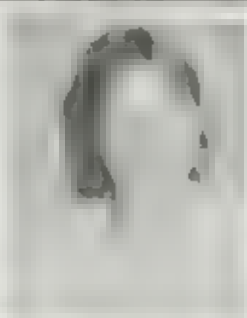


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## Tests prepare juniors for future

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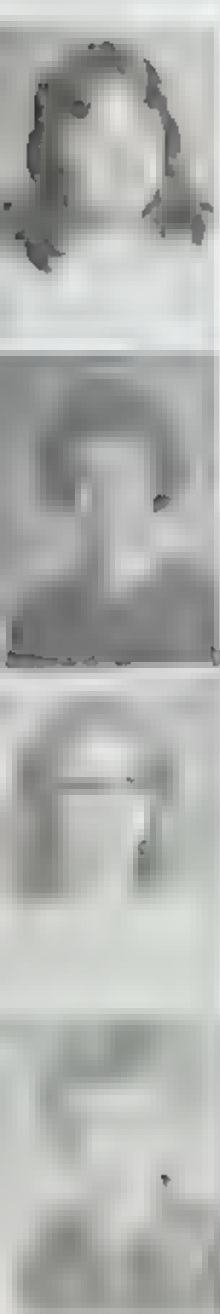
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## School spirit - juniors have it





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## Inflation: reaching deep into the pocket

It's a little bit of a stretch, but it's a stretch that's worth making. As the price of everything goes up, it's time to reach deep into the pocket and pull out a few extra dollars. It's not easy, but it's necessary. The only way to keep up with the rising cost of living is to find ways to stretch every dollar. It's not always fun, but it's a necessary part of life.

Many people are finding ways to stretch their dollars. Some are buying in bulk, while others are cooking at home more often. Some are using coupons, while others are simply being more mindful of their spending. There are many ways to stretch a dollar, and it's up to each person to find what works best for them. The key is to be creative and to be willing to make sacrifices. It's not always easy, but it's a necessary part of life. As the price of everything goes up, it's time to reach deep into the pocket and pull out a few extra dollars. It's not easy, but it's necessary. The only way to keep up with the rising cost of living is to find ways to stretch every dollar. It's not always fun, but it's a necessary part of life.



# TIME



**Eclipse draws faculty, student interest.**

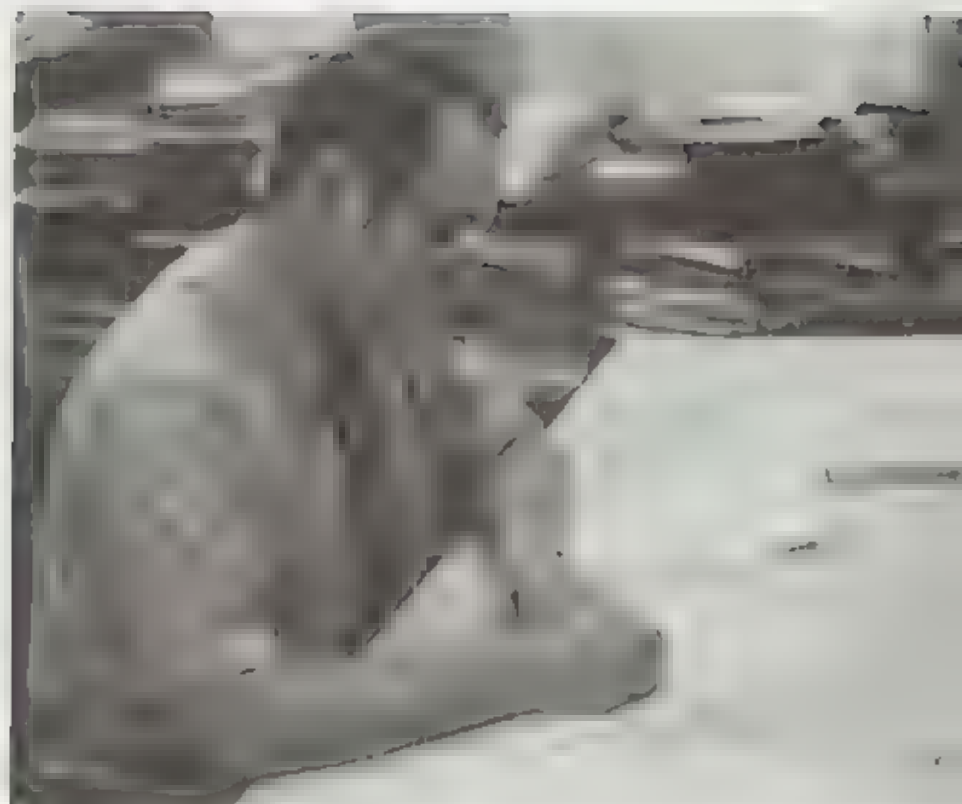


**Don't look now**

# Academics

1 Principal Ernest Doeringsfeld demonstrates the proper procedure for viewing an eclipse to a crowd of students. The 84 per cent eclipse occurred February 26 from 9:28 until 12:01 p.m. 2 Another light falls prey to the annual Christmas pinata breaking in Spanish class. 'Caught in the act,' instructor Ginny Strong rescues the light.





## Decision Makers



- 1** Senior counselor Harold Nicola chats with one of his advisees
- 2** Writing recommendations is a part of Principal Ernest Doeringsfeld's many jobs
- 3** Line up at the desk, office secretaries Shirley Chapman, Sharon Scott, Delores Wolbers, and Bonnie Ridgway prepare to sign admit slips
- 4** Vice-principal Steve Fey's door is always open
- 5** Guidance Staff: freshman counselor Dick Cory, secretary Janice Winey, sophomore

- counselor Mary Sherer, junior counselor Denny Brand, and senior counselor Harold Nicola
- 6** Strange noises over the intercom, sophomore Doug Grant assists the reading of daily announcements
- 7** Superintendent of Schools Dr. Bennett Litherland
- 8** Collecting homework for sick students, guidance secretary Janice Winey helps absentees keep up while they are out of school



## New programs initiated by administration

To help make the transition from junior high to high school, all of the freshman class and 26 teachers were involved in a new advisory program. One of the originators at UHS, instructor Rich Dixon defined its purpose as a means to supplement the work of the four guidance counselors.

Freshmen were required to meet with the advisers at least three times each semester. Students with questions or adjustment problems were encouraged to stop in more often. Advisers were responsible for communication with each student's parents. A large part of second semester dealt with scheduling for the next years.

The old Language Arts area on second floor was made available for advisory groups. Each hour six regularly scheduled advisers met there to talk with advisees.

Work for Credit and Community Involvement were two new programs started to give students a real look at jobs. Each program sent students out into the community to participate in a field of job interest.

Work for Credit was available to 10-12 graders who worked at a regular job 15 hours a week. They received credit for this. The second part was an internship program where a student was not paid by his employer but earned credit.

In Community Involvement students worked in the community two-three days a week with the remainder of time devoted to research in connection with that job. Jobs were related to the four subjects areas: English, math, social studies, and science. Credit was given in the corresponding subject areas. Marsha Spanswick and Rae Gene Robbins coordinated the programs.







## 'Peer helpers success,' says counselor Sherer

With the advent of Peer Helpers, a student counseling group dealing with human relationships, encounters, and feelings was started at UHS. In 1976 the four guidance counselors began thinking about such a program. They attended workshops and listened to students from other schools. This fall Mrs. Rae Gene Robbins was hired to get the program organized. Mrs. Robbins earned her Masters Degree in Human Relations at the University of LaVerne in California.

In November faculty members were asked to recommend students and in large group American History sophomores were asked to name three peers they would go to with a personal problem. About 70 students indicated interest. Through elimination, 40 sophomores and juniors were selected, aided by counselors Mary Sherer and Dennis Brand. "The class was aimed toward discovering our interpersonal feelings as well as finding ways to reach out to others around us," explained Mr. Brand. The large group was divided into two smaller groups and began meeting second semester.

In the first six weeks, communication skills were stressed. During the next six weeks several referral agencies discussed such teenage concerns as family and peer relationships, death, and sex roles. The final six weeks was spent applying new found skills.

Small groups were often invited to explain their program. On April 23, nine students spoke to 100 students of the South Central Student Council. The UHS Peer Helpers led discussions involved with alcoholism.

"The Corner" was the group's theme and the name of their meeting room in the corner of the library. Parents were invited to an open house March 8; the faculty were invited to a similar sharing experience April 10. The teachers formed a support group among themselves called the Bridge.



- 1 Brian Willem relaxes in The Corner, the meeting room of the Peer Helpers
- 2 Tom Beran Multi-categorical Disabilities
- 3 Carol Handley - Multi-Disability Resource
- 4 Kathy Mason - Special Education
- 5 RaeGene Robbins - Community Involvement, Peer Helpers
- 6 Alan Carver receives worm fuzzys. The last week of school, Peer Helpers tell each other what they admire about others
- 7 Peer Helpers, Phil Tosten, Shawn Milligan, and Tony Vierling chat before class begins
- 8 Aiding the Peer Helper classes are counselors Dennis Brand and Mary Sherer
- 9 Tony Vierling and Bob Hansen work on communication skills
- 10 Marsha Spanswick - Community Involvement
- 11 Cathy Stole - Reading Title I
- 12 Betty Woodard - Learning Disabilities

## Reaching Out

## Extra staff aid school, students

Few people realize how much effort goes into the maintenance of the school. Custodians, bus drivers, cooks, school nurses and teachers' aides all help keep the school running.

The cooks and kitchen received the highest score in the Des Moines area for general upkeep in the kitchen from the Polk County Health Department. After a low rating on the general state of the school, Tony Bisignano, the Polk County Health Inspector returned to UHS a second time to observe the conditions of the school. He found the school "much improved." Bisignano reported restrooms, classrooms and hallway conditions were much improved. Vandalism continued to be a major problem through the year. Broken windows were replaced with metal plates.

School nurse Marian Koll completed her thirteenth year at UHS. "I love being a nurse," she commented. Over the past years she has been the nurse for both Urbandale Senior High and Junior High schools as well as an elementary school. Recently she was assigned to the high school only. Her many projects included a measles clinic in 1977 and conducting a health careers club.

1 Bus drivers Jim Johnson, Mary-Kay Orr, Carolyn Hughes, Ray Clark, and Eugene Varian transport Urbandale students

2 As students pass through the hot lunch line, cook Ruth Wilson punches milk tickets

3 Maintenance man Tony Kadner repairs a broken door

4 School cooks stand ready for the first bunch of hungry students

5 Daytime janitors-Bruce Williams, Becky Wilson, Ed Williams, and Woodrow Kleinast

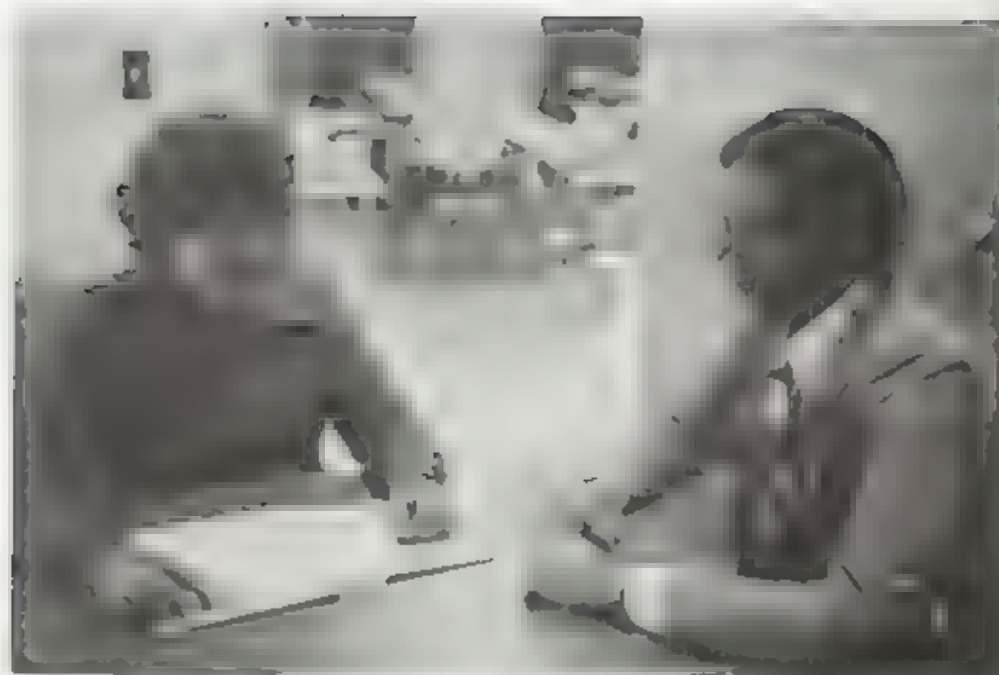
6 Nurse Marion Koll keeps busy with health records, hearing and eye tests, and advising ill students. Senior Mary Jane Meier receives a hearing check.







# Business Bodies



## Future preparations featured in Business

Over 16 course choices were available to students in Business Education plus vocational on-the-job training in Distributive Education, Office Education, and Trades and Industry.

Through the Heartland Area Education Agency, the IBM Memory Typewriter was a working member of the department during October. Office Education instructor Wayne Larson explained that the department paid \$50 to use the typewriter. Instructors Kay Griffin and Una Knauer also assigned advanced students to use the machine. In all, 75 students learned to operate the typewriter. Its memory storage consisted of 50 file locations, the equivalent of 50 typed pages.

Awards were given at the end of the year in Accounting II for outstanding performances. Kelley Dixon was presented the Gold Award; Dina Hawkins the Silver Award, and Rita Hanson the Bronze Award. For independent projects Kirk Simmons, Shirley Hofeldt, Tom George, and Annette Swardt received certificates.

The Outstanding Business Student during the year was Kelly Brown. Kelley Dixon received the year-end Business Award.

1 Cadet teacher Karen Anderson prepares materials for the Business Department

2 Kay Griffin

3 Sue Harvey

4 Una Knauer

5 Gerry Kraus

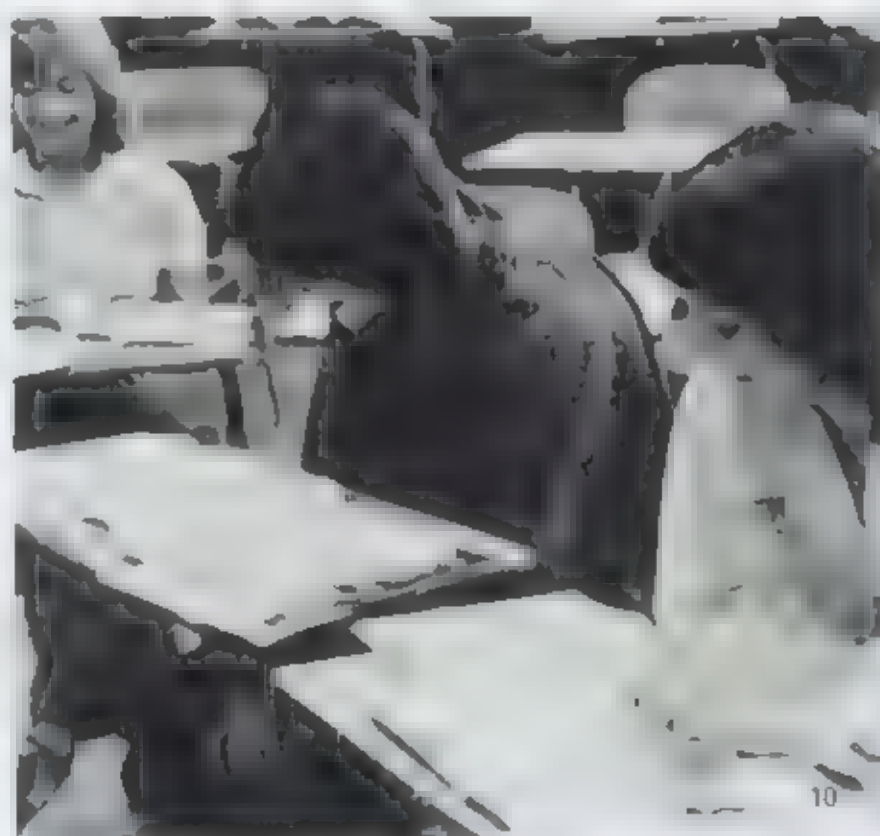
6 Wayne Larson

7 Business Department chairman Kay Griffin talks with Bob Mann vice president and cashier at Brenton Bank. Mr. Mann discussed techniques of job interviews with the Office Education classes.

8 On-the-job filing. Leslie Curtis is a member of Office Education.

9 Typing I students Bruce Dvorak, Cris Toney, Christine Christner, and Susan Higgins make ready for a speed test.

10 Dina Hawkins, Linda Snyder, and Rita Hanson check their books in Accounting.



10

# Learning The Language





## Sound, film festival by mass media class

New to the Language Arts department was Miss Ronda Harwood. Miss Harwood graduated from the University of Northern Iowa then taught for three years at Dowling High School before coming to Urbandale. Here she taught Creative Writing, Basic Communications, and Popular Literature. She was also the assistant drama coach.

Myriads of electives were available to students within the department. Beginning with Introduction to Language Arts at the freshmen level, sampling in the realm of literature, composition, and speech continued with a large number of course offerings. Small Group Discussion was a favorite class in human relations. Journalism students published the school newspaper, "the Jayhawker."

Mass Media classes produced the Third Annual Sound and Film Festival in May. The festival was held at night to allow 300 people the chance to view media projects created by the classes. Jim Vogelaar and Gary Stevens from KIOA discussed jobs in broadcasting with the classes in October.

Brian Hokanson won the Writer's Workshop's contest to rename the school collection of creative writings. "... And So It Was Written" replaced last year's "Depot." Close to 400 copies of the literary magazine were sold by the class.

1 "Julius Caesar" is alive and well in Language Arts 2. Students performed act III

2 Karen Hartigan

3 Ronda Harwood

4 Dolores Lein

5 Deana Lerner

6 Carolyn O'Hara

7 Mrs. Ruth Simon and Jim White discuss a book during Individualized Reading

8 Freshmen read novels in small groups during Language Arts 1

9 KIOA News Director Jim Vogelaar tells Mrs. Dolores Lein's Mass Media class about opportunities in broadcasting

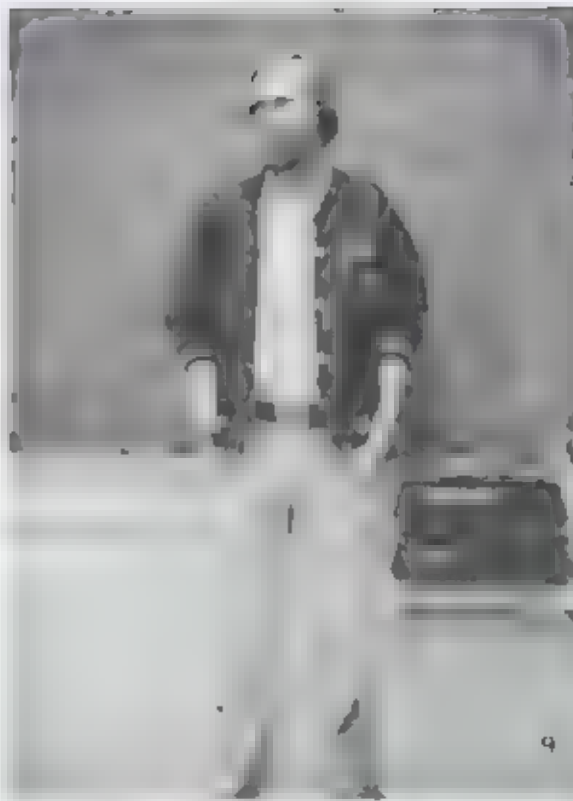
10 Senior Joan Thompson compiles a coupon booklet during a busy day in yearbook

11 Robert Prigge

12 Ruth Simon

13 Lana Sorensen

14 Pat Stohlmann



# Class Size Multiples



## 'TRS-80 increases student interest,' says instructor

"Computer classes steadily grow as computers become more and more a part of our lives today," said math instructor Jack Marriot who teaches Fundamental Computers and Computer Programming. One of the reasons why this was true was the new TRS-80 Micro-processor acquired this year by the UHS math department.

The new computer used BASIC, which is the dominant programming language of the future and has enabled many students to preform countless functions. These functions range from complicated business programs to popular electronic games. Marriot added, "In the near future the computer department hopes to further serve students and will be offering even more micro-processors."

The calculator was also popular in the upper math courses as algebra-trig, and college math. It was a 'must' for Comsumer Math I and II

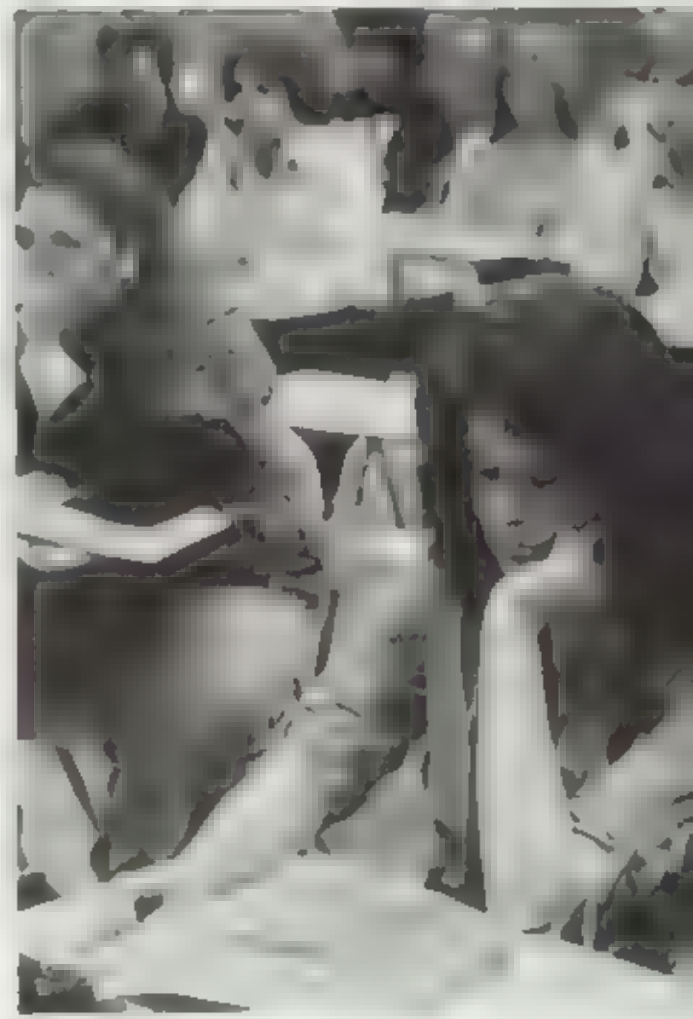
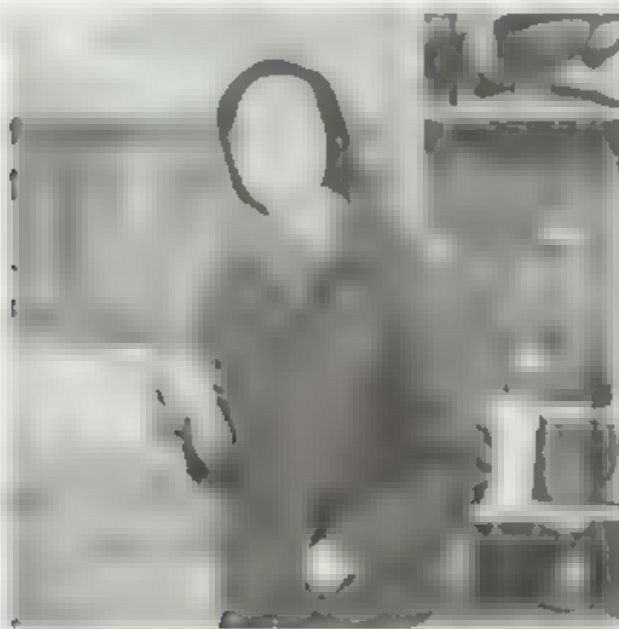
On the last day of school, algebra classes did not take a final. Instructor Dr. Bill Shutters built a solar cooker and classes celebrated oncoming summer with a hotdog cookout.

- 1 Marcia Baumhover
- 2 Greg Cameron
- 3 Instructor Mrs. Marcia Baumhover assists General Math students
- 4 Algebra students concentrate on a unit test
- 5 Selected by the math department, senior Jon Thelin is named Math Standout for the school newspaper
- 6 Rich Dixon
- 7 Jack Marriot
- 8 Gayle Palmer
- 9 Bill Shutters
- 10 Lyle Welch
- 11 As senior Gary Ackerman works with the new Micro-processor, instructor Mr. Jack Marriot examines the results









## How to skin a cat?

A shaft of light broke into rainbow spectrums as Freshmen Earth Science students participated in various light labs. Using broken light, they tested gases and solids to discover if different elements could be identified by the light they give off. Earth Science involves numerous lab explorations of the physical and chemical characteristics of the planet earth.

How does one skin a cat? Well, literally there are many ways and Human Physiology students learned several of them as they skinned and dissected a cat in their study of different physiological systems: muscular, circulatory, skeletal, digestive, etc., of a mammal.

Populations of fruit flies were crossbred and hatched as Cell Biology students delved into genetic studies. In Zoology students became skillful with the scalpel as they dissected clams, earthworms, fish, frogs and a fetal pig. Botany, Chemistry, and Physics were other offerings in the science department.

Tom Chao and Brian Keller, seniors, were named Science Standouts through the year. "I like making machines do the work for me," related Keller. Senior Greg Olson was honored with the end-of-the-year Science Award. The independent project he pursued was in the area of fluid dynamics doing experimentation involving fluid behavior, flow, viscosity, and schlieren photography.

1 Cell Biology students Dean Jones and Phil Tosten take their frog apart

2 E-E-E-E, Pam Gubuan, Phyllis Longdo, Tracy Thompson, and Rane Briggs take a closer look at the local fauna

3 Charles Day

4 Chuck Gesiriech

5 Steve Long

6 Mitch Myers

7 Tom Wikie

8 Science instructor Mitch Myers shows his class a "pickled" octopus

9 Named Outstanding Science student for the JAYHAWKER, Tom Chao anticipates a future career in medicine

10 Brian Keller, Outstanding Science student second semester, is interested in Aerospace Engineering

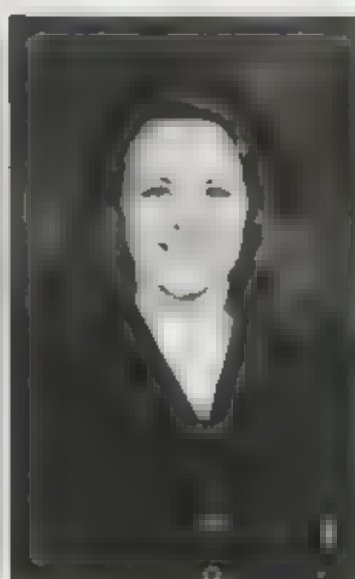
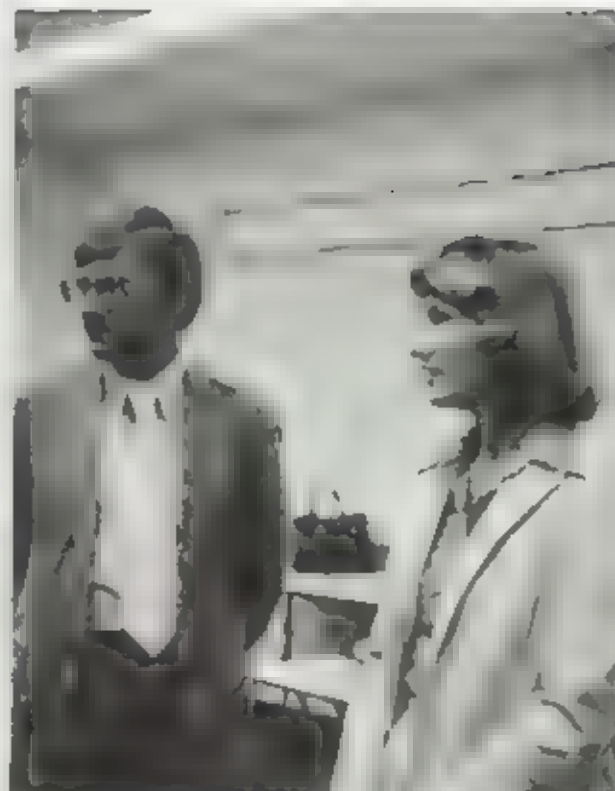
11 Wade Winters

12 Lab partners sophomores Jay Carey and Joe Stangle begin dissection of a crayfish



## Finding Out





- 1 Government students Missy Soden and Sandra Myers work at the polls on election day November 7
- 2 Campaigning at UHS are opponents Lyle Krewson and Katy Gammick, running for the Iowa State House of Representatives
- 3 Gary Page
- 4 Jay Mennenga
- 5 Lynn Sheldahl
- 6 Debbie Lewis performs a series of psychological experiments during the first semester psychology course
- 7 Charlotte Aylward
- 8 Dean Bickness
- 9 Linda Calvin
- 10 Harvey Kimble
- 11 Mr. Kimble helps history student Renee Briggs with the unit on the Depression
- 12 Tony Vierling and Patti Mitchell sophomores, act the roles of President and Mrs. Woodrow Wilson after the First World War

## Seniors say, "Psychology a must."

Responding to a class survey, the majority of seniors felt no student should leave UHS without taking psychology. Mrs. Len Sheldahl, instructor, felt it was a good course with a broad perspective of the psychological field.

Social Problems was also taught by Sheldahl. The first part of the semester, sociology and anthropology were introduced. Later social problems were discussed.

Western World Culture and Non-Western Culture dealt with European history and Russian history. Teacher Dean Bicknese said that the classes were taken by college bound juniors and seniors.

Economics was presented on a college freshman level. "It is extremely valuable for everyone. We live with economics every day and it affects our lives," said instructor Linda Calvin.

Contemporary Affairs was for people interested in current affairs and discussion.

The required American History course was given by a four-member team, Charlotte Aylward, Dean Bicknese, Linda Calvin, and Harvey Kimble. The course took a human approach and students saw history as people who react to their environment.

Minority Studies was a humanities course lead by Aylward. "People learn about people," she said. Much of the class was devoted to discussion.

In American Government, a required course, students got a chance to become involved in elections by supporting various candidates' campaigns. Gary Page and Jay Mennenga taught the class.



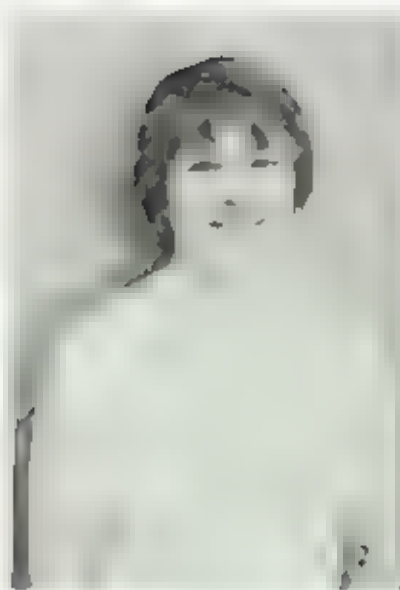
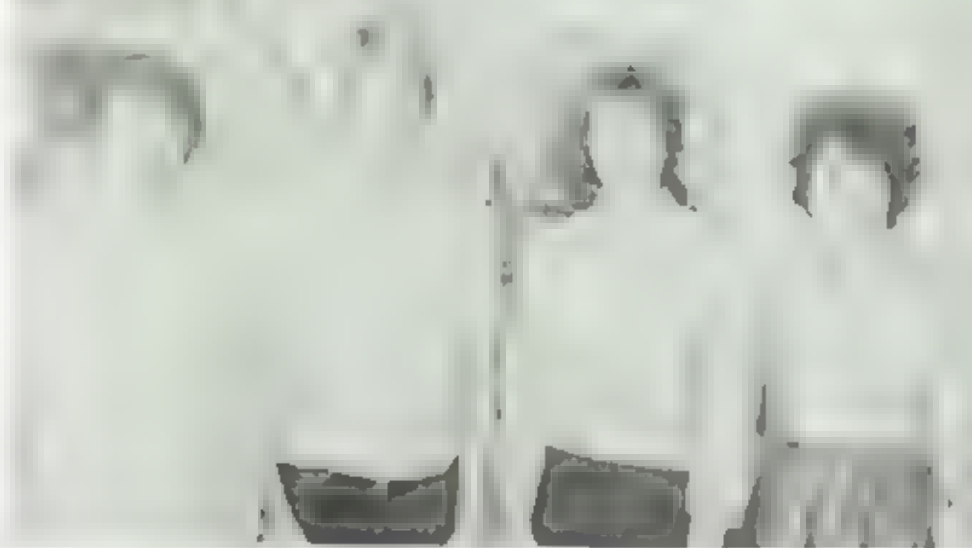
# People learn about people'



12

# Talking In A Second Language

PAIEMENTE  
ABC



## 22 travel to Germany

Destination West Germany and Austria. Twenty-two UHS German students left Iowa March 14 for a 16-day stay in Europe. Arriving in Frankfurt, they toured various cities in Germany, staying with families and learning how to live in a "German style"

The second annual No English Day involved all foreign language students. Third and fourth level pupils spoke only German or Spanish while first and second year students served as translators. An "Ugly American" button was given to the teachers or students who didn't help the foreigners.

Mrs. Ginny Strong joined the Spanish department teaching first and fourth level Spanish. She had previously taught Spanish at Callahan Junior High in Des Moines. "I've really enjoyed UHS. For next year, Mrs. Dogruyusever and I have many plans which include a trip to Mexico," she said

1 Sponsored by Spanish teachers Sherry Dogruyusever and Ginny Strong, Mark Kline and Nancy Coe enter the Iowa State Spanish Contest. Mark placed first in the third year division. Coe competed for her third year.

2 Sherry Dogruyusever

3 Francis Roller

4 Ginny Strong

5 Sherry Winters

6 Christmas carolers Todd Kimm, Mark Rhoads, and Jay Pattee serenade classrooms

7 Featuring a "feroz" bull in the Spanish play is Mark Rhoads (sitting) with "queen" Lois Boe, "matador" Roger Jones (sitting also), and the crowd. Dollie Duran, Kim Miligan, Cathie Courtright, Shelley Fulton, Barb Killeen, and Debbie Dorman

8 Leaving for Germany. FRONT ROW: T. Howard, K. Bardole, B. Willem, D. Lodermeier, J. Breiten, J. Bechtel, C. Tiernan, D. Bennett. SECOND ROW: B. Coffman, K. VanDrew, L. Morrissey, C. VanEnter, J. Hayes, S. Nelson, K. Howe.

THIRD ROW: G. Schneider, J. Mohr, B. Toye, A. Ventling, K. Anderson.

9 Lisa King plays "Lucy" and advises Greg Schneider, "Charlie Brown" in the German Christmas play.

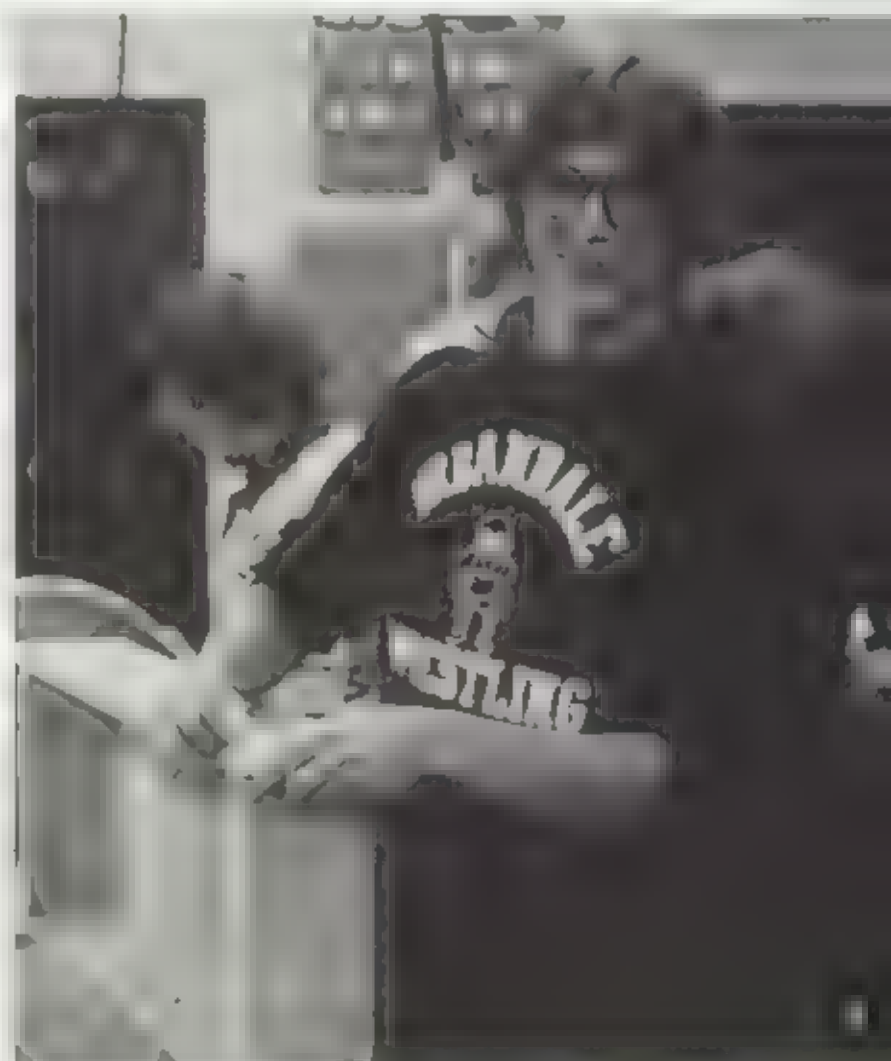
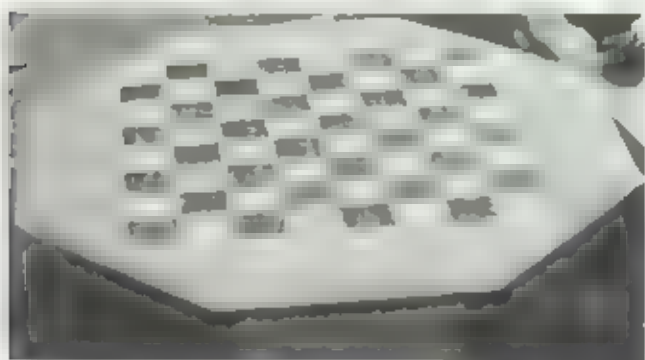
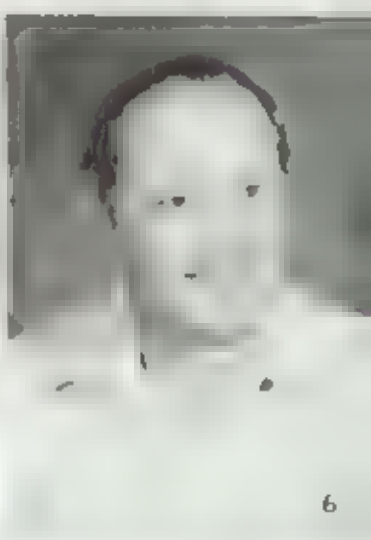
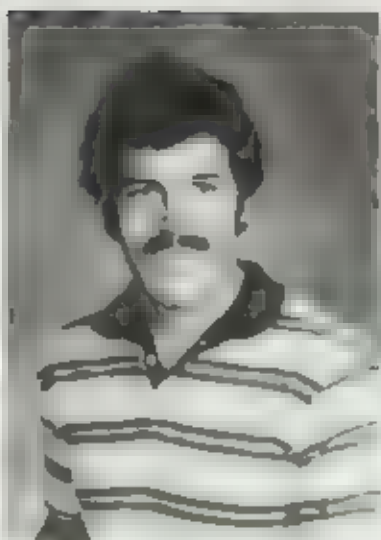
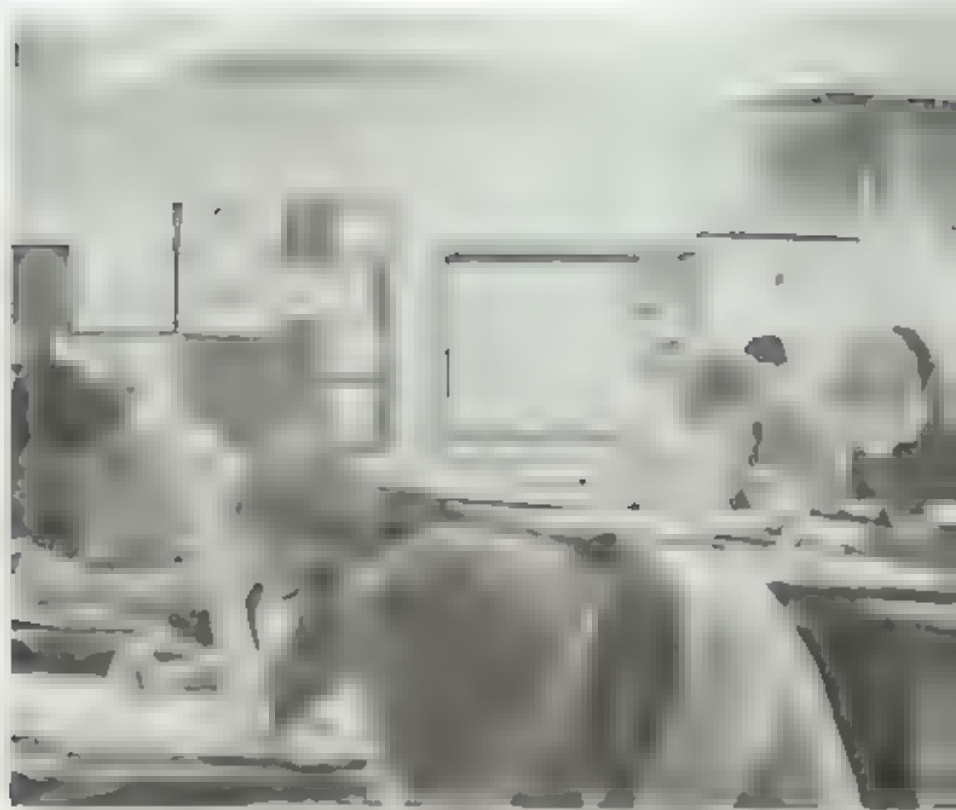
10 "Snoopy" Camille Stokes shows "Woodstock" Janis Breiten their Christmas tree, while other Peanuts characters Lynn Barker, Julie Warren, Candy Tiernan, and Shirley Hoifeldt observe.



8







## More girls enroll in auto mechanics

Mass producing particular pieces of furniture such as checker tables was the goal of Advanced Woods and General Materials. Instructor Dan Keller said he was pleased with the way the class pulled together during their mass production unit.

More girls enrolled in Auto Mechanics 1 and 2. Sixty-eight people, including eight girls were involved in the classes. Teacher Terry Juelsgaard related, "Society is accepting girls more and more in this field; parents want their girls to be educated in other things." With the increased number of advanced classes, more engines were overhauled using the new equipment purchased this year.

Senior Kerry Anderson was selected to receive special recognition from the Industrial Arts department at Commencement.

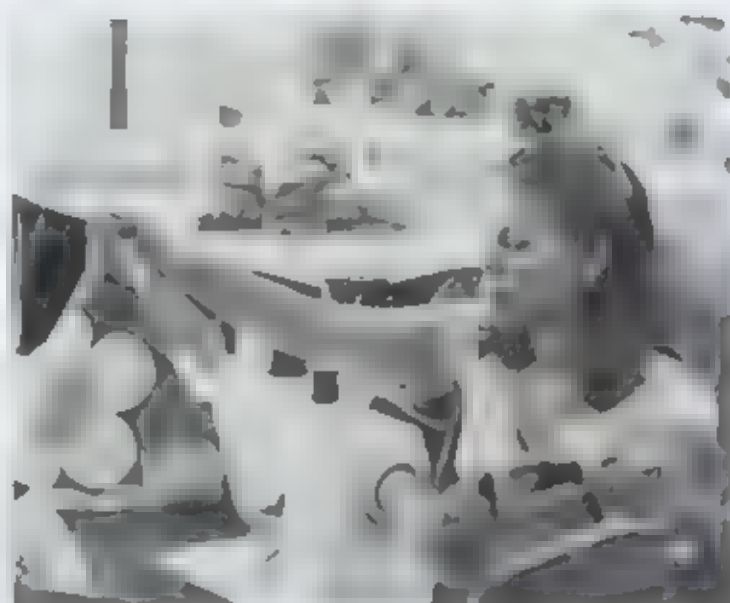
## Pre-school sponsored by home ec classes

Three and four year olds in high school? The Adult and Family Living classes sponsored a pre-school. The program began mid-November and ended with a Christmas party complete with Santa and presents. The children attended class Monday and Wednesday during 2nd, 4th, 5th, and 6th periods.

Students arranged for a pre-schooler to come with them 10 times. In class students worked with partners to plan activities. Storytime, free play, crafts, games, and music were included.

Mock weddings were held at the end of the semester in Single Survival classes. The weddings were to demonstrate and prepare students for the future. Senior Janet Orr was awarded the Home Economics end-of-the-year award at Commencement.

# Practical Survival



1 Tim Lane and Todd Perkins are involved in individual projects in General Metals

2 Instructor Jim Kelsey assists Mechanical Drawing students

3 Terry Juelsgaard

4 Dan Keller

5 Jim Kelsey

6 Jim Maynard

7 Products from a furniture working class

8 Senior Drew Widdow finishes the case of a grandfather clock

9 Scott Carlisle completes a woodworking project

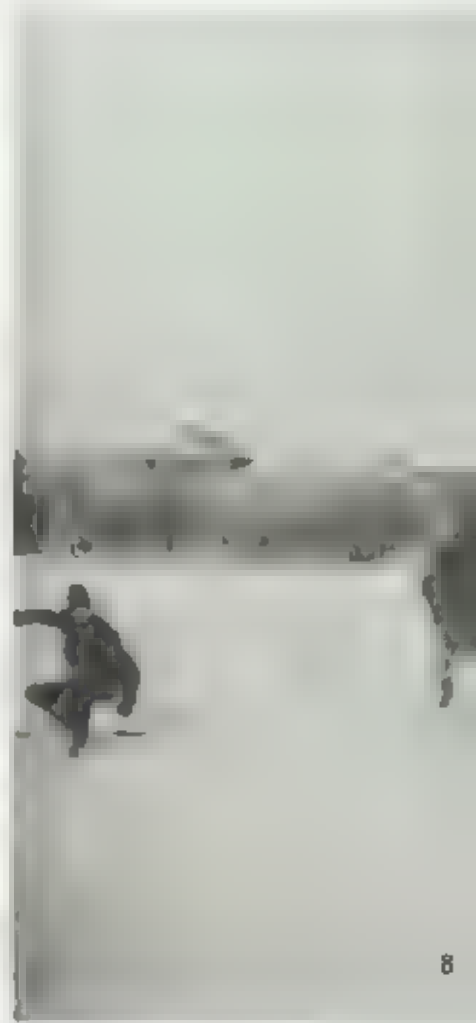
10 Cadet teacher in Textiles and Clothing Sally Thompson works on summer clothes

11 Janet Orr, winner

12 Norma VanRyswyk

13 In Foods and Nutrition Debbie Hayeland and Tim Morjan whip up a meal

14 Bill Elfritz works on an individual project





## Cross-country skiing new mini course in PE

With the completion of the new gym addition, PE classroom space, lockers, and dressing facilities were increased. The extra area made for more gym time.

Mini courses sparked student interest in required PE. This year cross-country skiing was new to the curriculum. Offered to juniors and seniors, the classes began skiing on the hill west of the library. Student controversy about required gym continued. In a survey taken in Advanced Composition, 43% said it should be required while 57% opposed it.

Senior Scott Fair finished second in the National Teenage Powerlifting Championships in Fort Worth, Texas. He competed against 17 others in the 181 pound division totalling 1,352 pounds for three lifts. Fair lifted 523 lbs. in the squat, 303 lbs. in the bench press, and 546 lbs. in the deadlift. He set the national record at 181 lbs. by squatting 555 lbs.

Outstanding PE students named during the year were Mike Law and Jody Jenison. Law had lettered in four sports: football, baseball, track, and basketball. Jenison was an active athlete. "I like competition, both team and individual," she explained. She was involved in basketball, track, and softball. Jenison was also awarded the end-of-the-year PE Award.

1,2 Army officers demonstrate the techniques of rappelling to PE classes

3 Instructor Gary DouBrava takes roll

4 Gary DouBrava

5 Denny Frerichs

6 Cheri Juelsgaard

7 Senior Scott Fair participates in competitive weightlifting

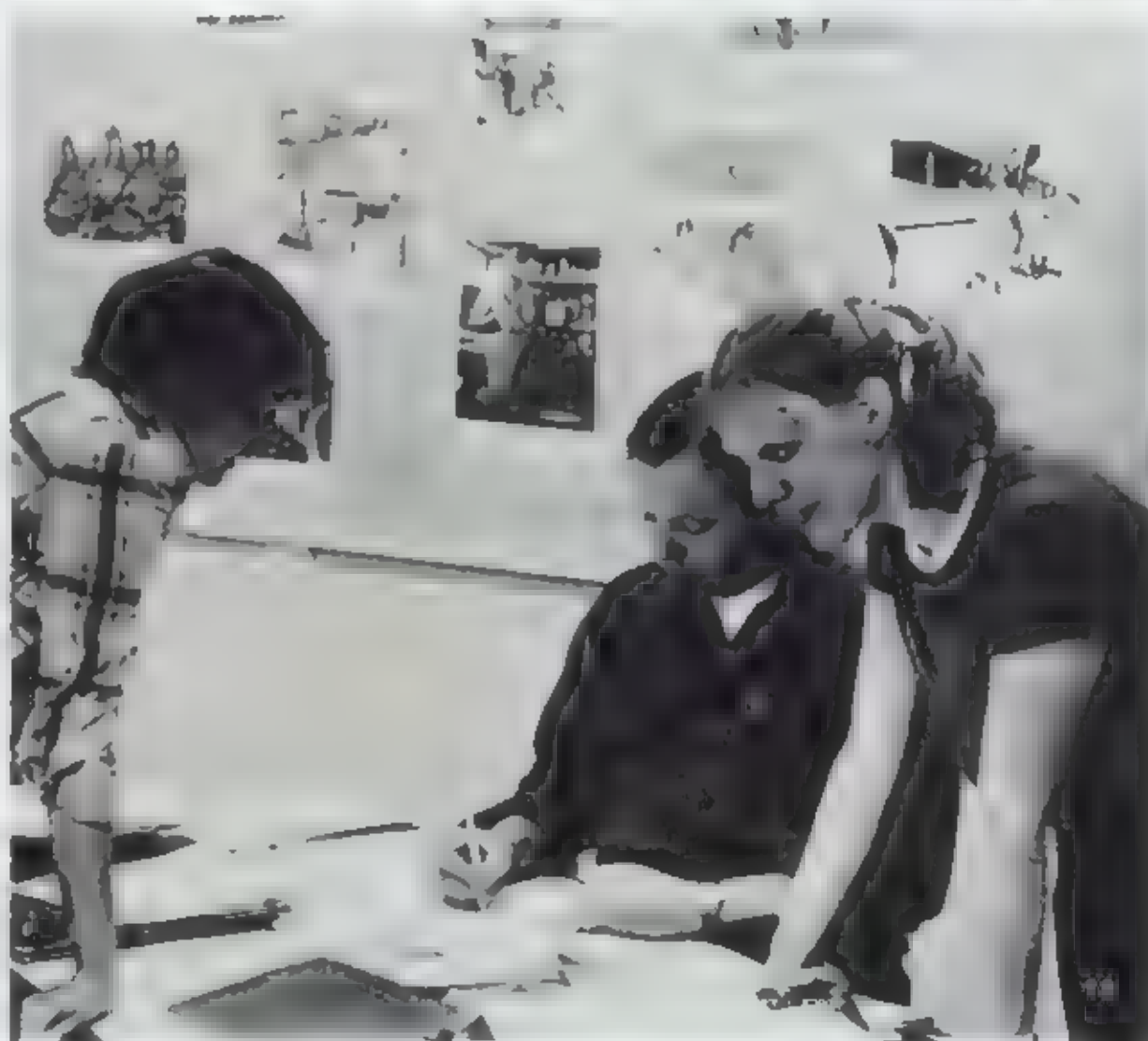
8 Crosscountry skiing is a new mini course open to PE students

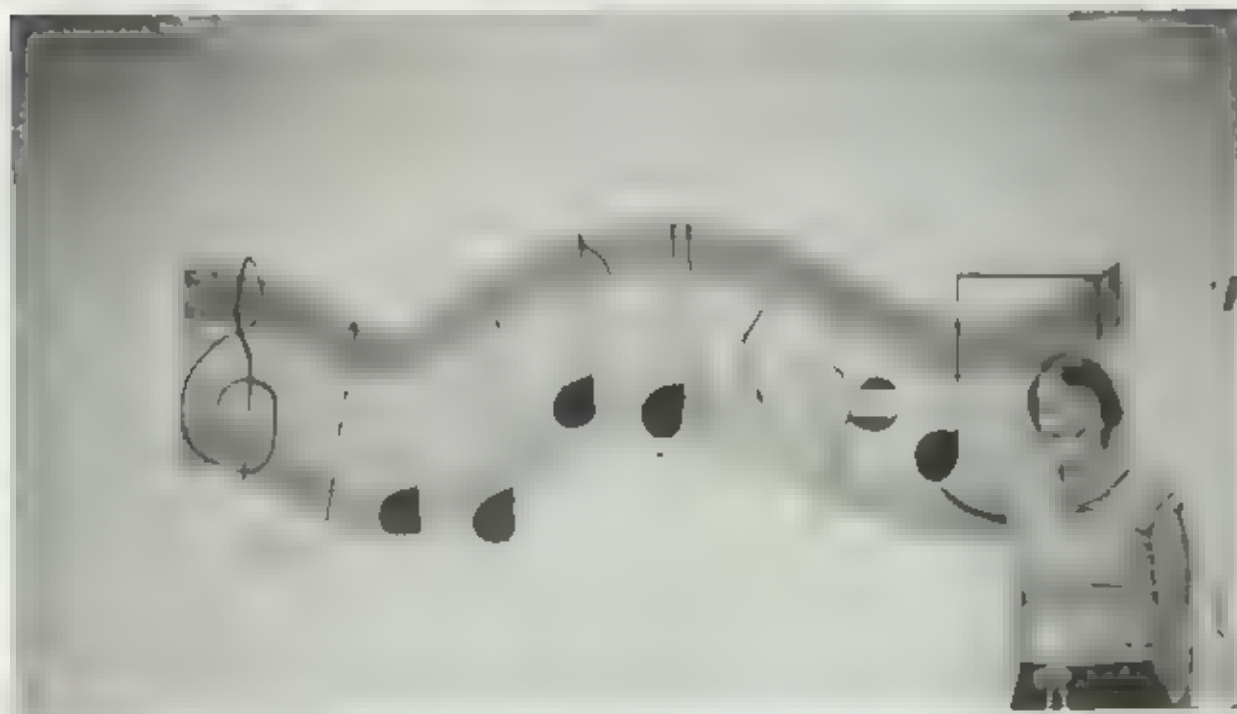
9 Lynn Greiner

10 Sophomore Mike Barnhizer and Larry Green prepare for their written drivers' test in Drivers' Education

11 While instructor Mr. Lynn Greiner checks over class quizzes, Tammy Stevens and Robin Bauer wait for their test results

## New Addition





## Performing In Florida

Traveling to Orlando, Florida during spring vacation; the Urbandale High School Band performed at Disney World and the Chorus sang at Sea World. For the five-day stay, the group headquartered at the Marriott Hotel in Orlando. Tuesday they played at Walt Disney World and at 5:30 the band marched down Main Street in the Park. Wednesday morning the chorus sang inside the opening gates at Sea World.

Mr. Larry Hintz and new band assistant Miss Julie Hintz headed the instrumental music department. Together they directed a 140-member marching band. Mr. Hintz led the Wind Ensemble, the Jazz Lab, and the Dixieland Band. Miss Hintz directed the Concert Band. The two gave individual and group lessons. Mr. Hintz also taught a music theory class.

Mrs. Jean Jamison was the new chorus director at UHS. She led the Mixed Chorus, the Vocal Jazz Ensemble, and a small swing choir of 16 girls, The Girls Next Door. Giving vocal lessons at the high school and the junior high during the day, Mrs. Jamison commented, "I try teaching the kids singing or vocal technique for the pieces we are performing."

Mrs. Paula Leverenz and Mr. John Robbins headed the art department. After taking Introduction to Art, students could choose other art classes. Junior Paul Stolt won national honors in May when his untitled pastel was selected to receive a \$100 prize in the art division of the 1979 Scholastic Awards.

Senior Shannon Loeffelholz had an ink sketch of a farm selected for a special high school exhibit at the University of Iowa.

Donuts and pastries sold like 'hotcakes' Friday mornings as the 25-member art club raised money for their activities. "This year we drew up a constitution. We are now an official club at UHS," said president Pam Patten. Other officers included vice-president Sara Drummond, secretary Meg Proctor, and treasurer Kay-Lynne Johnson. Meeting every Wednesday after school, the club decorated a Christmas tree for the courtyard, co-sponsored the Sadie Hawkins Dance, and presented art to various competitions.



- 1 Director Larry Hintz leads the Jazz Lab
- 2 Junior Joni Beck stands beside the mural she designed for the chorus room
- 3 My ink sketch was made off a photograph of a farm where I used to live when I was little,' comments senior Shannon Loeffelholz when her piece was selected for a special high school art exhibit at the University of Iowa
- 4 Julie Hintz
- 5 Larry Hintz
- 6 Jean Jamison
- 7 Paula Leverenz
- 8 John Robbins
- 9 Seniors Scott Fair and Jim Flynn work on the construction of their version of the 'Yellow Submarine.' The sub was used by the UHS marching band in a half-time show
- 10 Art Club members gather with their sponsors Mrs. Paula Leverenz and Mr. John Robbins





# People

at UHS

## Sophomores struggle

"I Will Survive" this popular song title sung by Gloria Gaynor described the general feelings of the sophomore class as they struggled through their second year of high school. "It is the hardest year in school, the one you have to work the hardest in," according to one sophomore. Courses such as biology, English, geometry, and American history kept many sophs up well into the night.

When they weren't working on one of their many subjects, sophomores spent their time "partying" and working. Movies most enjoyed by the class were WARRIORS, HEAVEN CAN WAIT, SAME TIME NEXT YEAR.

Cars and driving became an important part in just about every sophomore's life, sometime during their second year of high school. Many received a "hand-me-down" car from an older brother or sister or begged and pleaded to have "mom's car" for a Friday night on the town. Either way sophomores were now beginning to see what kind of responsibilities they would soon be faced with in years to come as college decisions and schedules loomed a little nearer in the future.

1 Sophomores Sandy Thompson, Koreena Hanson, Debbie Schneider, Kammie Evans, Lori VanSoelen prepare for their powderpuff game.

2 Student Senate sponsor Rich Dixon, freshman Mary Newberg, and sophomore Jim Brown collect tickets at the Homecoming dance.



# Sophomore

Clet Abram  
Anthony Adelman  
Michael Alej

Laura Anderson  
James Asbille  
Daniel Avaux

Beth Babcock  
Pamela Babcock  
Bradley Barghols

Julann Barnes  
Michael Barnhizer  
Boyd Bauer

Robin Bauer  
Peggy Bennett  
Shari Bergamo

Steven Bend  
Kelly Blessing  
Shelley Blessing

Rick Bothwell  
Wanda Bradley  
Jeffrey Breiten

## Auditorium requested

Editorial reprinted in part from  
the JAYHAWKER November 30,  
1978

It is time for the students' viewpoints to be voiced. There are three general areas in which students' (need for an auditorium) fit in. Students participating in band or chorus, those involved with drama, and those who enjoy the final productions

Students in band and chorus practice inside regular classrooms that were designed to seat 30 students. The band room, where the wind ensemble practices, is a two classroom complex. Two rooms designed to seat 60 students now holds 87, not to mention the space that must be allotted to uniforms and instrument storage.

The chorus room where the chorus and concert bands practice is a converted single room area. The concert band boasts 70 musicians. A 70-member band practicing in a room that was constructed for 30. Need more be said?

Performing area means the gym. Most students are upset about the terrible acoustics. They find it difficult to play well when the sound echoes from one wall to another.

Students involved in plays, both performers and off-stage help, also find it difficult to perform in the school commons, or lunchroom. The students' greatest complaint is the horrid conditions of the stage.

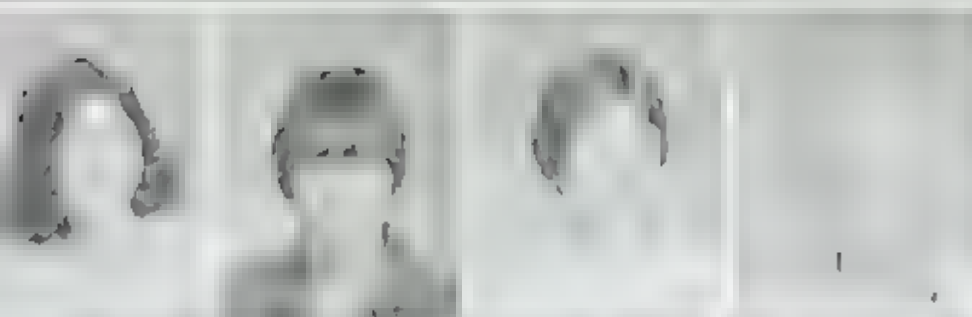
The audience is the least fortunate of all, having to put up with all the problems incurred by the band, chorus and theater departments.

1 Teacher Mitch Myers has fun with sophomore students in the hall TOP Pam Gubuan MIDDLE Phyllis Longdo Ranee Briggs BOTTOM Tracy Thompson Kathi Little, Shelley Blessing

2 Sophomore Dean Jones works on a zoology lab



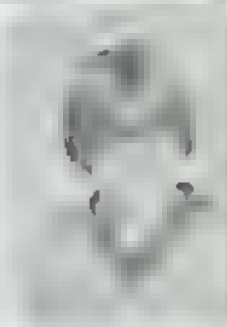




Ranee Briggs  
Jim Brown  
Kerry Brown  
Chris Brunekoot  
Lori Buckley  
Robin Burke



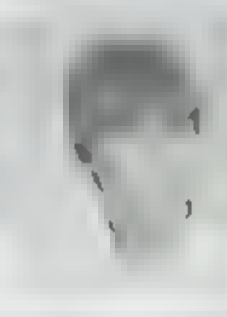
Greg Byington  
Mary Campbell



Amy Carbarnes  
Jay Carey



Rob Carey  
Anne Carlson



Missy Carver  
Mario Casabar



Marie Cassidy  
James Chambers



Walt Chapman  
Betty Christian

Scott Clark  
Laura Coffman  
Marie Collison



Theresa Corsbie  
Stephen Couey  
Scott Damschroder



Kris Dankert  
Mark Darr  
Cathy Davis



Linda Deatsch  
Tom Deatsch  
LeAnn Del Prado



Dave Disney  
Dale Dorman  
Lori Downard



Denise Drake  
Bryan DuBois  
Jeffrey Dunkerson



Bruce Dvorak  
Ed Erickson  
Kammie Evans



## Sophomore senators active through year

Starting with homecoming activities, the sophomore Student Senate members were very busy throughout the school year. Following homecoming, each member was assigned different projects. As the year rolled on, the Senate was able to get involved with planning dances. They sponsored the Christmas dance and co-sponsored the Sadie Hawkins dance with the Art Club. Sophomore secretary Lisa Smalley was a big help in organizing that dance because she was involved in both activities.

In March the Student Senate Community Involvement Committee sponsored a Lock-In with the profits going to the March of Dimes. The Community Involvement Committee was headed by Student Senate secretary Lisa Gibb. The sophomore senators made up a majority of the committee, with a lot of help coming from Denise Drake, Robert Hansen, Elaine Wahrer, Liz Hanian, and Scott Johnson.

Elections for the 1979-80 Senate officers were held in May. Sophomore Missy Carver was chairperson in charge of election organization. Sophomore class officers who also served as senators included president, Missy Carver; vice-president, Lisa Smalley; treasurer, Denise Drake, and senators Scott Johnson, Robert Hansen, and Elaine Wahrer.

1 Sophomore Mike Alley stops at his locker to pick up books for his next class. Lockers were considered personal property and often saw lots of decoration.





Barbara Ewald  
Susan Feitler  
Michael Feldhacker  
Brian Fink  
Gregory Fisher  
Susan Fitzgerald



Roger Fouche  
David Fulton  
Janet Gaoe  
Kirk Gates  
Lisa Gbb  
David Gilman



Gregory Giliam  
Jack Gowan  
Douglas Grant  
Jill Gray  
Ralinda Gray  
David Green



Lawrence Greene  
Kirby Griffin



Scott Griffin  
Robert Grimm



Tamela Gronewold  
Pamela Gubuan



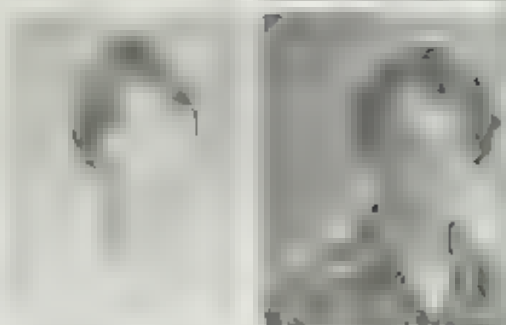
Todd Haarstick  
Schuyler Haines



Roxann Hancock  
Liz Harlan



Bob Hansen  
Robert Hansen



Koreena Hanson  
Laura Harlan



Matthew Harrah  
Dave Hart  
Kandi Hawkins



Scott Hemstreet  
Kathy Hillyard  
Cyra Hill



Patricia Hohnke  
Jeff Holliday  
Brian Holsten



Ann Homsey  
Alan Hoogenakker  
Dave Howe  
Mike Hoy  
Lee Huff  
Shawn Huston



## 'A Star Is Born,' third place for sophs

Homecoming week was filled with fun and excitement. Float construction started Monday night at Margaret Snyder's house and continued every night until 10 p.m. Using the movie "A Star Is Born" as a theme, the float took third place, earning the sophs \$20 for their class fund.

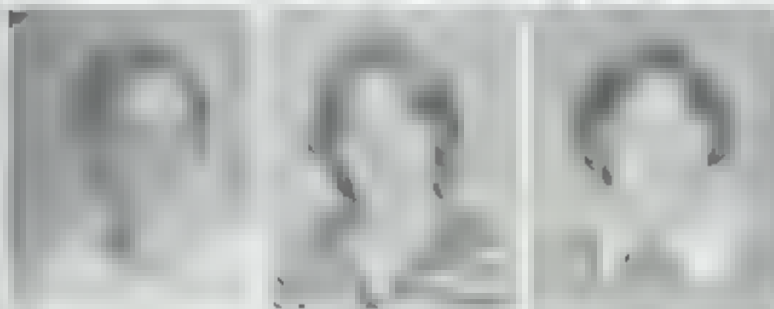
Powderpuff raised school spirit Thursday night when the sophomore girls defeated the freshmen 7-0, giving the sophomores a 1-1 win/loss record.

To end the week, the sophomores got down at the Homecoming dance Saturday night.

- 1 Cheerleader Margaret Kuble cheers on the sophomore football team
- 2 At the homecoming dance, sophomores Todd Waddell and LeAnn Prado enjoy a slow dance
- 3 'A Star Is Born', the sophomore homecoming float takes third place in the parade



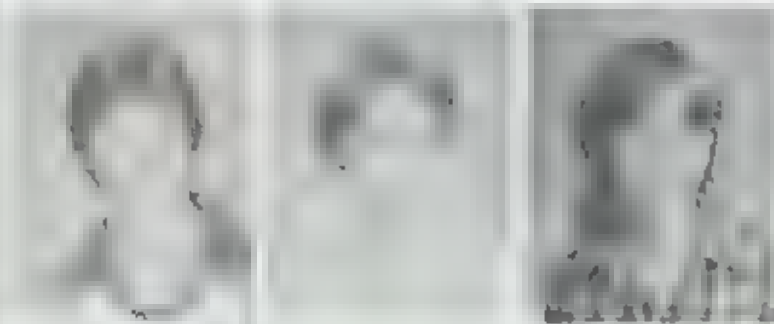
Craig Hutton  
Janel Ivers  
Jim Jacobson



Rick Jamison  
Jeff Jenkins  
Karla Johnson

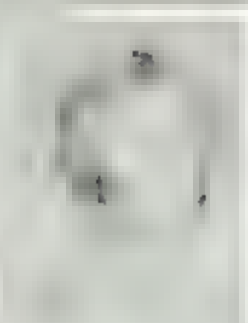
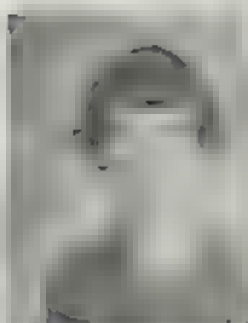
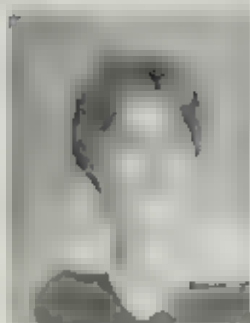


Kay Lynne Johnson  
Scott Johnson  
Dean Jones

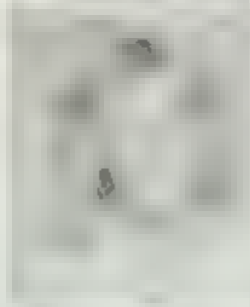


Rick Jones  
Amy Kaus  
Iva Keler

John Kelly  
Brian Kemp  
Robin Kinser  
Lynn Kordendal  
Rodney Klein  
Darren Knop



Sharon Knuth  
Brent Korver  
Margaret Kubie  
Charles Larsen  
John Lees  
Dave Lekowsky



Mike Lillard



Stephanie Linder



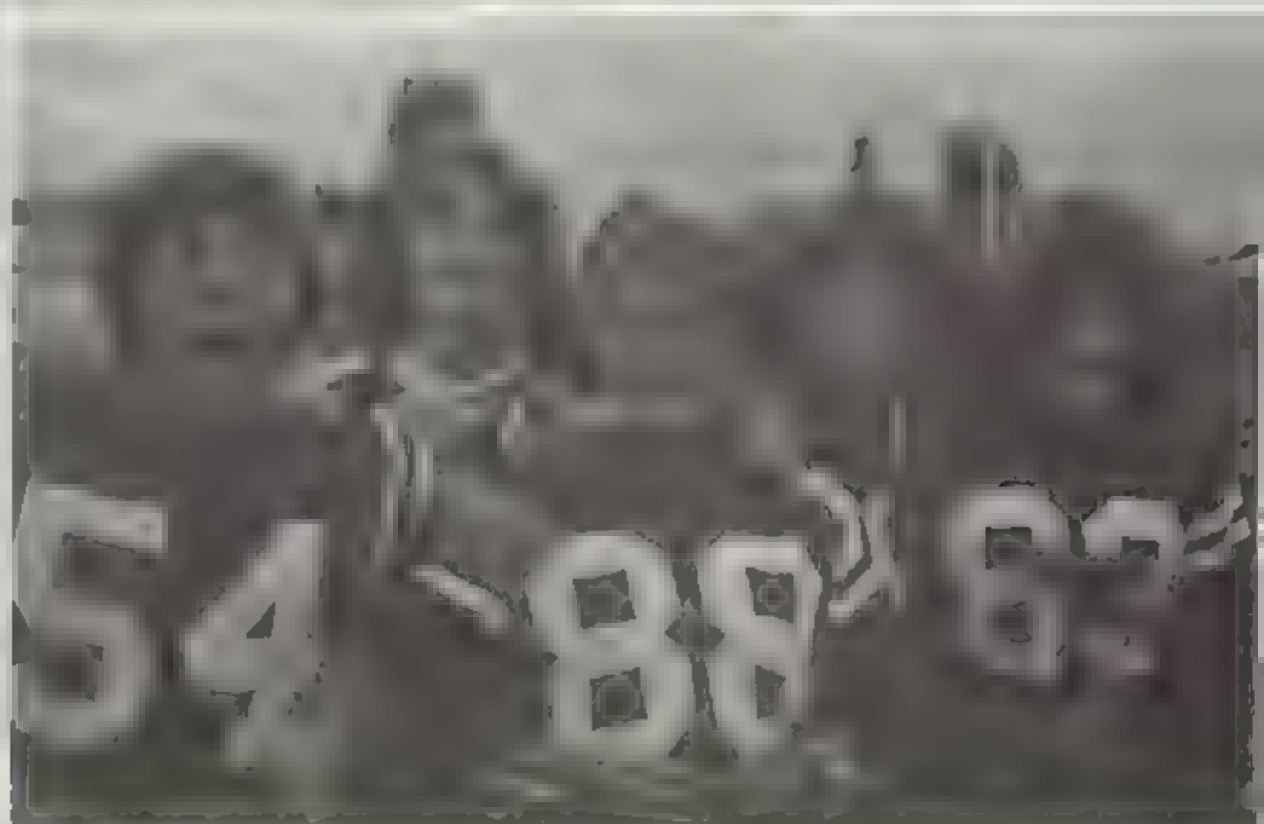
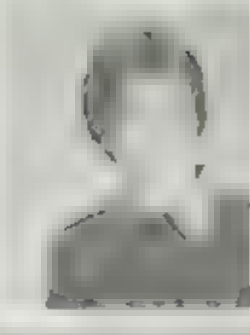
Colleen Lindstrom



Jeff Little



Kathi Little







## Soph powderpuffers take freshmen, 7-0

After practicing a week and a half with coaches Marcia Baumhover and Dennis Brand, the sophomore powderpuff team was ready to play. Practice was held every day at 4 30 p.m. at Jensen School.

At the pep assembly Monday, the sophomores showed that they had enough spirit to win. They kept this spirit up through the game and beat the freshman team 7-0. Cori Smith made the game's only touchdown with a hand-off from Laura Tremmel. The sophomores now have a record of 1-1.

1 Firing up for the powderpuff game are sophomores Sandy Thompson, Koreena Hanson, Debbie Schneider, Kammie Evans, and Lori Van Soe en.

2 Sophomore Powderpuff Team



Dan Lollman  
Steve Mack  
Susan Mack

Craig MacKinnon  
Laura MacKinnon  
Patti Mann

Cynthia Manusos  
John Manworren  
Martha Martinez

Joni Marvin  
Steve Mathers  
Jeff Maxwell

Gail Meinert  
Barb Miller  
Vicki Miller

Dana Miligan  
Julie Miliken  
Becky Mishler

Patty Mitchell  
Kim Monahan  
Shawna Moore

Ronda Morris  
Lisa Mulder  
Jay Murphy

Darrell Nelson  
Chris Nelson  
John Newberg

Kim Newcomb  
Kim Nobbman  
Katina Oddy

Katie O'Keefe  
Doug Oliver  
Jeff Olson

## Career interests explored in DAT

Every school year one day is set aside for high school students to take the Iowa Test of Educational Development (I.T.E.D.). The sophomore class did not take the I.T.E.D. tests this year. Instead they took the Differential Aptitude Test (D.A.T.).

The D.A.T. in recent years has been an optional test for juniors so many students did not take it. The sophomore counselor, Mrs. Mary Sherer feels the test is important because it measures student's interests in certain fields of study as well as measuring his ability to succeed in that field. The testing on the sophomore level was on a trial basis this year but it is likely to continue in years to follow.

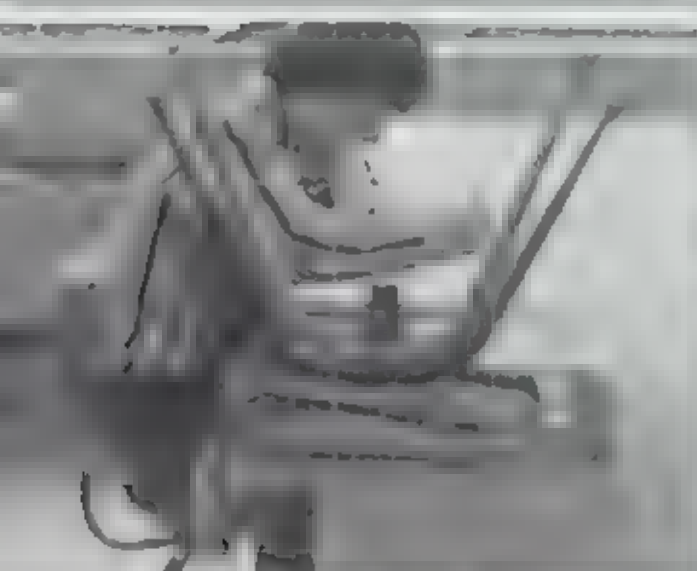
- 1 Sophomore Lori Buckley practices for the powderpuff game. The sophomores beat the freshmen 7-0.
- 2 Sophomore Pam Babcock stops on her way to class.
- 3 An art project keeps sophomore Scott Shaw working hard.
- 4 Joe Palmer and Margaret Kuble got down at the Homecoming dance.





Carla Padavich  
Joe Palmer  
Elizabeth Parrish  
Troy Parsons  
Gwen Pelley  
Greg Petersen

Lan Phan  
Larry Phipps  
Kathy Poison  
Marvin Pringle  
Linda Prosser  
Joe Putney



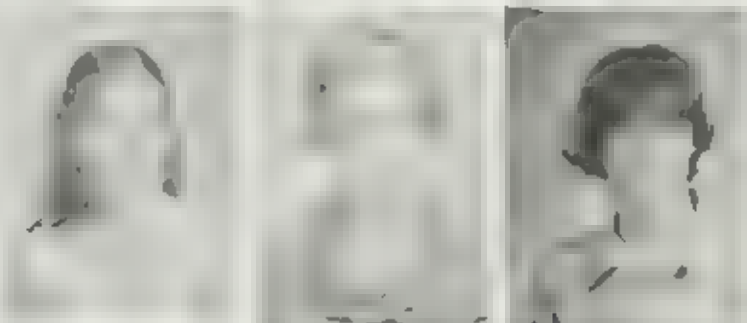
John Putney  
Sara Rawland  
Susan Readinger  
Tami Rice  
Troy Richards  
Brad Richman



Karen Rouse  
Lynette Rudestad  
Ruth Rummans



Linda Russell  
Debbie Schneider  
Tom Schnurr



Chris Schoop  
Mike Schroeder  
John Scott



Jeff Shaw  
Scott Shaw  
Jon Sheppard



Susan Sherer  
Dale Sherrill  
Greg Shives



Holly Simon  
Cindy Slump  
Lisa Smailey



Cori Smith  
Linda Smith  
Steve Smith

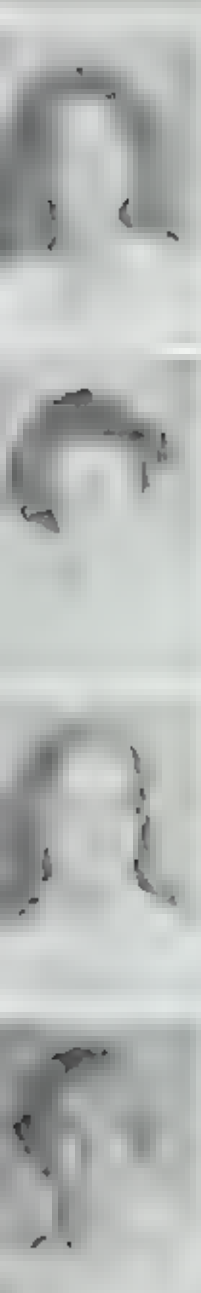


## Survey reveals positive change

Do you feel differently about the school or the students than you did last year? This was a question asked of the sophomores in a survey taken by the ECHO staff. Eighty-six percent said yes, 9% said no, and 4% were new to Urbandale or had no comment. A majority of 73% felt that the change was positive, while 18% felt negative about the change and 9% saw both negative and positive aspects.

The most frequently mentioned change was that they, the sophomores, knew more students. This was followed by the feeling that the other students were more friendly. Also high on the list was the idea that they saw things in a different light since they were not freshmen any more. Many felt that they were more mature. On the negative side many sophomores felt that the classes and the homework were more difficult.

1 Pom pon girls Teri Boyer, Holly Simon, and Amy Kaus perform for the school at a fall pep assembly



Deborah Snider

Margaret Snyder

Connie Spoelstra

Robert Stamper

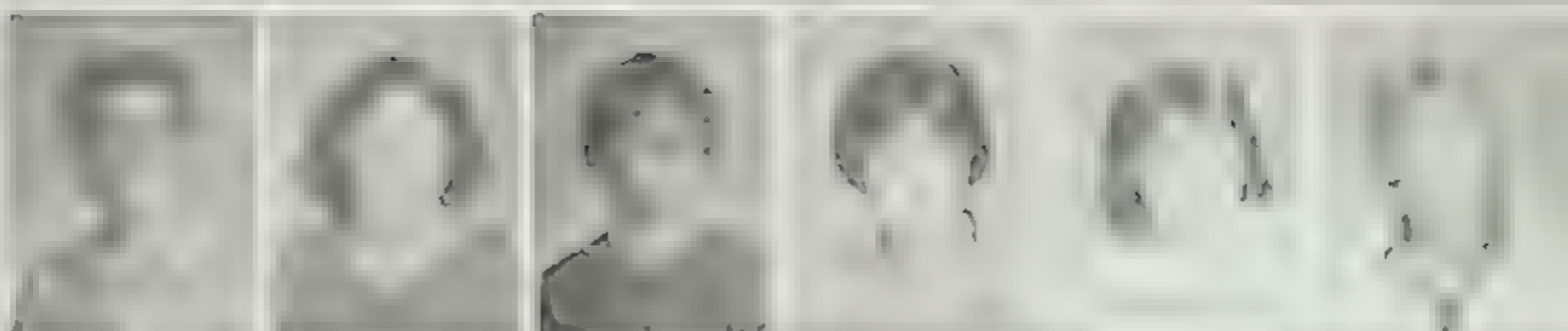


Joe Stangl  
Cindy Stanley  
Laurie Stapleton  
Lynne Stecker  
Richard Stevens  
Tammy Stevens

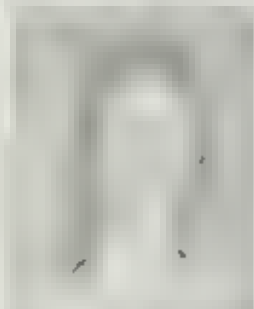
Parker Stone  
Greg Stonecipher  
Fred Sullivan  
Lisa Swaney  
John Sweeney  
Dean Tanner

Charles Taylor  
Jerry Thompson  
Kim Thompson  
Sandy Thompson  
Theresa Thompson  
Chris Toney

Phil Tosten  
 Laura Tremmel  
 John Uren  
 Jean Vannausdie  
 Lori Van Soejen  
 Mike Van Treeck



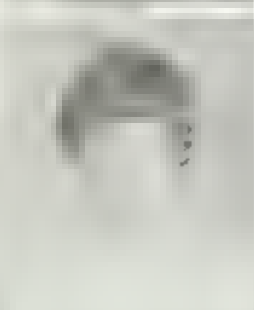
Kristi Van Vleet



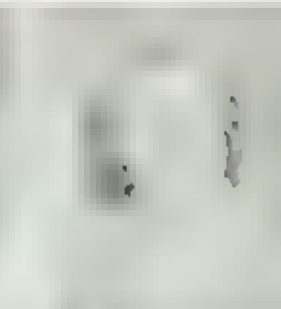
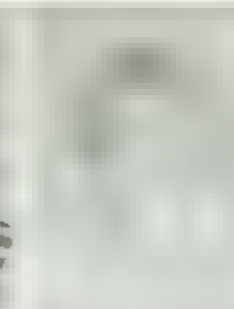
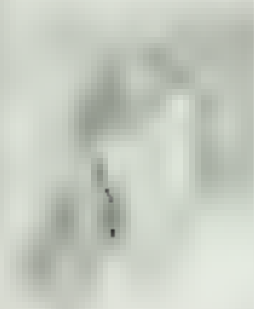
Tony Vierling



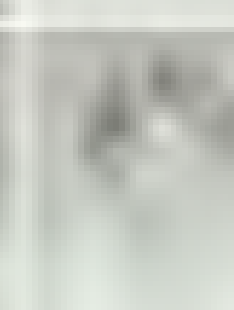
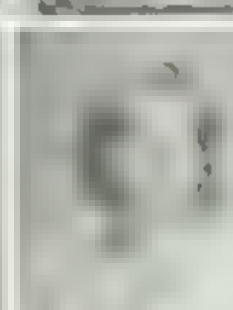
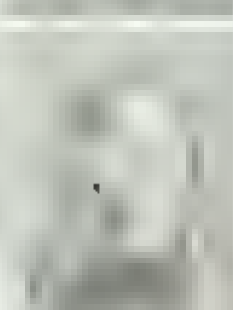
Todd Wadde



Debra Wah  
 Elaine Wahrer  
 Joe Warwick  
 Todd Waters  
 Sue Wegner  
 Renee Wehde



Peter Weiss  
 Dennis Winger  
 Julie Wissink  
 Robert Wolfe  
 Shari Wolfe  
 Jack Woodard





# **What does it mean to be a sophomore?**

"When you're a sophomore,  
you're half way up the ladder  
You never get the best, but you  
don't have the worst either."  
— Fred Sullivan

"It means working hard for what  
you want in later years and  
setting a good example for the  
classes below us. It also means  
fun in many different ways; we  
can have a good time."  
— Lisa Smalley

"Being a sophomore is fun. You  
still have two more years left to  
enjoy school. You're no longer at  
the bottom, but you still don't  
have college to worry about yet."  
— Iva Keller

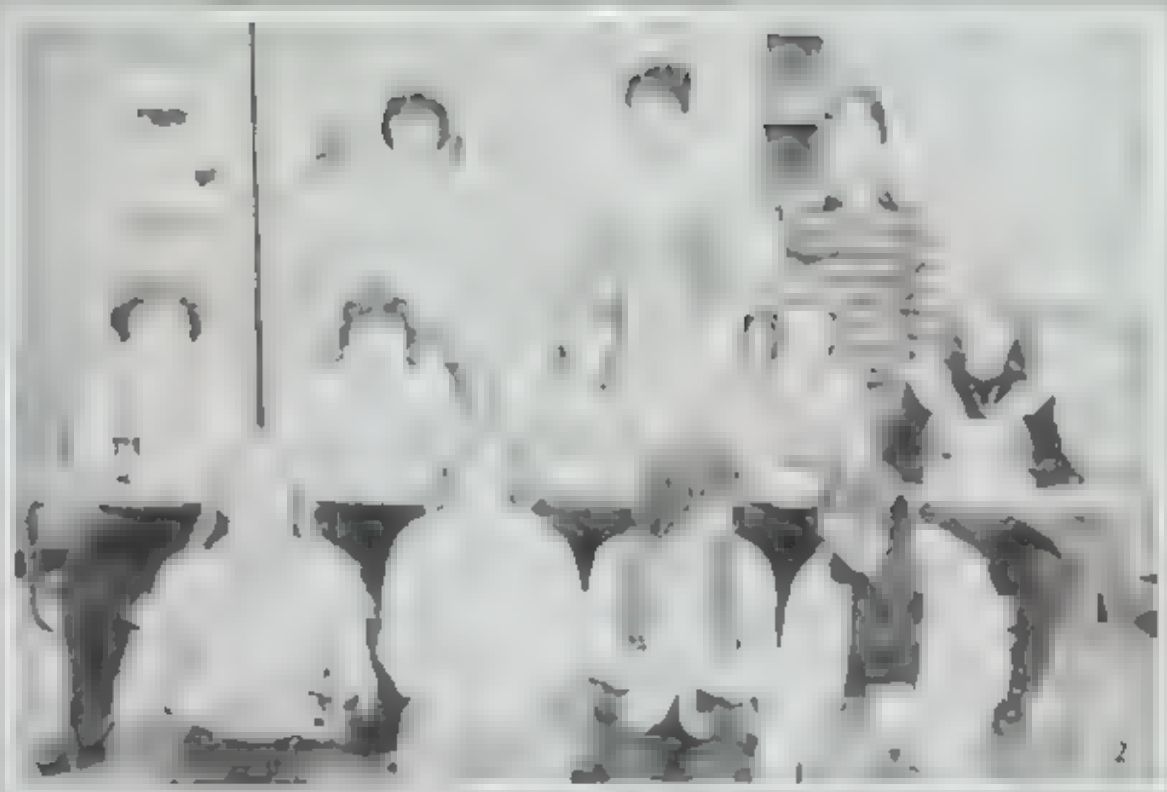
"To be a sophomore is to be able  
to boss around a fudgie, get  
picked on by juniors and ignored  
by seniors."  
— Vicki Miller

"Not to get bothered by the  
upper-classmen, but still having  
gym with freshmen three times a  
week."  
— Tami Gronewold

"Intelligent fool, you're not the  
scum (freshman) of the school  
anymore and you have more  
influence in decisions as a  
group."  
— Jack Gowan

"Getting my first car."  
— Matt Harrah

1 Sophomore Tony Adelman views the  
partial (84%) eclipse of the sun which  
occured Monday February 26 from 9:28  
to 12:01  
2 Spanish 2 students use their baby  
pictures to create Spanish stories  
3 From the sidelines, the sophomore  
powderpuff team cheers on their  
teammates



Carla Woodruff  
Patti Woods  
Sheila Woods

Terry Woody  
Jeff Wynn  
Matt Yaske

# Sports Illustrated®

at VHS

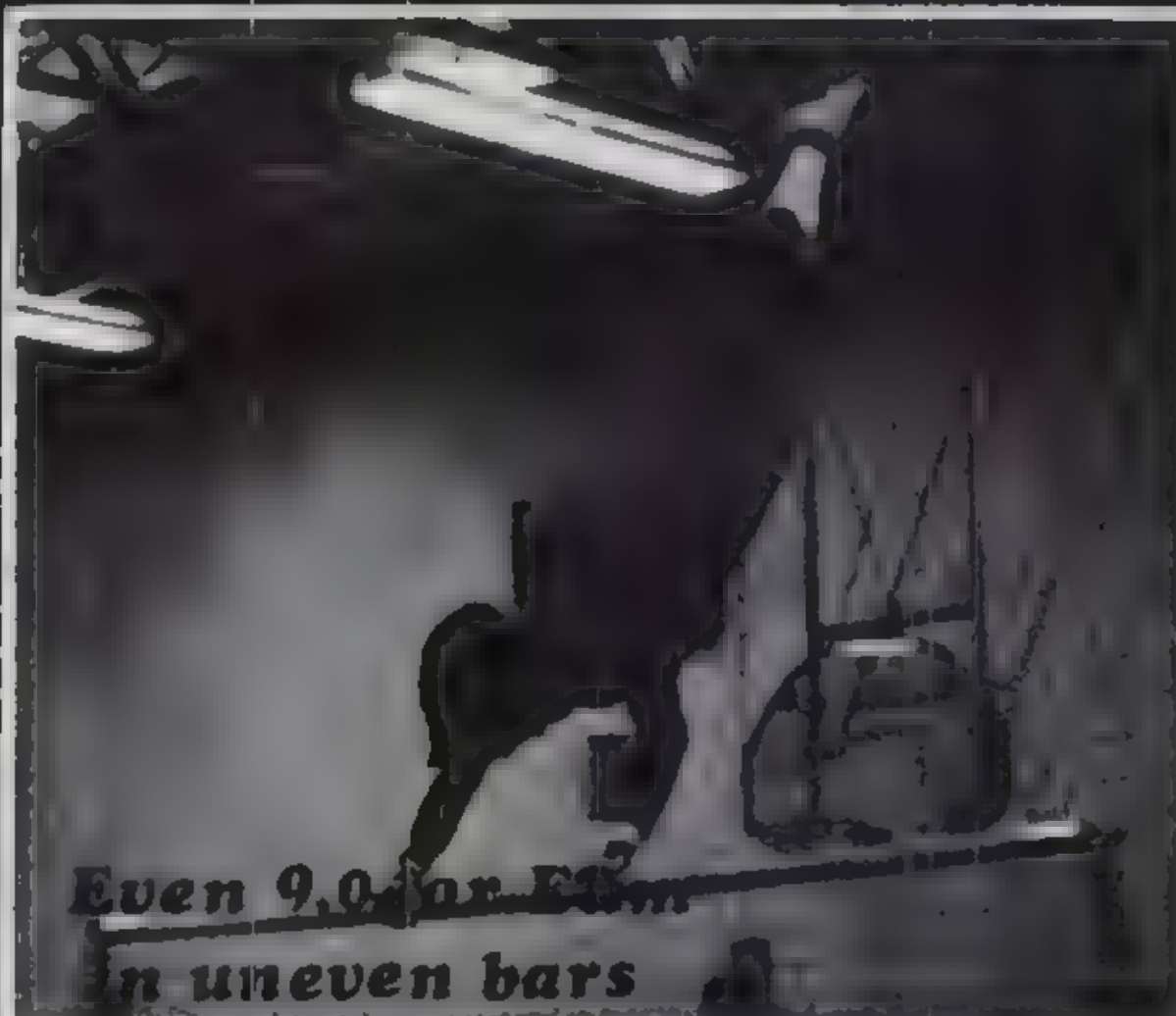


ples to

# Sports



**Race for the finish**



**Even 9.0 for Elm  
in uneven bars**

1. **Waddell** (Dodge) placed seventh in the state competition. She was the only Dodge athlete to compete in the state competition. Waddell was the only Dodge athlete to compete in the state competition. Waddell was the only Dodge athlete to compete in the state competition.



# Jays Hit State



## 30-10 season marks top in UHS history

"The 1978 baseball season was the most successful ever for an Urbandale team," said Coach Jerry Kindhart. The Hawks went to the state tournament for the first time in the school's history. In first round state baseball tournament action in Carlisle, the J-Hawks got off to an early lead but were tied by Carlisle later in the game. Darkness forced postponement of the game after nine innings. When action resumed the following night, the Jays fell on a tenth-inning homer. The final score was 4-5.

Several players received honors. Bob Duede was chosen all-state first team player by the Des Moines Register; while Scott Palmer and Brett Eklund were given honorable mention by the Iowa Daily Press Association. Palmer and Eklund were named to the first all-conference team along with Mark Cory. Second team selections included Scott Moore, Mike Law, and Scott Peterson.

The Jays carried victories over Council Bluffs-Abraham Lincoln, 9-5; Harlan, 4-0; the number one team in the state, Ankeny, 6-4, and Newton, 5-4.

Ten new individual school records and nine new individual records were set. The '78 J-Hawks took their second straight CIC championship. The final overall record for the season was 30-10.

1 Connecting two singles during the Council Bluffs Abraham Lincoln game in the Lewis Central Tournament, outfielder J. Breiten sets a 3-2 lead for the first inning. The J-Hawks finished 9-5.

2 During the Urbandale Invitational, pitcher S. Palmer goes the distance to lend the Jays a 5-4 victory over Newton.

3 Outfielder V. Wathen scores a run for the Jays against Roosevelt. The final score was 4-5.

4 Baseball Team. FRONT ROW-S. Palmer, S. Peterson, J. Breiten, J. Pattee, T. Kimm, B. Eklund. SECOND ROW Coach J. Kindhart, S. Waddell, P. Minderman, M. Kinsler, J. Williams, T. Steinmeyer, trainer D. Bicknese. BACK ROW K. Horinson, B. Duede, D. Howe, S. Moore, M. Cory, R. Cox, M. Law, V. Wathen.



# BASEBALL TALLY

LHS	9	Newton
LHS	4	D M Roosevelt
JHS	5	Newton
LHS	5	C B Thomas
		Jefferson
JH	4	Johnston
JH	4	nd ano a
JH	4	Marshalltown
JH	6	
JH	5	
JH	7	
JH	2	
JH	4	
JH	6	
JH	0	
JHS	2	
JH	8	
JH	1	
JH	1	
JH	2	
JH	4	
JH	2	
JH	2	
JH	10	
JH	2	
JH	2	
JH	3	
JH	4	
JH	9	
JH	6	
JH	2	
JH	6	
JH	4	



# The 'Super Season'

## SUMMER SOFTBALL SCOREBOARD

UHS	4	East	3
UHS	8	Mt. Ayr	3
UHS	11	Indianola	5
UHS	0	Ankeny	7
UHS	4	Adel	9
UHS	8	Waukee	4
UHS	6	East	2
UHS	5	Newton	6
UHS	0	Indianola	11
UHS	4	Ames	9
UHS	6	Waukee	4
UHS	10	Mt. Pleasant	0
		St. Marys	
UHS	2	Kimberly Parkers	6
UHS	9	Valley	2
UHS	12	Boone	5
UHS	9	Ankeny	6
UHS	2	Saydel	12
UHS	9	Waukee	5
UHS	15	Southeast Polk	0
UHS	19	South Tama	0
UHS	14	Southeast Polk	0
UHS	10	HLV	9
UHS	6	Ballard	0
UHS	4	Creston	6
UHS	4	Dowling	2
UHS	1	Elmwood	0
UHS	17	Granger	3
UHS	5	Hoover	1
UHS	5	Hoover	2

SECTIONALS 30  
DISTRICTS 30  
STATE

UHS	8	South Clay	4
UHS	3	Charles City	0
UHS	5	Senior Dubuque	0
UHS	3	Ankeny	6





## Girls capture second place State berth

"The 1978 summer softball season proved to be as exciting, surprising, and rewarding as any softball season in Urbandale history," Coach Gary Page commented.

After advancing to regional finals in October 1977, the Jayettes started the '78 summer season in rather shakey fashion and dropped seven of their first 17 games.

Important factors were not evident in season statistics. Each player took upon himself to strive for maximum performance at all times. Competition for positions brought the team together and achieved a winning attitude to reach their goals.

With a late season rush, the Jayettes claimed sectional and district tournament titles and finished as state runner-up to CIC opponent Ankeny. The season record ended at 30-9.

Players named to all-state tournament team included Lori Johnson, Kellie Boals, and Jody Jenison. Jenison was named most valuable player in the state tournament.

State honors were given to Jenison, 1st team all state; and Shelle Fulton, 5th team. Ellen Pringnitz and Charlene Bagbey finished their last season of play.

1 Jayettes display their second place trophy at the State Tournament

2 Summer Softball Team- FRONT ROW: Suzie Ryan, Vicky Miller, Ellen Pringnitz, Lori Johnson, Karen Anderson, Liz Harian. SECOND ROW: Becky Fortune, Ruth Rummans, Kim Thompson, Kristy VanVleet, Brenda Balcom, Stacy McNabb, Elaine Wahrer. BACK ROW: Head Coach Gary Page, Cindy Slump, Joni Marvin, Kellie Boals, Tammy Stevens, Shelle Fulton, Jody Jenison, Gwen Pelley, Asst. Coach Dick Cory.

3 Jody Jenison prepares to steal third in the semi-final round against Dubuque Senior.

4 The team prepares to take off for the State Tournament at Fort Dodge, July 31-August 4. FRONT ROW: S. McNabb, S. Fulton. BACK ROW: L. Johnson, V. Miller, K. Boals, K. Anderson, B. Fortune, C. Bagbey, and J. Jenison.



## Close bid for State tourney

Recording eighteen wins against five losses, the girls' fall softball team fell short in their bid for state tournament play. They lost to Norwalk in the district tournaments. Of the five losses, three came at the hands of state champion Ankeny.

Juniors Suzi Ryan and Becky Fortune shared pitching duties. Freshman Kim Thompson pitched a five-inning-no hitter in her pitching debut.

"New freshmen players made us all work hard to keep our positions from the summer team," said junior Kellie Boals. Lori Page (.391), Vicki Miller (.384), and Jody Jenison (.373) led hitting statistics. Page topped RBI stats with 22.

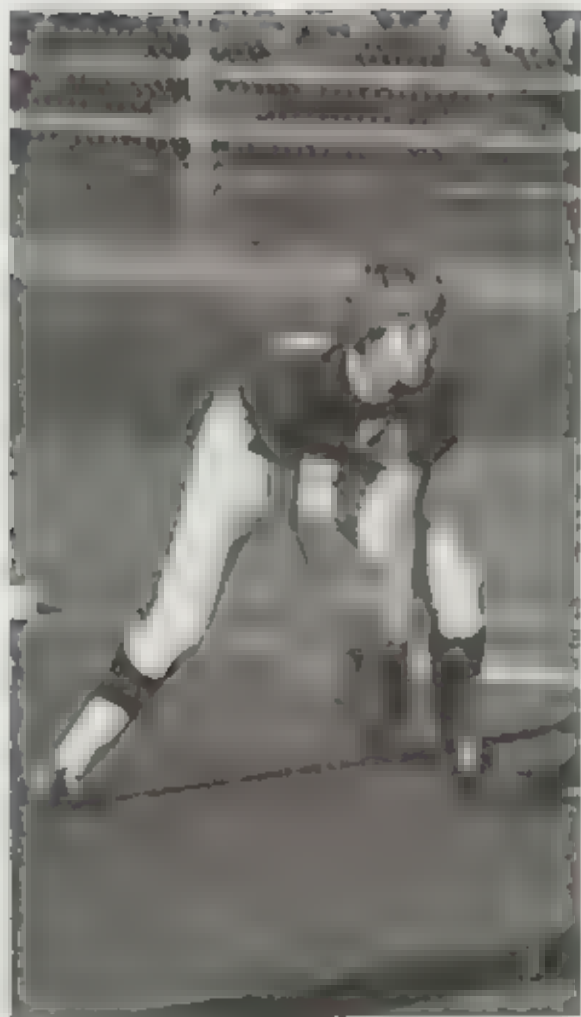
Junior Lori Johnson recorded 30 runs with Miller and Johnson each tallying thirteen stolen bases.

1 Waiting for the runner, first baseman S. Fulton prepares to receive the ball.  
2 Urbandale Jayettes fire up for the first game in sectionals. They stormed over Dallas Community 11-0.

3 J. Marvin smiles as her team rolls to another victory, 11-0, over Waukee.

4 Helping the Jayettes take sectionals over Saydel, 7-3, K. Boals bats a triple.

5 Fall Softball Team  
FRONT ROW: G. Oddy, B. Black, L. McGee, K. Miller, B. Witt, S. Hansen, J. Page  
SECOND ROW: D. Bauman, L. Johnson, V. Miller, L. Page, S. Wolfe, E. Wahrer, S. Ryan, K. Anderson  
THIRD ROW: Assistant coach D. Cory, T. Hart, S. McNabb, R. Rummans, J. Marvin, C. VanVleet, K. Prignitz, B. Fortune, P. Frandzen  
Coach G. Page  
BACK ROW: C. Langenberg, C. Slump, K. Larson, K. Boals, B. Wobken, S. Fulton, J. Jenison, T. Stevens, K. Thompson, K. Rypkema, S. Brooks





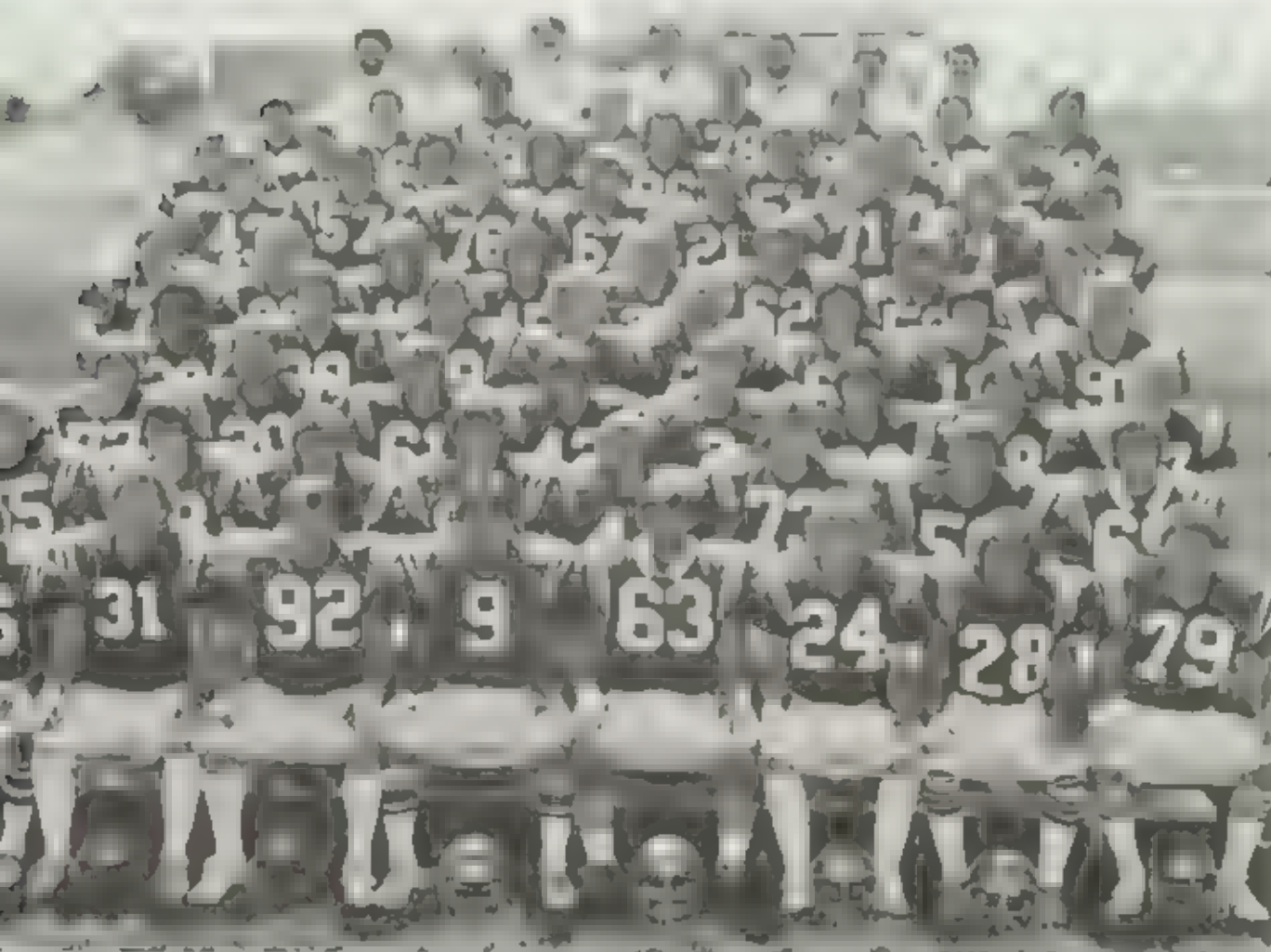
# Near Miss

## FALL SOFTBALL SUMMARY

[illegible]



- 1 Quarterback Mike Law calls signals to center Al Carver
- 2 Scott Fair scrambles for yardage against Grinnell
- 3 Varsity Team FRONT ROW-K Johnson, C Avaux, W Boehm, M Law, C Wederquist, T Richards, D Waddell, D Gunder 2ND ROW-J Cunningham, S Vermilya, D Lollman, M Coffman, R Jones, S Wearmouth, C Rogers D Irwin 3RD ROW-J Olson, E Larson, R Seward, M Cropp, D Wohlford D Harvey, A Sterrett, G Olson 4TH ROW S Fair, R Nelson, M Rhoads J Wilams M Kinser, D Lodermeier T Kimm, W Wilams 5TH ROW C Knee, B Freese, S Richards M Orr, J Goodman, J White 6TH ROW I Noel, M Filing, D Schoop, D Stewart, P Stolt, J. Cox, S Lyness, S Havens 7TH ROW D Gripenberg, S Wohlford, T Lane, J Pattee, J Beyer C Covey, G Freeman, P Minderman 8TH ROW S Young, B Toye, A Carver, B Sabin, D Allen, M Holloway, T Petersen, D Soth, BACK ROW Coaches J Stevens H Kimble T Wikie D Frerichs G Cameron R Scott D Bicknese
- 4 Anxious J-Hawk defense pursues Indianota
- 5 On to state — celebrating the victory over Ankeny, the Jays look ahead to the state playoffs



## Jays vie for title, dominate CIC stats

With the clock winding down, the roar of the crowd grew. At the final buzzer, the J-Hawks were on top of one of the biggest upsets of the season over Ankeny, the only undefeated 3-A school in the state. Both teams had had their seasons riding on this one. Rolling over the Hawks, 14-0; UHS grabbed a three-way CIC co-championship with Ankeny and South Tama and gained a state berth in tournament playoffs

Regular season ended in a 6-1 conference record. The only loss was against South Tama, the third game of the year. The Trojans managed to squeeze 20 points from the Jays, while they held UHS offense to 13 points. The final regular season tally was 8-1

For the fourth time in five years, the Jays qualified for state playoffs. They got no further than the first round, bowing to Harlan in a heartbreaker, 23-22. Successful passing proved to be the Cyclones' deadly weapon as the score seesawed between the two teams

Dominating the CIC in team stats, the J-Hawks led in both offensive and defensive scoring. Co-captains Mike Law and Craig Wederquist led the offense to an average of 35 points per game; while the defense, led by Eli Larson held opponents to less than 6 points per game

Eight players were named to all-conference first team. Offense included guard John Cunningham, end Wes Boehm, tackle Wederquist, quarterback Law, and back Rick Nelson. Named to the defensive unit were lineman Doug Allen, linebacker Larson, and back Tim Richards.

## JV improves season

Marked improvement was shown by the JV team as the season progressed. Two wins late in the season over previously undefeated Ankeny and Valley brought the overall record to 2-2-1



# Building For The Future



## Sophomores advance- 6-3 record

Compiling a 6-3 season's record, the sophomore football team improved their play. In the CIC conference, the J-Hawks were 5-2. They were leading scorers on offense and gave up the fewest points on defense. Head coach Rodger Scott and assistant coach Jerry Stephens headed the team.

Quarterback Ricky Stevens led the offensive unit. He threw for 94 yards and was the J-Hawks' leading scorer. Halfback Rod Klein was the leading rusher for the year.

Defense was led by Mike Hoy and co-captain Brian Fink with 58 and 60 tackles respectively.

## "Frosh show desire, hustle," says coach

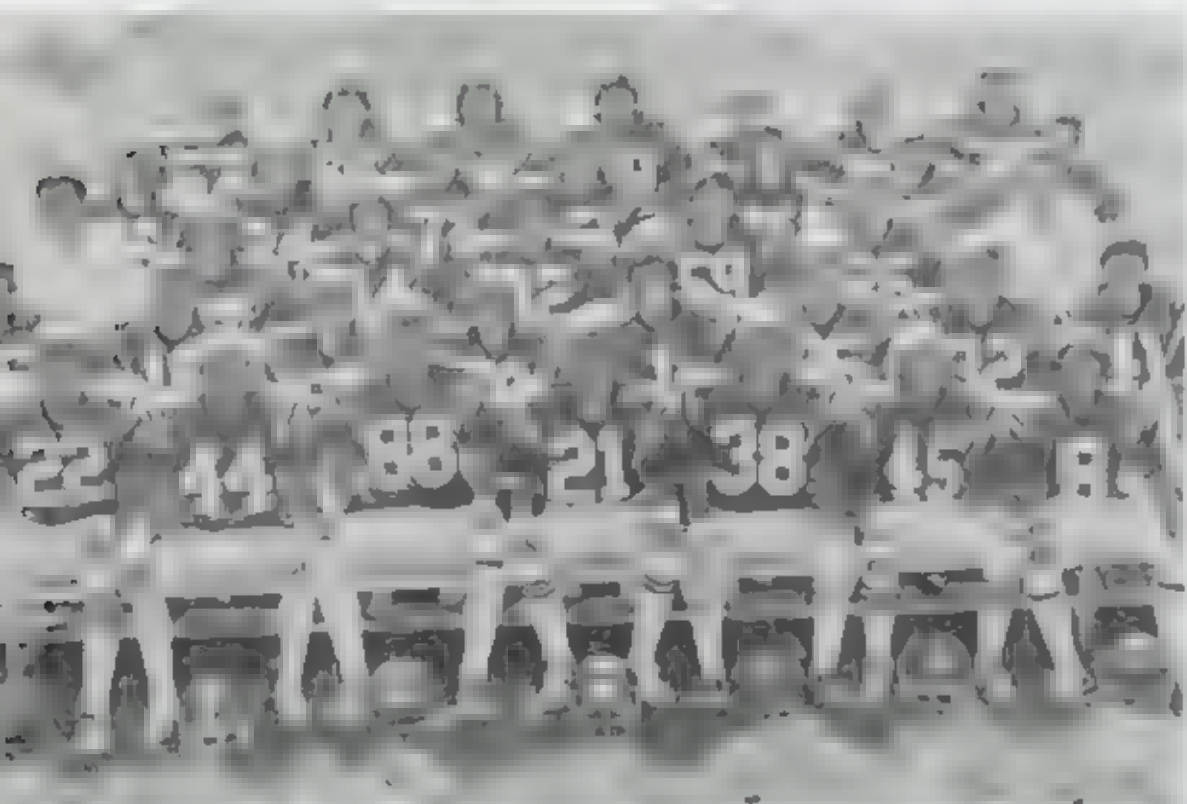
"Our team finished the season very strong with victories over an undefeated S.E. Polk team and fine Ankeny team. We showed good desire and hustle all year long," commented freshman football coach Steve Long.

Starting with a winning record, the team lost three games in the middle of the season. They came back to win their last two games over Ankeny and undefeated S E Polk.

The Freshman A Team finished the season with a 5-3 record while the B team held one game and lost three games. Leading scorers were Dan Kollmorgen with 30 pts. and Rudy Myers with 28 pts. Kreg Bardole and Tom Russell lead carries with 435 yds. and 275 yds. Completing 32 passes out of 58 trials, Kent Killian was the leading passer totaling 446 yds.







**1** Sophomore Football Team FRONT ROW R Bothwell, W Chapman, R Jones, M Pringle, J Scott, C Taylor, B Dvorak 2ND ROW-M Lillard B Korver, T. Woody, J Olson, D Hart, R Klein T Waddell 3RD ROW-A Hoogenakker, B Barghois, S. Smith, M Feldhacker, C. Toney, P Weiss, S Mathers 4TH ROW-D Dsney, J Holliday, D Chambers, L Huff, T Richards, J Stangl M Yaske, BACK ROW-Coach R Scott, T Parsons, B Fink, P. Stone, J Newberg, D DuBois, E Erickson, coach J Stevens

**2** Freshman Dan Kollmorgen readies for a kickoff The frosh ended their season with a 5-3 record

**3** Against the traditional rival Ankeny, Steve Olson fires up for play

**4** Craig Mann carries the ball during the Ankeny game. The last game of the season, the freshmen rolled over Ankeny 12-8

**5** Freshman Football Team FRONT ROW M Nicola, K Bardole, D Kollmorgen, R Richards R Hansen, B Turnquist, S Hammer 2ND ROW-M Caskey, T. Russell, E Johnson, K Killian, M Winslow, J. Dougherty, S Brush, M Roberts 3RD ROW-coach D Keller, M Madison, D Marsh, J Janssen, M Orr, T Roberts, coach S Long. 4TH ROW-C Mann, S Olson, P Schroeder, S Richman, G Fuqua, M Howell BACK ROW-K Johnson, D Harvey, J Gilkeson, T Parson, M Sorenson, R Bothwell, B Kraft

FRESHMAN FOOTBALL RECAP			
145	28	Hoover	14
145	26	D. Lister	6
145	12	Johnson	14
145	12	Ames	12
145	10	W. Lister	8
145	7	Boone	12
145	18	S. E. Polk	16
145	12	Arvey	8

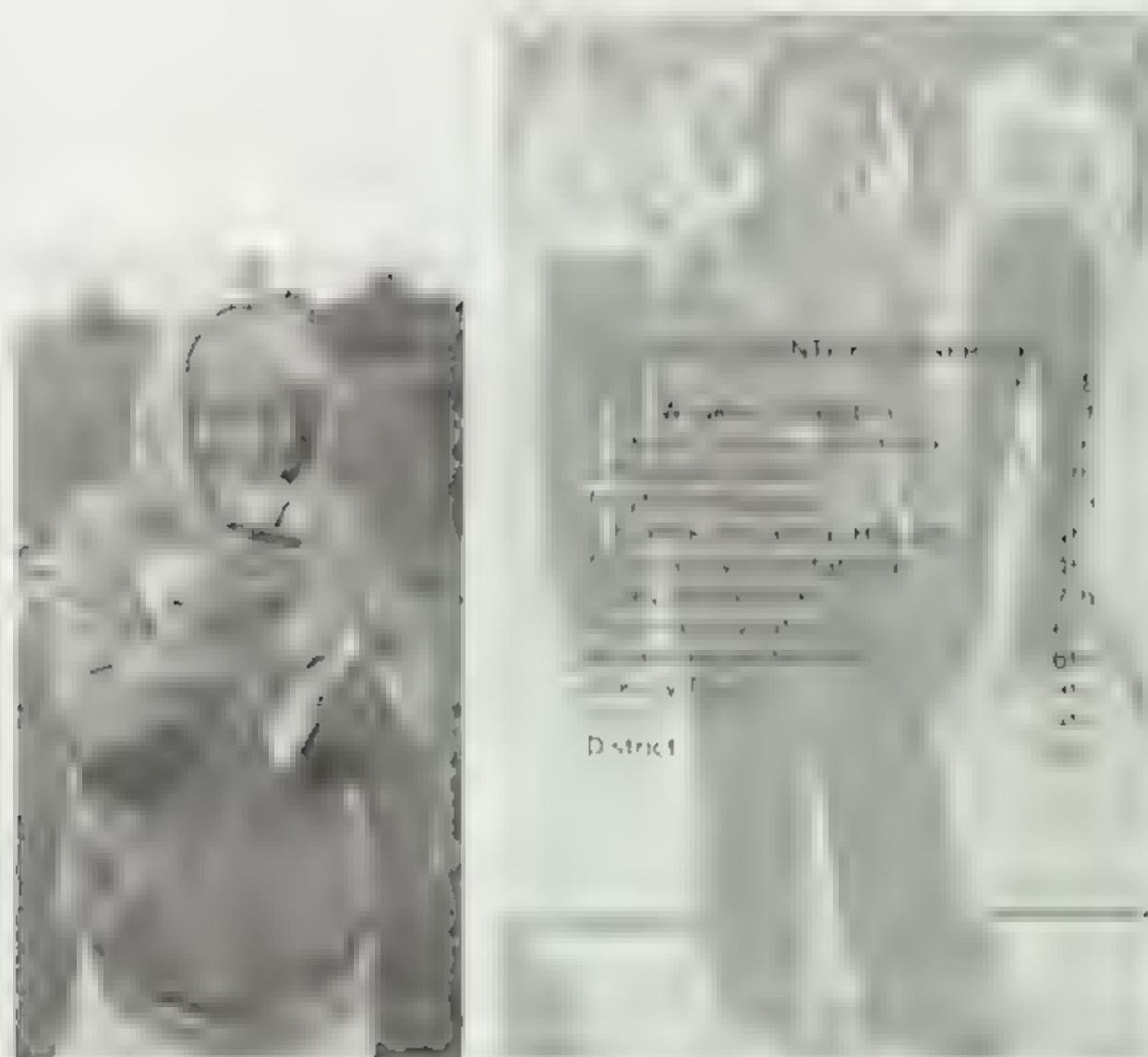
## Boys, girls share coach

"While there were disappointments, the 1978 boys' and girls' cross-country program was successful," said Gary Dou Brava, who has coached boys' cross country and this year combined his responsibilities by directing both teams. Dou Brava was pleased with the program, as the girls dashed to a 3-5 dual meet record and the boys finished with 6-1. In championship competition, both teams usually finished in the upper one-half of the meet.

Although they narrowly missed the qualifications for state, the girls' team captured a big win during the season as they advanced to a second place finish in the Maytag Invitational. Dou Brava felt the girls made quite a bit of improvement during the year. "Senior team members Barb Killeen and Lisa Chambers helped to unify the team as they cheered on their underclassmen teammates."

Highlighting the boys' season was their third -place rank in the Ankeny Invitational. Unfortunately, senior Mike Sievers, the boys' number one runner, was injured during the closing meets of the season. This prevented him from further competition and a likely state berth added Dou Brava. "The boys utilized the year as a building year, as most of the boys will be returning team members.

"The most important aspect of the season was the friendship and supportiveness that developed between the boys' and girls' squads. Each team learned much from the other, and was the better for being together," concluded Dou Brava.

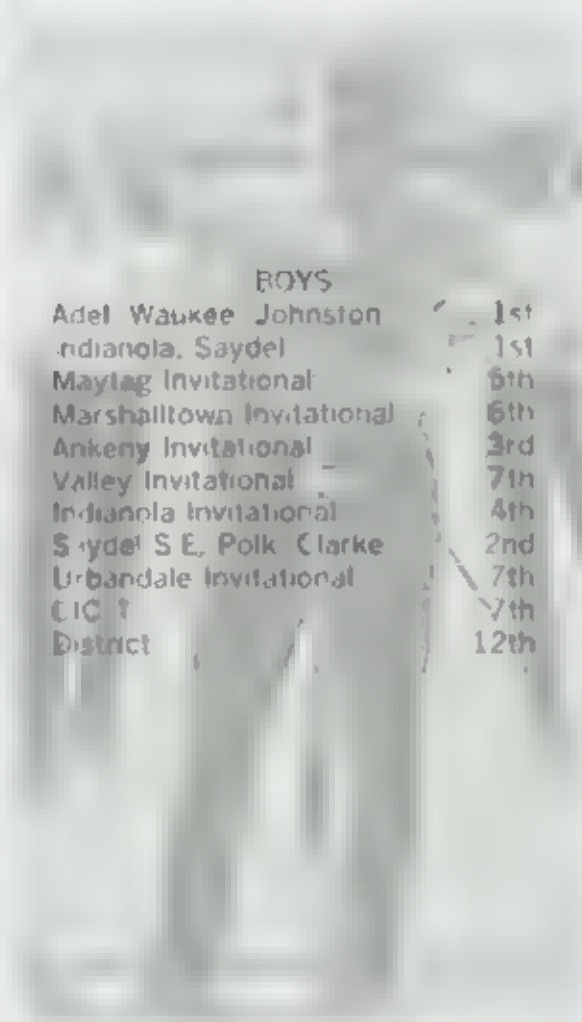


# ettin' It Together



**1** Fighting the cold at the Urbana Invitational on Oct. 10, freshman Carolyn Seiler munches an apple.  
**2** Girls' Cross-country Team. FRONT ROW: Coach G. DouBrava, D. Kolnes, J. Gibb, M. Carver, C. Seiler, L. Tremme. SECOND ROW: D. Killeen, S. Barnhizer, L. Chambers, B. Killeen, I. Keller.  
**3.** During a late season track meet, sophomore Laura Tremmel dashes past her teammate.

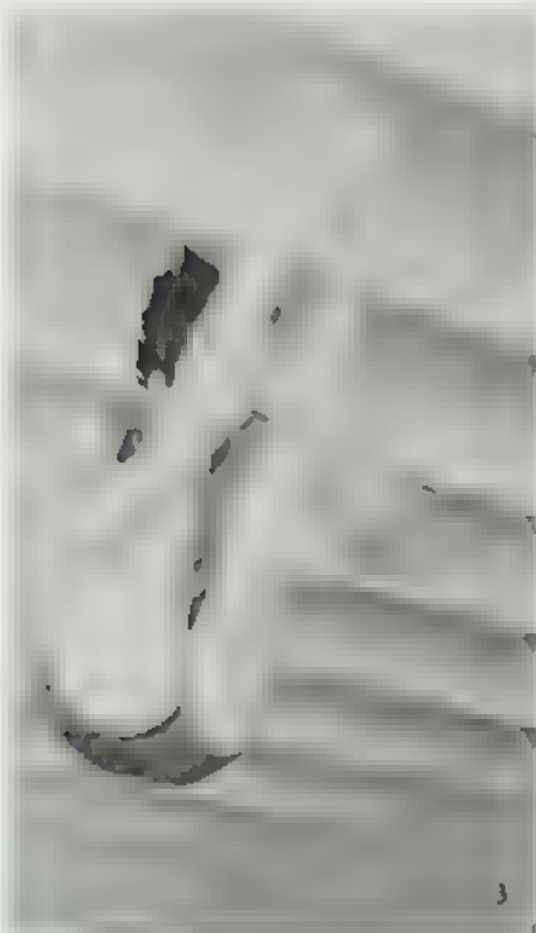
**4** Boys' Cross-country Team. FRONT ROW: F. Sullivan, B. Holsten, D. Springer, C. Dankert, J. Lodermeier, D. Kroner. SECOND ROW: J. Carey, P. Tosten, B. Richman, M. Rattray, J. Breiten, M. Casabar, M. Van Treeck, J. Warden, G. Petersen. THIRD ROW: D. Erickson, T. Smith, M. Kelley, G. Seiler, J. Murphy, J. Kane, B. McClintock, C. Hokanson, M. Sievers, Coach G. DouBrava.



BOYS	
Adel Waukee Johnston	1st
Indianola, Saydel	1st
Maytag Invitational	5th
Marshalltown Invitational	6th
Ankeny Invitational	3rd
Valley Invitational	7th
Indianola Invitational	4th
Saydel S.E. Polk Clarke	2nd
Urbandale Invitational	7th
CIC 1	7th
District	12th



1. Practicing racing dives, the boys relay team stretches off the boards  
 2. With a moment of concentration, Lisa Pack prepares for final round diving at the Urbandale Invitational  
 3. Junior Brad Smith tucks for a forward pike  
 4. Gail Meinert pours it on in the last stretch of the 100 yd butterfly  
 5. Boys' Swimming Team  
 FRONT ROW D. Jones, M. Kline, T. Russell, T. Johnson, S. Smith  
 SECOND ROW J. Koupal, R. Hahn, M. Kelly, B. Smith, B. Kline, J. Mathers  
 BACK ROW J. Hurkett, J. James, S. Foster, L. Greene, J. Jansen, G. Majetich, J. Dougherty  
 6. Girls' Swimming Team  
 FRONT ROW-J. Nolin, P. Patten, C. Lindstrom, S. James, J. Gray, G. Meinert  
 SECOND ROW-L. Mulder, T. Christensen, P. Mulder, S. Drummond, M. Gray  
 BACK ROW-L. Pack, D. Stout, L. Downard  
 Diving Coach Dave Rombert, Swimming Coach K. Smit, S. Myers, M. Proctor, S. Feitler, Managers D. Jones and J. James



## Girls advance 2 to state meet

In their second year of competition, the girls' swim team showed great improvement by placing 5th in district action. "This was the highest point in our season," said junior Pam Mulder. The tanksters showed they were ready for the season by handling Boone with six individual victories in their opener. First place finishers included Gale Meinert, individual medley; Teri Christensen, 100 free style and Jane Nolin, 500 free style

The Jayettes were slowed up a 116-56 loss to Hoover, but came back later in the season with a 113-55 victory over the Huskies

The J-Hawks advanced two state qualifiers to the state meet. Teri Christensen placed seventh in the 100 breaststroke and Gale Meinert placed 15th in the 100 free style

## Boys gain CIC third spot

The boys' swim team captured third place at the CIC tank meet at S E. Polk. Mark Kline rallied for two second place finishes in the 100 butterfly and the 400 freestyle relay team. Third place finishes included Jeff Mohr in both the 200 freestyle and 100 freestyle, Tom Russell in the 200 individual medley, Brad Smith in diving and Kline in the 100 breaststroke

In district competition, UHS closed ahead of North for next to last place. During the second year of existence, the J-Hawk tankers improved their standing. "We're very proud of them for doing so well," said Pam Patten, manager of the team.

The team picked up their two victories of the season against North and Grinnell

# Practice Makes Perfect



# Star Wars: UHS vs East



## BASKETBALL RECAP VARSITY TEAM

UHS	74	Valley	41
UHS	6	Ankeny	4
UHS	88	South Tama	3
UHS	11	Boone	
UHS	72	Grinnell	18
UHS	65	Hoover	1
UHS	6	Saydel	
UHS	64	Indianola	5
UHS	8	Dallas Community	11
UHS	86	Dowling	
UHS	87	Southeast Polk	
UHS	84	Dowling	59
UHS	61	South Tama	59
UHS	0	Ankeny	64
UHS	64	Indianola	58
UHS	102	Hoover	56
UHS	77	Southeast Polk	65
UHS	75	Grinnell	51
UHS	83	Saydel	46
UHS	12	New Lee	63

## SECTIONALS

UHS	67	Tech	75
UHS	6	Hoover	55
UHS	67	East	55

## DISTRICTS

UHS	71	Carlisle	6
UHS	69	Norwalk	65
UHS	42	East	5

Central Iowa Conference 14-0  
Urbandale Invitational Holiday Tournament  
Champions







## Bardole named 3rd All-State team

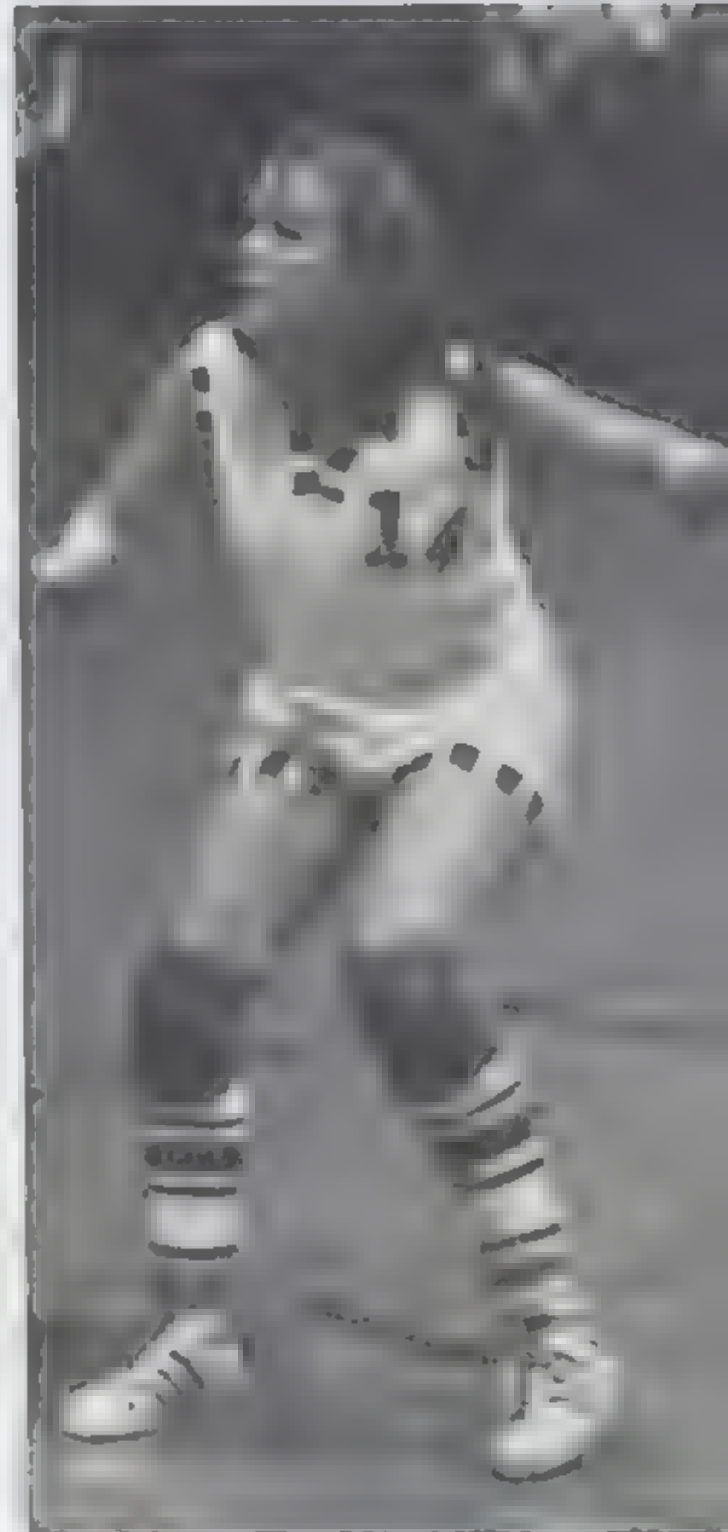
Taking the CIC crown for the first time in UHS history, the Jayettes had an undefeated conference record 14-0. They finished the season 27-3 overall, the three losses coming at the hands of Hoover and two to the state champs Des Moines East.

Urbandale met East first in sectional finals. Having won 16 games in a row, East sidetraced the Jayettes 67-86. The two rivals met again in district finals. The Scarlets were handed one of the closest games of their season. Down only six points at the half, the final score closed at 42-58, the lowest score of their total season. "Two of the three games we lost were against the state champs," said coach Gary Page, "we should keep this in mind when evaluating the team."

Guard Shelley Bardole and forward Karen Ward were named to the first All-CIC Team and to the first and second All Area Team (respectively), by the Des Moines Tribune. Bardole was also placed on the third All-State Team by the Iowa Girls' Athletic Union.

Shelle Fulton and JoEllen Hoobin were chosen for the second All-CIC Team and Jody Jenison was an unanimous choice for the third team. Becky Fortune and Joan Richman were awarded honorable mention.

- 1 Junior Karen Anderson and senior Joan Richman cover a Valley opponent
- Season successes started with the first game as UHS trounced Valley 74-41
- 2 Against Saydel, senior Jody Jenison taps a jump ball. Jenison led scoring with 25 points in the game
- 3 Senior Shelley Bardole, guard, blocks a Saydel player. Bardole had the highest rebounding tally in the CIC
- 4 Top scorer for the season, junior Karen Ward leads the Jayettes to a final score of 102-56 against Boone
- 5 During district play, Joan Richman aids in a victory against Norwalk. The final score was 69-66



# Fast Break



## Girls Basketball Record Sophomore and Junior

UHS	71	Valley W(M)	24
UHS	76	Arkney	25
UHS	61	South Tama	24
UHS	75	Adel	48
UHS	46	Home	40
UHS	53	Valley W(M)	43
UHS	64	Grimes	48
UHS	88	Home	52
UHS	80	Dallas Community	62
UHS	76	Hayden	25
UHS	51	Imperial	16
UHS	75	Midtown	65
UHS	58	Valley W(M)	3
UHS	77	Lowry	54
UHS	86	Imperial	17
UHS	61	Central Park	43
UHS	69	Lowry	51
UHS	67	Arkney	61
UHS	54	South Tama	49
UHS	94	Arkney	82
UHS	67	Imperial	3
UHS	48	Waverly	46
UHS	63	Home	49
UHS	53	Central Park	49
UHS	74	Grimes	13
UHS	80	Hayden	48
UHS	74	Newton	54

## SOPHOMORE RESERVE

UHS	30	Adel	41
UHS	30	Valley	28
UHS	58	Dallas Community	29
UHS	44	Dowling	39



## JV and sophs have undefeated season

Undefeated for the year, the junior varsity and sophomore team finished their season 27-0. Scoring was impressive as the girls won each game with an average of over 20 points.

"Good team work was the clue for this year's success," said coach Rich Dixon about the team. Junior Kathy Law led scoring, averaging 29.4 points per game. Leading rebounders were Missy Carver and Kristi VanVleet with a total of 98 and 82 respectively.

Five forwards averaged over 10 points per game: Kathy Law, Joni Marvin, Tammy Stevens, Staci McNabb and Gwen Pelley.

The sophomore reserve team also had a good season with three victories out of four games. "The girls played in different combinations and the results were positive all the time," said coach Gary Page

1 During a sophomore reserve game, Kathy Hillyard, a leading scorer, shoots to aid a UHS victory over Valley 30-28  
2 Junior Stacie McNabb scores a free point for the Jayettes. She averaged 70% from the line

3 Becky Fortune moves to rebound against Saydel. Fortune held a rebounding average of 2.4 per game  
4 Junior Varsity and Sophomore Team  
FRONT ROW- K. Ward, J. Richman, J. Jenison, C. Bowlin, J. Hoobin, S. Fulton, K. Law, B. Scott, L. White, S. Bardole SECOND ROW-L. Chambers, S. McNabb, K. VanVleet, G. Pelley, K. Thompson, M. Carver, T. Stevens, C. Slump, S. Bergamo, B. Fortune, K. Anderson. THIRD ROW-manager J. Robbins, manager S. Wegner, P. Gubuan, P. Babcock, J. Marvin, R. Rummans, C. Stanley, L. Hanian, K. Hillyard, manager J. Kripal FOURTH ROW-coach Gary Page, coach Rich Dixon







## 'Close Encounters' Mark Season



Varsity Basketball Recap			
UHS	55	Ankeny	75
UHS	70	Valley	68
UHS	53	Boone	43
UHS	72	Grinnell	68
UHS	89	Saydel	45
UHS	55	Indianola	58
UHS	72	S E Polk	52
UHS	67	South Tama	62
UHS	61	Ankeny	66
UHS	72	Lincoln	78
UHS	64	Boone	54
UHS	81	Grinnell	68
UHS	52	Saydel	44
UHS	40	Indianola	42
UHS	72	S E Polk	70
UHS	75	Newton	64
UHS	61	South Tama	65





## Brand 'positive' about season

Commenting on the season's record of 11-9, Coach Dennis Brand said that he "felt positive" about this year's season. However, he felt that the team could have won some of the games against Indianola and Ottumwa.

Very close games were played against Grinnell, Lincoln and Newton. Although losing to Lincoln 72-78, the game was a hard fought battle. In the Newton game each player did his part; the team "clicked" and won 75-64. The two Grinnell games were victories, 72-68 and 81-68.

The team took second place in the CIC conference. Junior Doug Lollman was named to the first All-CIC team. The center remarked, "I think it is a privilege and an honorable award." High scorer for the team, Lollman averaged 18 points per game and six rebounds. Other high statistic averagers included Mike Law, field goals; Craig Zimmerman, free throws; and Kirk VanVleet, rebounds.

1 Kirk VanVleet defends

2 Varsity Basketball Team: FRONT ROW

D. Shapiro, M. Law, D. Lollman, B. Smith

K. VanVleet, D. Allen, R. Sutton, C.

Zimmerman. SECOND ROW - K. Kramer, B.

Willem, T. Steinmeyer, E. Dick, B. Knutz, C.

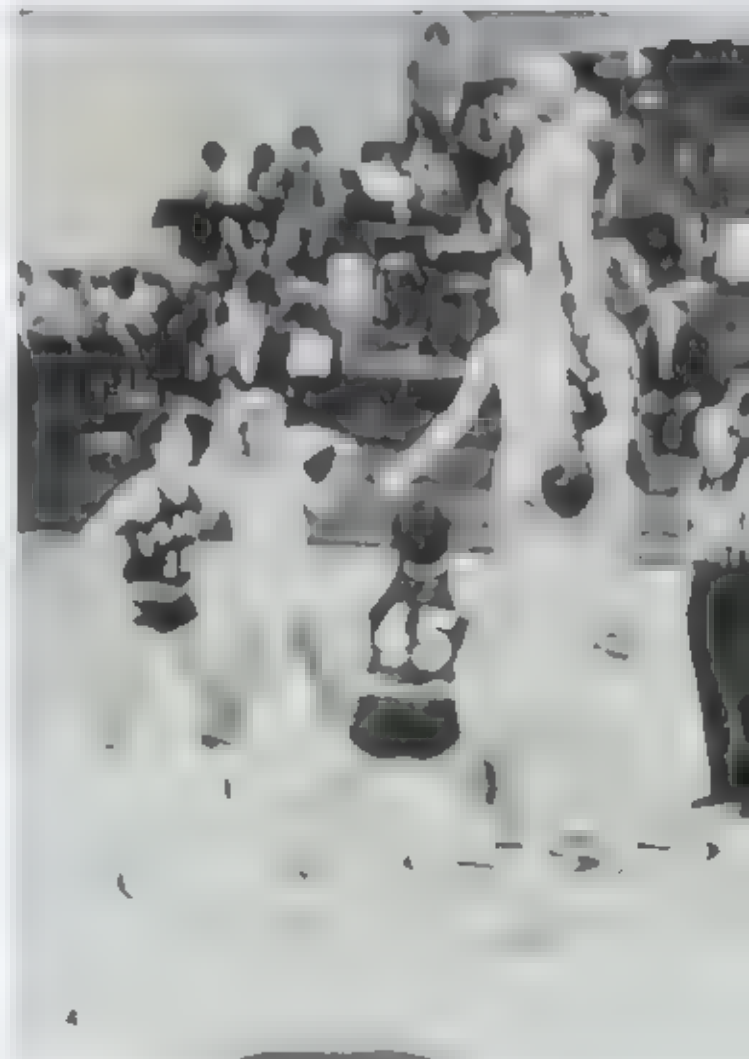
Hokanson, G. Byrnes, D. Lollman, T.

Morgan, T. Kimm

3 Doug Lollman goes up for a basket

Lollman was named to the first team CIC

4 Varsity J-Hawks go into action as Barry Smith stretches for the ball



# Spirited Season



FRESHMAN		
87	Arkey	10
88	Syde	1
89	Arkey	1
90	Falk	1
91	Syde	2
92	Arkey	1
93	Arkey	1
94	Arkey	1
95	Arkey	1
96	Arkey	1
97	Arkey	1
98	Arkey	1
99	Arkey	1
100	Arkey	1

FRESHMAN		
88	Arkey	10
89	Arkey	1
90	Arkey	1
91	Arkey	1
92	Arkey	1
93	Arkey	1
94	Arkey	1
95	Arkey	1
96	Arkey	1
97	Arkey	1
98	Arkey	1
99	Arkey	1
100	Arkey	1







### **'Chance to play most important,' says coach Palmer**

"Everybody gets a chance to play when playing on the Junior Varsity Team," said coach Gayle Palmer. He also felt this was more important than winning or losing.

The Junior Varsity Team had a thirteen game schedule but due to bad weather, four were cancelled. Their "spirited season" led to five wins over four losses.

Coach Palmer commented that he could see good improvement in the play of many of the players during the season.

- 1 Doug Lollman takes a free throw for the J-Hawks
- 2 Craig Zimmerman and Todd Kimm follow the ball
- 3 Troy Richards and Joe Palmer defend
- 4 Coach Dennis Barnd calls time for strategy



# Seven To State



## Injuries plague team; 7-4-0 season record

Finishing the season with a 6-1-0 conference record, the varsity wrestlers took second in the CIC. Though injuries hampered the varsity line-up, their over-all record was 7-4-0.

Tournament action carried the grapplers to second place in districts. Seven were advanced to the state tournament where the team finished eighth with a total of 40½ points.

Senior Drew Waddell grabbed second at 138. Participating in the state meet for the third year in his high school career, Waddell faced No. 1 rated Danny Waid of Crestwood in the finals. Waid scored a late reversal to edge Waddell 6-4.

Junior Jim Goodman at 145 and senior Wes Boehm at 185 both finished fifth for the J-Hawks. Others wrestling at state were Murray Rattray, Jerry Towers, Rick Nelson, and Al Carver.

At the last conference tournament, the Jays were wrestling Ankeny for the Dual Meet Championship. A disqualification threw the meet into a tie. The championship rested on the last match of the meet. Heavyweight Al Carver won the title for UHS.

The team finished second in the S. E. Polk Invitational and fourth in their own Invitational. The team was coached by Dan Keller and assisted by Wade Winters.

1 At the state tournament, Drew Waddell (138) takes second place.

2 Varsity Wrestling Team. FRONT ROW: Coach D. Keller, D. Waddell, B. Boyce, R. Nelson, W. Boehm, G. Olson, coach W. Winters. SECOND ROW: B. Newcomb, M. Rattray, D. Winger, T. Smith, M. Rhoads, B. Johnson. BACK ROW: J. Towers, M. Orr, J. Goodman, M. Filling, A. Carver, T. Peterson, D. Dietch.

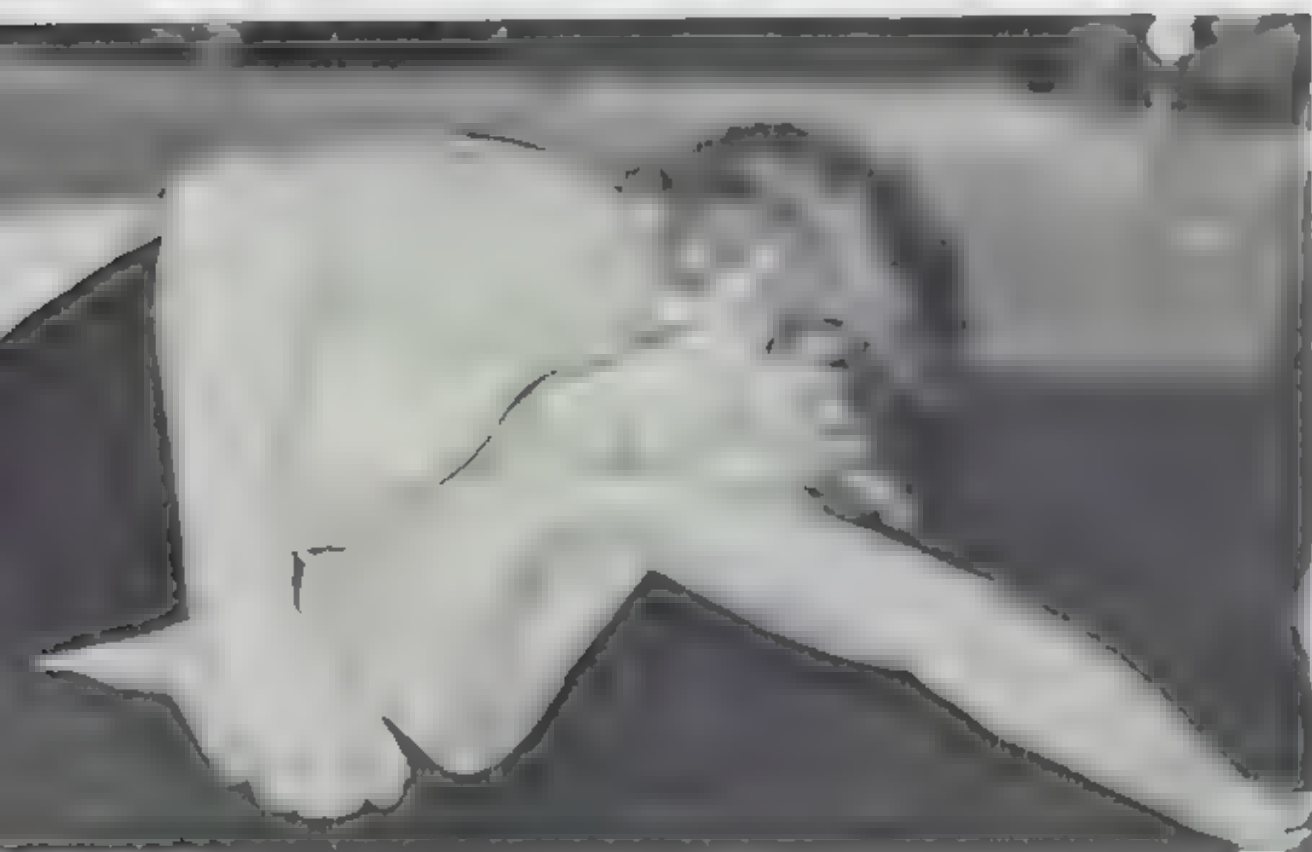
3 At the S.E. Polk Tournament, sophomore Denny Winger tries to keep his balance.

4 Jerry Towers waits for the referee's signal to start his match at the Ankeny meet.

5 Rick Nelson moves against his S.E. Polk opponent.

6 Top of control, senior Doug Winger (112) muscles his man.

7 Advancing to district action, Murray Rattray (98) raises his hand in victory.





## Bright season for JV; 14 aid varsity squad

Led by Coach Wade Winters, JV wrestlers scrambled to a 8-3-1 season record, despite the promotion of key JV men to the injury-plagued varsity squad. Fourteen JV grapplers were moved up to the varsity team.

Outstanding on the squad were Lee Huff (heavyweight), Brad Richman (98), and Greg Shives (126). Huff's 78 total team points were tops, while Richman and Shives earned top over-all records of 14-3-0 and 13-3-0 respectively.



## Bothwell, Howell lead frosh team

Freshmen wrestlers were coached by Mitch Meyers and Gary DouBrava to a 1-6 season record with 4 incompletes due to injuries and sickness. Bright spots in freshmen competition were Russ Bothwell (105) who compiled a 4-0-0 record before being promoted to the varsity squad, and Marty Howell (112) who led the team with 53 total points and 15-3-0 record.

The freshman-sophomore team won the Creston Invitational with four champions and three second place winners.



1 Varsity wrestler Jim Goodman (145) holds his Ankeny opponent

2 JV Wrestling Squad FRONT ROW-J Maxwell, J. Carey, D. Winger, J. Braiten SECOND ROW C. Taylor, J. Olson, G. Shives, B. Richman, F. Sullivan, M. Feidhacker BACK ROW-Coach D. Keller, B. Korver, T. Waddell, L. Huff, M. Casabar coach W. Winters

3 Russ Bothwell strains for a fall in an Ankeny meet

4 At the Urbandale Invitational, sophomore Todd Waddell competes at 145

5 Freshmen Wrestling Squad FRONT ROW-D. Marsh, R. Boyce, S. Royal, G. Newcomb SECOND ROW-M. Howell, T. Roberts, B. Kraft, R. Bothwell BACK ROW-Coach M. Myers, K. Johnson, T. Parsons, D. Bertemes, E. Johnson, coach G. DouBrava

# Matmen Proud



# Runnin' On The Move



## Jayettes advance two events to State

Getting off to a slow start, the Jayette track team directed their goals toward the end of the season. They placed fourth in the CIC, second in the Urbandale Invitational behind state champs Indianola, and ran their best times of the season at the Marshalltown Invitational.

Outstanding performances of the year came from the distance medley team of S. Sabin, B. Wobken, L. Page and M. Carver. The mile relay team of Carver, L. Tremmel, Sabin, and Wobken placed high throughout the season.

Lori Page held the best time in the hurdles with a 16 3; Barb Killeen and Iva Keller stood out in the 15,000 meter run. The two-mile relay team of Tremmel, D. Kolnes, Killeen, and Sabin advanced to the state meet. For the second year, senior Jody Jenison placed second in the discus throw in state competition.

**1** Girls' track team FRONT ROW T McNabb, D. Kolnes, B. Black, S. Hansen, L. Page, B. Wobken, D. Killeen, N. Harrison, M. Simms, P. Allsted. SECOND ROW-L Tremmel, L. Prossmer, I. Keller, L. White, M. Carver, T. Stevens, M. Kuble, G. Varian, C. McIntire, S. Wegner. THIRD ROW-Coach D. Brand, coach J. Kindhart, S. Sabin, L. Chambers, J. Jenison, L. Dvorak, B. Killeen, coach T. Juelsgaard

**2** At the Valley Relays, Beth Wobken runs in the mile relay

**3** Shawn Sabin keeps her pace in the 400 meters

**4** Freshman Debbie Kolnes lengthens her stride to pass an East runner

## Second, sixth place finish at State

Six J-Hawk track team members qualified for the state meet. Placing third in districts and second at the Pella Relays, the team ended the season with a 2-0 dual meet record and fifth in the CIC.

Qualifiers for state were D. Gunder and D. Allen, discus; S. West, long jump; M. Sievers, 800 meter run; C. Zimmerman, high jump; and W. Boehm, 400 meter run. Zimmerman tied for sixth and Boehm broke his previous record in the 400 meters with a 49.0 to place second.

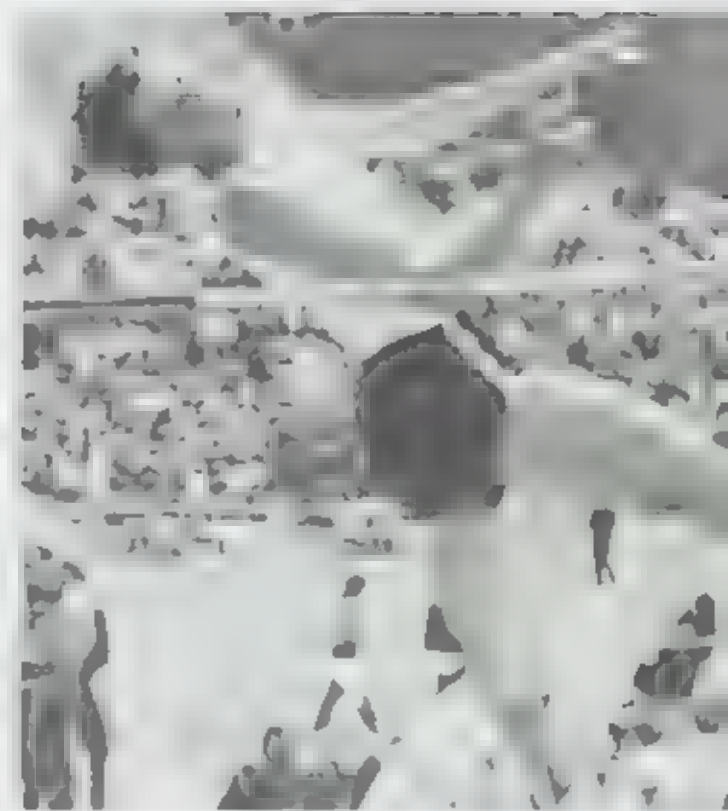
In district competition, Gunder placed first in the discus with a throw of 154'11" and Allen placed second. Sievers and Boehm each placed second in their events and Zimmerman placed first. In a previous meet he broke the school record with a jump of 6'7".

Standout performances also included the medley relay team of M. Law, R. Kline, W. Boehm, and S. West, who qualified to the Drake Relays. The sophomore mile relay team of R. Kline, J. Newberg, B. Fink, and C. Taylor remained undefeated through the season.

1 At the state meet, Wes Boehm pours on the speed to place second in the 400 meter run

2 Qualifying for the Drake Relays, Craig Zimmerman clears 6'4" in the high jump

3 Senior Doug Gunder places first in districts with a throw of 154'11" in the discus





## Gymnasts finish 4-5 dual meet record

Rated 17th in state, the 1978-79 gymnastics team, consisting of 16 members, had a 4-5 dual meet record overall. "The team had the potential to really have a good season, but injury and sickness held us back," said senior Kris Ehm.

Top scorers for the team in all-around averages were Kris Ehm with 32.47, Wendy Bland 27.10, Connie Willis 21.87, and Kim Lundberg 20.38.

In individual events, Shannon Loeffelholz maintained a 6.22 average on the uneven parallel bars and Melanie Caskey held a 6.53 average on the vault.

Ehm advanced to the state meet and received an outstanding 9.0 on the uneven parallel bars to take the state title. She also captured 7th in all-around state competition.

**1** Seniors Shannon Loeffelholz and Kris Ehm relax after a meet.

**2** Strong all-around competitor Wendy Bland, freshman, throws a hand spring vault during the Roosevelt meet.

**3** State champion Kris Ehm holds on to the beam at the Hoover meet.

**4** Girls' Gymnastics Team. FRONT ROW M. Snyder, D. Wolfe, W. Bland, L. Stevens, K. Kurt, T. Anderson. BACK ROW M. Caskey, R. Hancock, S. Loeffelholz, K. Lundberg, K. Ehm, C. Willis, C. Stonecipher, K. Hanson, R. Briggs, M. Smith. NOT PICTURED—Coach Cheri Juelsgaard and assistant coach Sandy Sears.

**5** Executing her routine, junior Connie Willis pauses on the balance beam.

### GIRLS' GYMNASTICS SCORES

JHS	126.40	Fowler	137.00
JHS	136.1	Angary	140.00
JHS	114.83	Jefferson	89.2
JHS	131.40	Roosevelt	148.2
JHS	126.10	Newton	2.4.5
JHS	131.40	Hoover	143.80
JHS	127.80	Hoover	143.80
JHS	43.30	Hoover	143.80
JHS	117.87	Caskey	142.2





## **Ehm Captures State Title**



## Teed Up



## Runner-up at State

With the best finish in the history of the UHS team, the 1979 Girls' Golf Team finished second at state. After winning the sectional tournament by 59 strokes and winning the district by 29 strokes, the Jayettes advanced to the state tournament for the fourth time in five years.

Following the first round action, the linksters Kris Ehm, Sue Bjork, Teri Christensen, Patty Mitchell, and Mary Schmidt led the tourney by one stroke over three-time defending champion West Des Moines Valley. After the second round concluding the meet, Urbandale placed second behind Valley, and 29 strokes in front of the third place team. Co-captain Kris Ehm tied for fourth in the individual division with 18 hole bounds of 82 and 88.

The swingers won two major titles during the regular season, their own Invitational and the Knoxville Invitational where co-captain Sue Bjork captured Medalist honors with a 42. The girls also finished a close second to Grinnell in the CIC tournament.

Winning their own Invitation, the Boys' Golf Team topped eight other schools. Tim Morgan was medalist in the event. Brian Freese and Kent Kramer tied for runner-up medalist. The team finished second in the CIC against tough competition.

Junior Brian Freese concentrates on a par putt on number 9.

Varsity Team: T. Morgan, K. Kramer, B. Freese, J. Brown, and J. Palmer.

Practicing his chip shot on the practice green is junior Kent Kramer.

Senior Tim Morgan watches his drive off the first tee.

Boys' Golf Team FRONT ROW D. Drake, R. Andrew, M. Byrnes, B. Bagley, E. Johnson, J. Barnes, T. Stenseth, C. Ferguson. BACK ROW-M. Nicola, T. Morgan, K. Kramer, B. Freese, B. Willem, J. Brown, P. Sheppard, P. Schroeder, Coach Peppmeier.

Girls' Golf Team FRONT ROW M. Schmidt, P. Mitchell, K. Pringnitz, L. Maley, A. Ventling. BACK ROW-T. Christensen, S. Bjork, K. Ehm, C. Willis, K. Boeringsfeld, V. Elifritz, Coach Nicola. NOT PICTURED-L. Willem.

Graduating seniors: K. Ehm, S. Bjork, K. Boeringsfeld, A. Ventling.

Varsity Team FRONT ROW-T. Christensen, C. Willis, K. Ehm. BACK ROW Coach Nicola, P. Mitchell, S. Bjork, M. Schmidt.

The Jayettes are funner-up champions at the state tournament.





# People

at UHS

## Freshman year 'wild and crazy'

Kind of "wild and crazy" was a good description of how the freshmen felt during their first semester of high school. Wild, because they were freed from the bondages of junior high and vulnerable to new experiences. Crazy, because as Pete Motovec described it, "I couldn't find the algebra room." All settled into place second semester and the frosh began to feel that they were part of the UHS community.

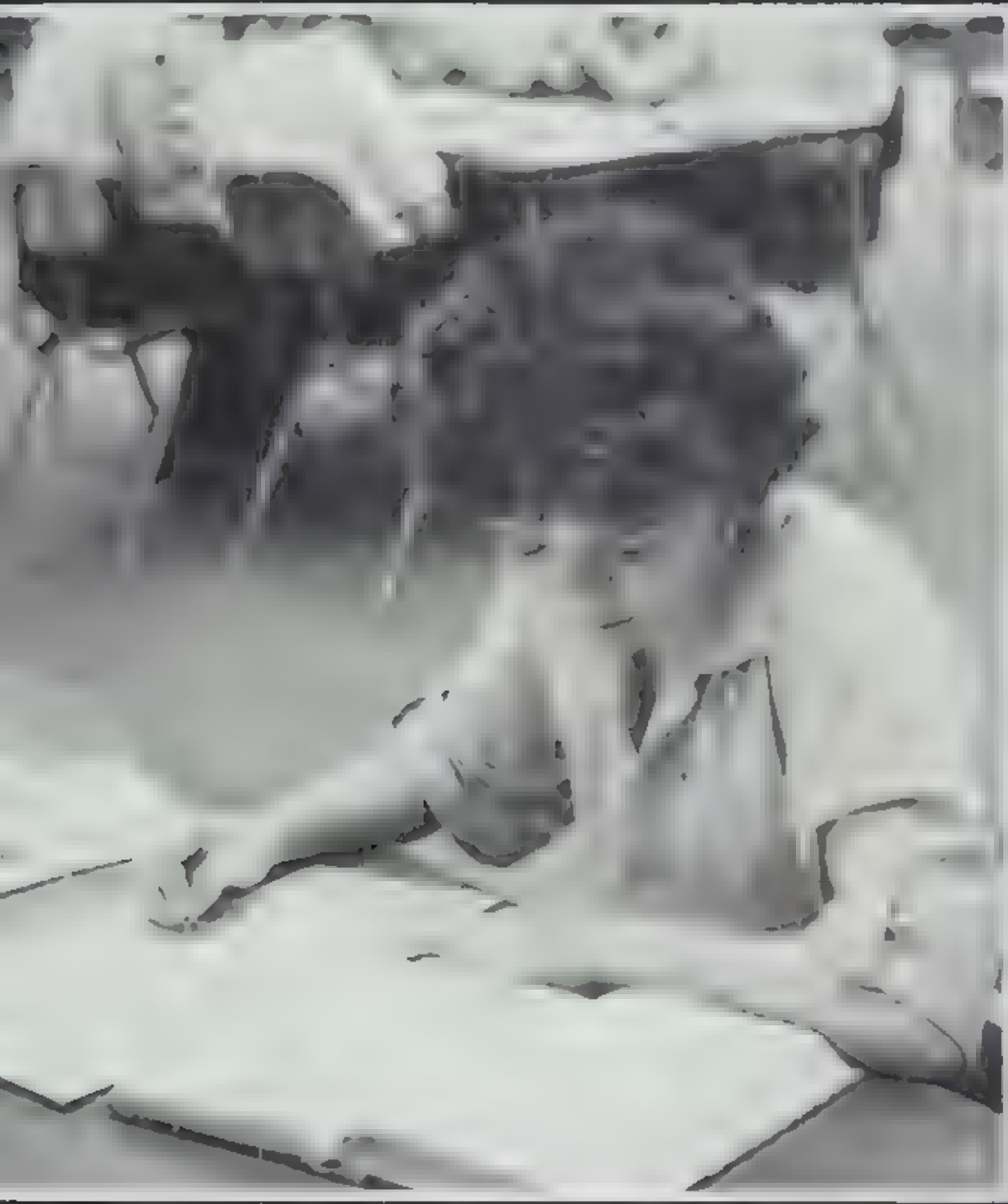
Friday night movies and a trip to Happy Joes were common weekend activities. "Grease" was the number one favorite movie choice by the freshmen.

Mopeds eased transportation problems. Many frosh spent their summer earnings on the new bikes. They could be seen everywhere; the school's bike tracks were flooded with the \$300 motor bikes. Gas mileage was pretty good, averaging 100 miles to a gallon of gas.

All in all, freshman year was a year of many new experiences, some good and some embarrassing; but most ninth graders seemed to survive their first year of high school.

1 Freshman Regina Sweeney sprints with the ball during the freshman-sophomore powderpuff game. The sophomore took the game 7-0.

2 A place to study, Sandy Bilyeu tackles her math assignment in the quiet of the library.



# Freshmen

Ronald Adamczewski  
James Addy  
Kerry Allen

Penny Alvstad  
Rebecca Amsberry  
Charolene Anderson

Tammy Anderson  
Richard Andrew  
Pau Babcock

Robert Bagley  
Kreg Bardole  
Susan Barnhizer

Paul Bartemis  
Michelle Bauer  
Debra Bauman

## UHS welcomes 274 new freshmen

Enthusiastic, curious, and a little wary, 274 freshmen became new members of the Urbandale High School in August 1978. Quickly they discovered that the first year of high school brought new experiences, involvement in traditional activities, and more adult responsibilities. Helping the frosh make the transition from junior high to high school were freshman counselor Dick Cory and a new program, Advisement, which paired every freshman with a faculty adviser during his first year here.

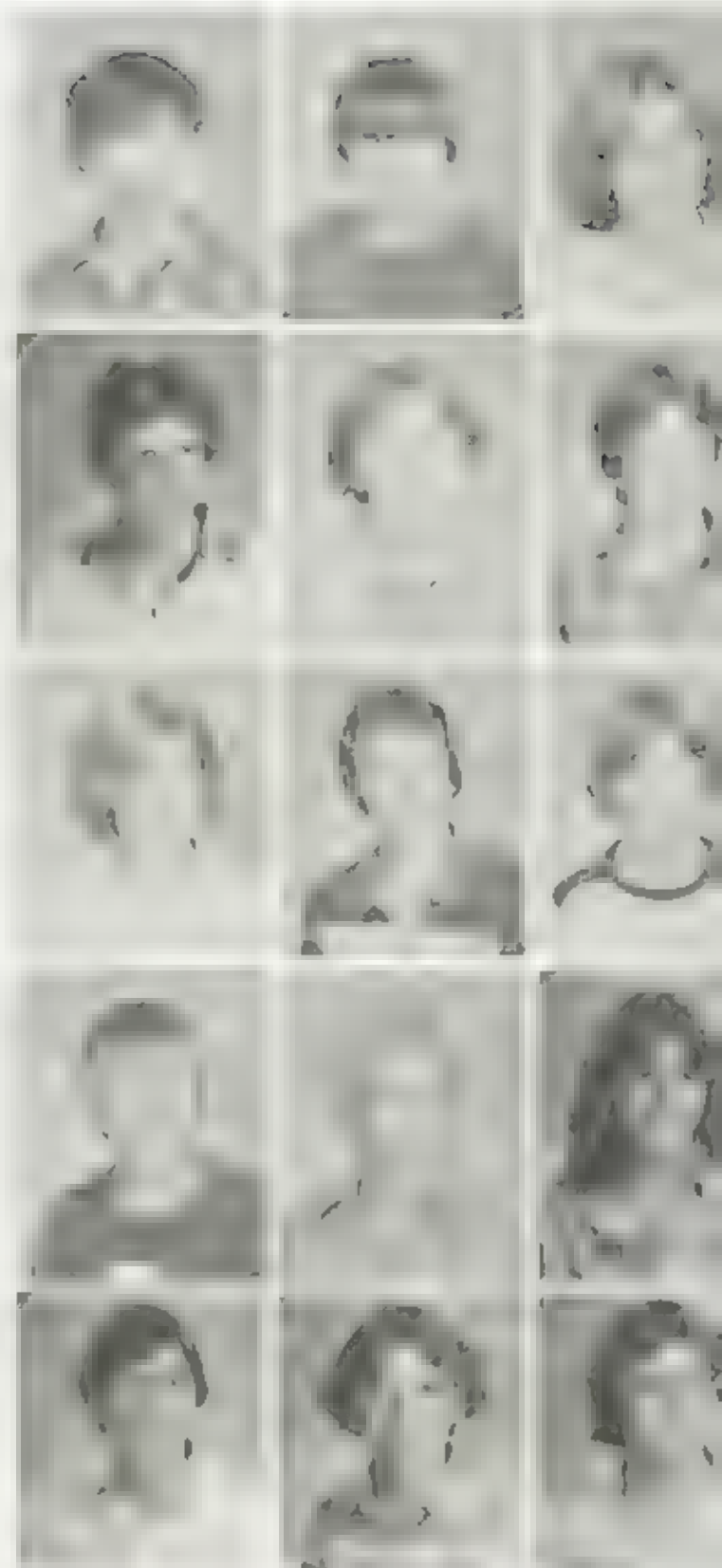
Class officers were president Susan Hansen, vice-president Lori Page, secretary Regina Sweeney, and treasurer Scott Schneider. Senators elected from the class included Brenda Black, Laura Toma, and Teri Johnson. Freshmen senators were responsible for the food — munchies and a hearty breakfast, during the Senate Lock-In. They also set up the elections for the upcoming freshmen 1979-80.

As the youngest class in school, the frosh got some of the traditional ribbing, being dubbed "fudgies," but many remarked that despite nightmarish anticipation about discrimination from the upperclassmen, "It wasn't as scary as we thought it would be."

**1** Lunch time and freshman Rudy Myers gets ready to dig in. Again this year, four hot lunch choices were available to students as well as the ala carte line.

**2** Freshman Amy Thompson.

**3** Frosh cheerleaders Ellyn Langlois and Kelly Cunningham participate in an afternoon practice.





Bob Beck  
Brad Berkland  
Sandi Bilyeu  
Brenda Black  
Wendy Bland  
Steve Boals

Russ Bothwell  
Randy Boyce  
Mark Bradley  
Steve Bremhorst  
Kathy Brown  
Michael Brown

Sherry Brooks  
Darren Brown  
JoAna Brown  
Jeff Brundage  
Steve Brush  
Robert Bucklew





## First place float for 'with-it' frosh

Organization was the freshmen battle cry. United as a class and masterminded by the class officers, the frosh began early and finished their prize-winning float ahead of time. Float construction took place at Scott Schneider's house. The class got down to business.

Centering around the general float theme: movies. Beth Wobken came up with a float idea based on the popular "monster" movie JAWS which dealt with a man-eating shark. Their float featured a (Grinnell) tiger-eating J-Hawk dominating the homecoming gridiron. A tiger's tail dangled from the J-Hawk's huge jaws. "Just when they thought it was safe to go back onto the football field" captioned the float.

Float building started Sunday October 1 and continued every night from 6-9:30 p.m. except for the night of the powderpuff games. Numerous community people donated float supplies. Each class officer was in charge of various duties during construction. Every night 40-50 freshmen showed up to work. Industrial arts teacher Mr. Maggard, a class sponsor, helped construct the mighty Jaws J-Hawk.

The floats were displayed on Friday during the homecoming parade and at halftime. Taking first place, the float netted the class \$50 to add to their treasury.

1 Homecoming parade sees the freshmen cheerleaders responding to the crowd  
2 Sherri Lyness and Dan Kollmorgen help with float building

Martin Byrnes  
Brent Cain  
Ava Carlson



Alan Carter  
Mark Caskey  
Robert Chao



Jeanene Clement  
Joseph Cook  
Beth Connolly



Jennifer Cowling  
Scott Cross  
Kelly Cunningham





Brenda Curtis  
Stacey Dare  
Andy Davis  
John Dougherty  
Dan Drake  
Edward Eick

Tammy Eller  
Susan Englund  
Brian Ennis  
Don Erickson  
Todd Fauster  
Craig Ferguson

Rob Fish  
Ray Fredregil  
Bill Fruhling

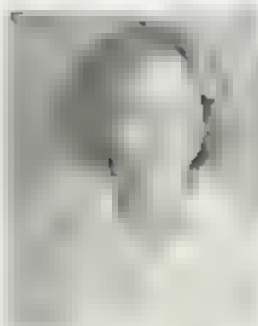
Caryn Fulton  
Steve Fuqua  
John Gamble

Jeff Gilkeson  
Jodi Gilson  
Chris Goodwin

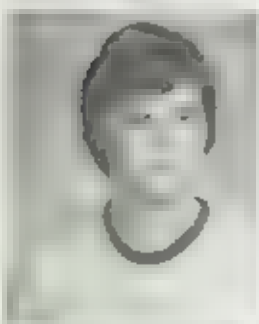
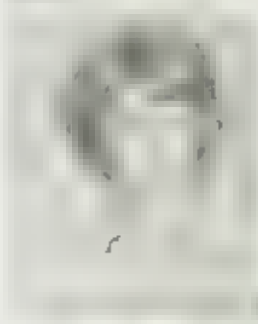
Lisa Gossett  
Stephanie Greene  
Nancy Greer

Kris Grimm  
Richard Groom  
Angela Grothe

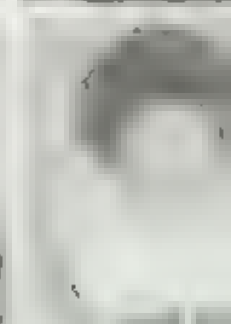
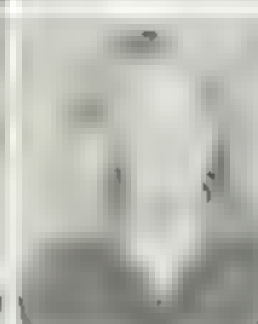
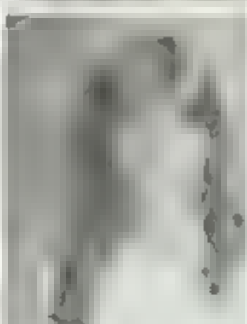
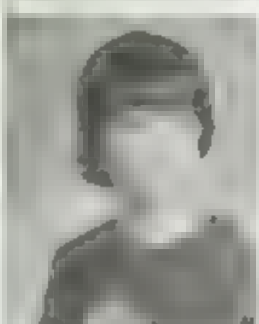
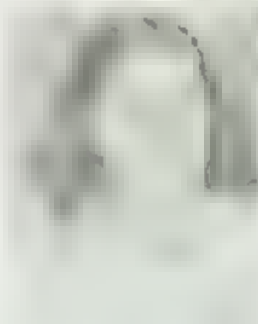
Stacy Grove  
Tim Hagener  
Ron Hahn  
Anthony Hall  
Kerry Hall  
Jerry Halsten



Steve Hammer  
Ron Hancock  
Bret Hann  
Laura Hansen  
Susan Hansen  
Raymond Hanson



Lorraine Hargenrader  
Steven Harrah  
Nancy Harrison  
Gary Hart  
Teresa Hart  
Doug Harvey





## Float building controversial

Reprinted in part from the  
JAYHAWKER October 12, 1978

As tradition calls for, Homecoming '78 left many lasting memories. Float building, powderpuff football, the parade, homecoming game, and dance are among these. Along with the good, comes the bad. Many students and faculty alike will remember mopeds driven through front yards, cars driving at excessive speeds past float sites, minor accidents, refusals to help clean up and/or contribute to float-building, foul language, eggs thrown at cars, fire extinguishers sprayed by passing cars, and tomatoes thrown.

Let's face it, Homecoming and class vs. class rivalry it brings can be fun. This year, all the excitement and capers just got out of hand. As each activity of the week takes place, rivalry builds, and float-building, which takes place nearly every night, 'bears the brunt.'

We have compiled a list of alternatives to float building:

- Do away with the traditional 'class floats' and promote organizational floats. This may also persuade more students to become involved in school activities and groups. The age groups would also be mixed, disemphasizing class rivalry.

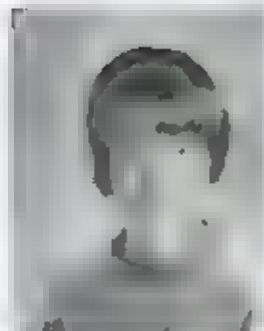
- Have a Queen's float or a Homecoming royalty float.

- Discontinue the parade and float-building altogether.

The quality of the floats this year was very good. Hopefully, a rational plan can be selected for next year.

1 Betsy West, Dalia Omstead, and Sherryn Lyness take a minute from float building during Homecoming week.

2 Scott Schneider's family offers their garage for float building.



Melissa Haverly  
Scott Hayek  
Matt Hemstreet



Becky Hohl  
Peter Holovec  
Marty Howell



Robin Hoy  
Dave Hukill  
Teresa Huston



Steve Imboden  
Ron Jacobs  
Valeri Jacobson



Susan James  
Gale Janssen  
Jon Janssen



Bob James  
Ty Johnsen  
Eric Johnson



Geri Johnson  
Kerry Johnson  
Teri Johnson



Margaret Jones  
Kelly Kahre



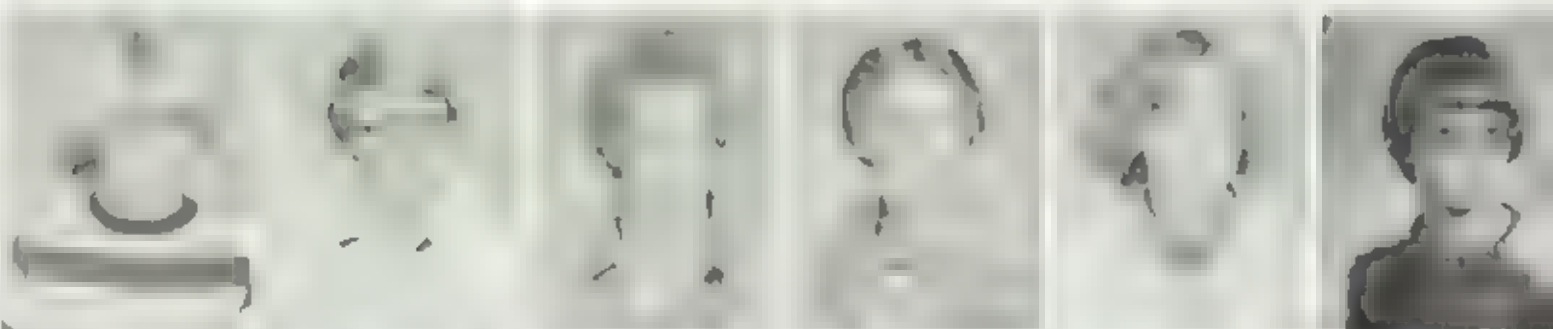
Tom Kelsey  
Diane Killeen



Kent Kilian  
Alan Kimore



Bruce Kingfield  
William Kline  
Dan Kolimorgen  
Deborah Kolnes  
Laura Koontz  
John Koupal



Brad Kraft  
David Kroner  
Stacie Kuhns  
Joe Lang  
Carma Langenberg  
Ellyn Langlois



Kara Larson  
Annette Lekowsky  
Jane LePard  
Jody Livingston  
Ted Lockwood  
Jim Lodermeier



Chuck Loeffelholz  
Erik Lucs  
Kim Lundberg  
Sherri Lyness  
Michael Madison  
Craig Mann



## Mopeds, new means of getting around

Mopeds, motorized bicycles, were a big fad of summer 1978. "It sure beats walking," commented many freshmen who were not yet old enough for a car license. As the gas crunch began and fourteen and fifteen year olds needed transportation further afield, these free-and-easy vehicles became more and more popular. Many freshmen worked during the summer to buy the \$300-\$450 machines as the overflowing bike racks testified at the opening of the school year.

Traveling a maximum 25 miles per hour, the bikes got up to 100 miles per gallon of gas. Traffic regulations governing their use included the general rules of the road. Operators had to be 14 years old and have a driver's permit. The bikes were required to be registered at the police station and a motorcycle license was issued. Written and visual examinations were given. The bikes could not be driven on Interstate highways.

Honda Express, Yamaha Choppys, AMF, Schwinn, and store brand names dominated the market. Small and low to the ground, the mopeds were often hard to see. Usual ripoffs included stolen oil and gas caps or spark plugs. Because of this kids often removed these items and carried them with them during the school day. Bringing a moped to school meant a freshman could leave school and eat lunch at the fast food spots during the open campus lunch hour.

1 Mopeds are a new phenomenon at high school as the bike racks overflow. Freshmen who didn't qualify for a car license opted for this form of motorized transportation.



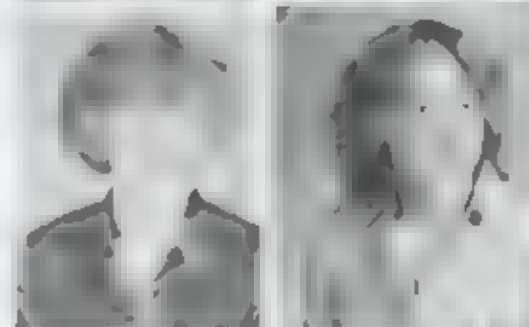
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Jason Mathers



Karen Maupin  
Jon Maus



Susan McCallister  
Erin McCarthy



Jane McCoy  
Susan McDonough  
Leanne McGee



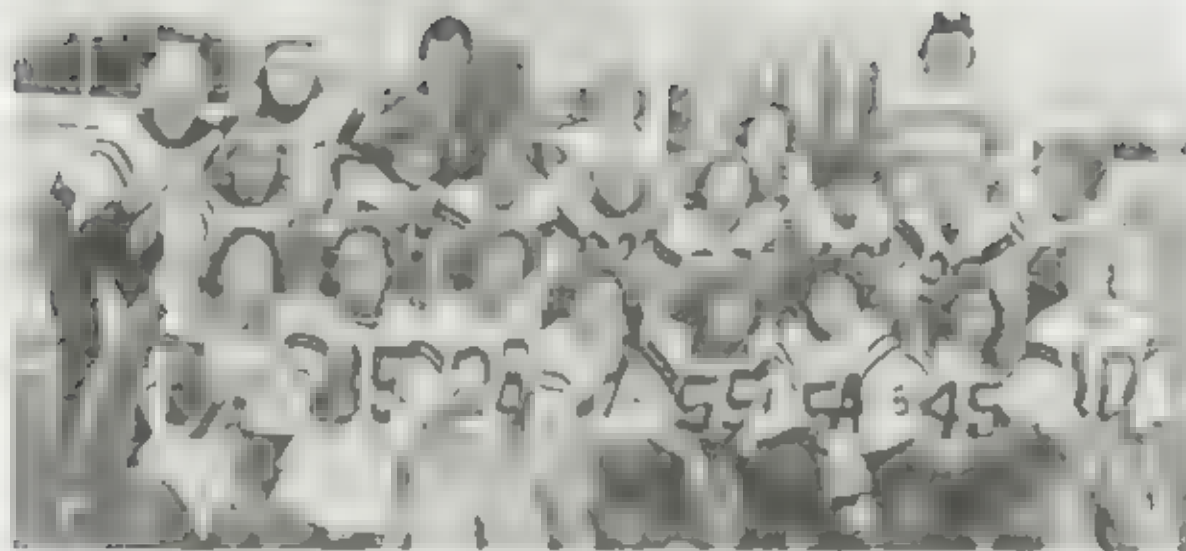
Traci McNabb  
Debra Meldrem  
Kelli Miller



Jerry Mishler  
Mathew Moore  
Shawn Moore



Rudy Myers  
Beth Nelson  
Wayne Nelson



## Powderpuffers rev up lots of class spirit

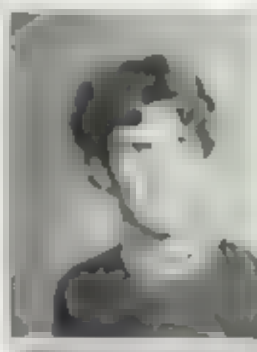
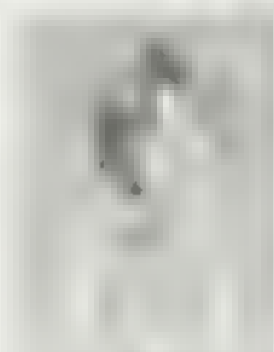
Coached by teachers Gary DouBrava and Rich Dixon, the frosh powderpuff players began practice two weeks before Homecoming activities. Several practices later, the group fired up at the powderpuff assembly showing their willingness to tear the sophomores apart. The originally scheduled game was postponed until Thursday night. Admission to the game was \$ 50 and the crowd was enthusiastic. In a close game, the frosh fell to the sophomores 0-7.

The girls were busy with locker decorations, baking goodies for the football players, and Thursday night, decorating the houses of the football players.

Freshmen basketball teams had outstanding seasons. The boys were undefeated in the CIC, taking the conference title. They ended their season 20-1. The girls were 19-1 for their season. Twice during the winter they topped the scoreboard with 100 points. The only loss came at the hands of Ankeny 89-93. The Jayettes came back 83-82 in the last stand against Ankeny.

1 Frosh powderpuff team fires up for their game against the sophomores. They were coached by Gary DouBrava and Rich Dixon.  
2 "Just when they thought it was safe to go back on the football field" With Movies the float theme for the Homecoming parade, the freshmen chose a take-off on the movie Jaws. The float featured a tiger-eating J-Hawk.  
3 Frosh girls scramble during the powderpuff game. They fell to the sophomores 0-7.

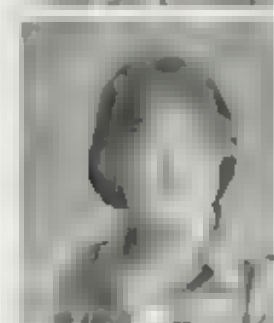
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George Newcomb  
Mark Nicolia



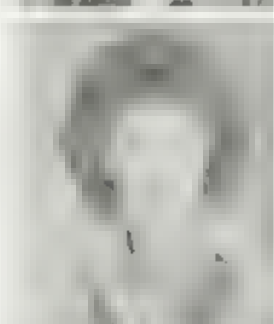
Nicci Noyes  
Gina Oddy  
Steven Olson



Darla Omstead  
Mark Orr  
Connie Osborn



Lisa Pack  
Lori Page  
Kelly Parrish



Todd Parsons  
Michael Patrick  
Shawn Patrick





Loan Pham  
Michael Philpott  
LaTisha Pitzer



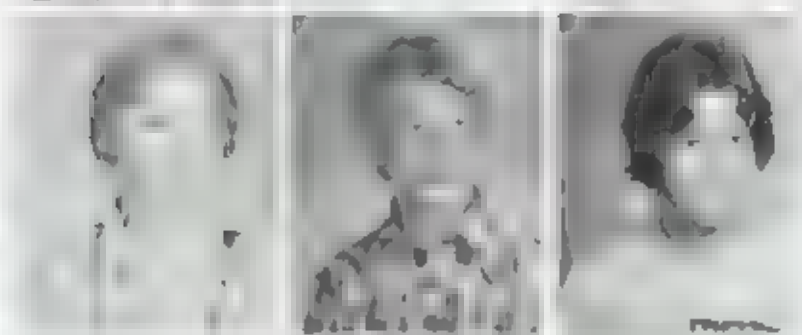
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Shelly Probst  
Karen Pringnitz



Stacey Remick  
Kim Rhiner  
Randy Richards



Brent Richman  
Steve Richman  
Matt Roberts



Tim Roberts  
Scott Royal  
Gabriel Ruggieri



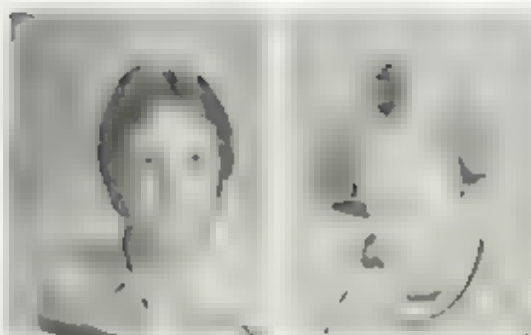
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Fred Rummans  
Kelli Rush



Tom Russell  
Kristina Rypkema  
Brad Sams



Michael Sangster  
Deborah Savel  
Jeanne Schmidt



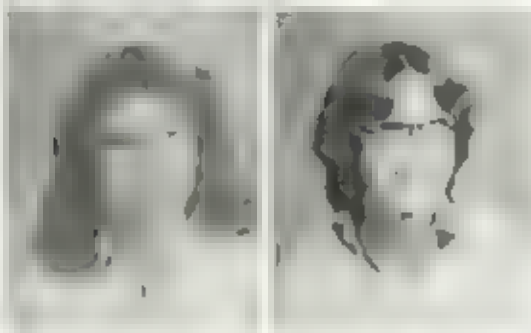
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Peter Schroeder  
Carolyn Seiler



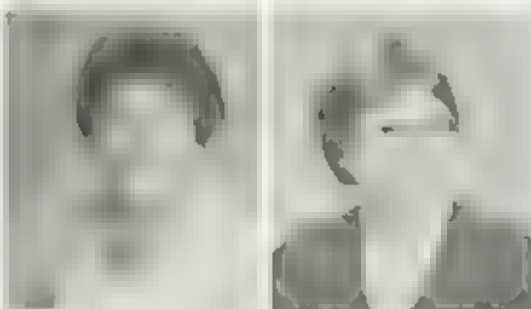
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Lauren Shapiro  
Jacie Shields



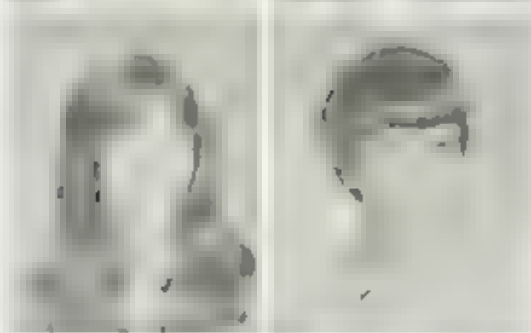
Rhonda Shunk  
Traci Siek  
Misty Sims



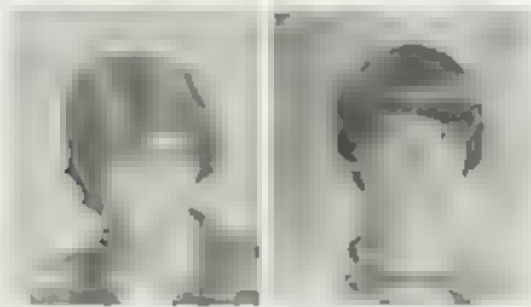
Michele Smart  
Allison Smith  
Kevin Smith



Marsha Smith  
Scott Smith  
Sheila Smith



Stephen Smith  
Scott Smoldt  
Mori Sorenson



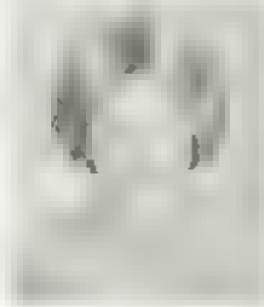
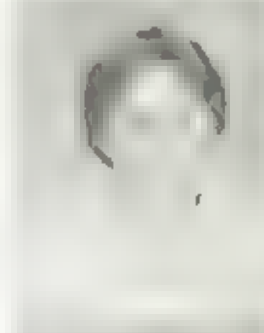
## Frosh participate in advisement program

Freshmen participated in the first year of the Advisement program. This program was developed to facilitate personalized faculty-student/faculty-parent communication, thereby promoting a successful and enjoyable year for each ninth grade student. Each freshman, along with seven to eleven other freshmen comprising his advisement group, was scheduled into Advisement two hours per week. Each advisement group had a specific faculty member as their adviser for the year.

Format and activities of advisement sessions were varied. An adviser might request attendance of the entire group or specific students, or he might leave the session open for advisees to come and go as they pleased. Planning course schedules was an important function of Advisement. Advisers and students reviewed and planned together second semester schedules, sophomore schedules, and tentative four year schedules which plotted each student's high school education through his senior year.

Advisement sessions allowed students an opportunity to discuss personal and school problems. Through concerted effort, parents, students, and advisors strived to alleviate students' academic difficulties. Arrangements made to improve academic performance included extra scheduled help from teachers and weekly progress reports. The relaxed atmosphere of the advisement sessions allowed students an opportunity to build friendship and understanding with their advisers and other students in their groups.

1 At Commencement, freshman Kaia Larson participates with the band  
2 Mike Sangster finishes a descriptive paragraph in Language Arts I





Tracy Stemmeier  
Tim Stenseth  
Laurie Stevens  
Elizabeth Swanson  
Regina Sweeney  
Jon Swenson



Dan Swift  
Jill Tarr



Ken Tel  
Carla Thacker



Amy Thompson  
Brenda Thompson



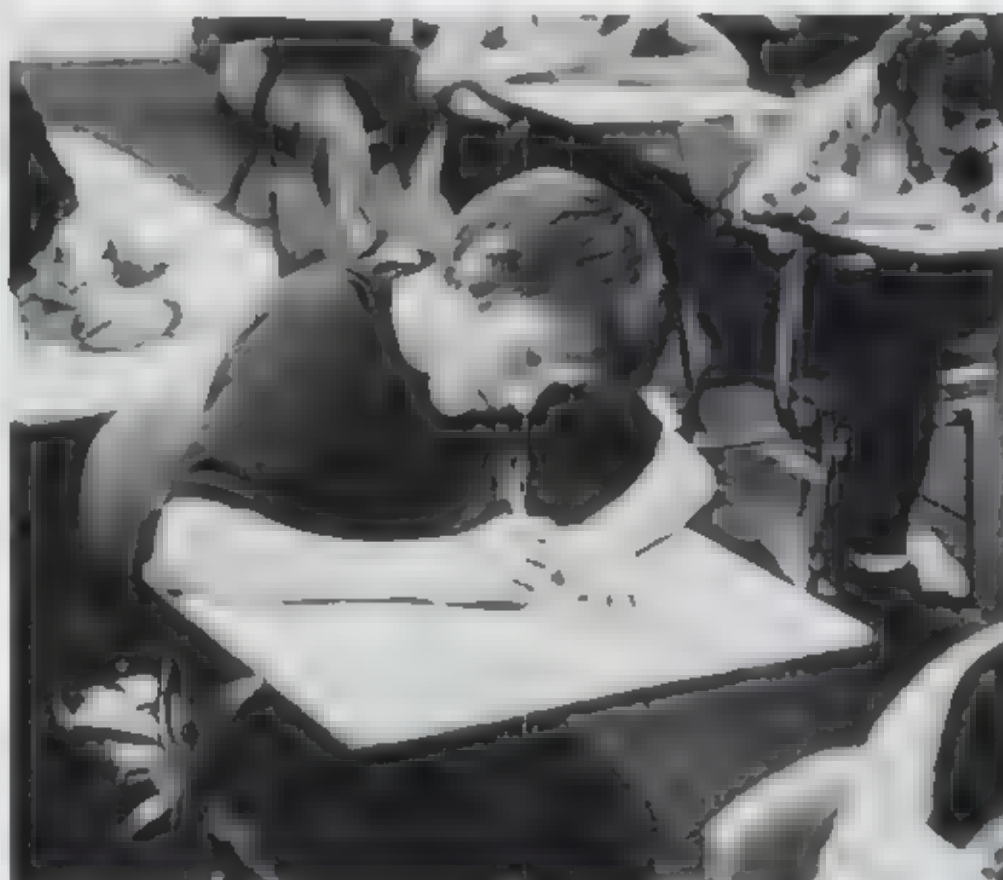
Phyllis Thompson  
Laura Toma

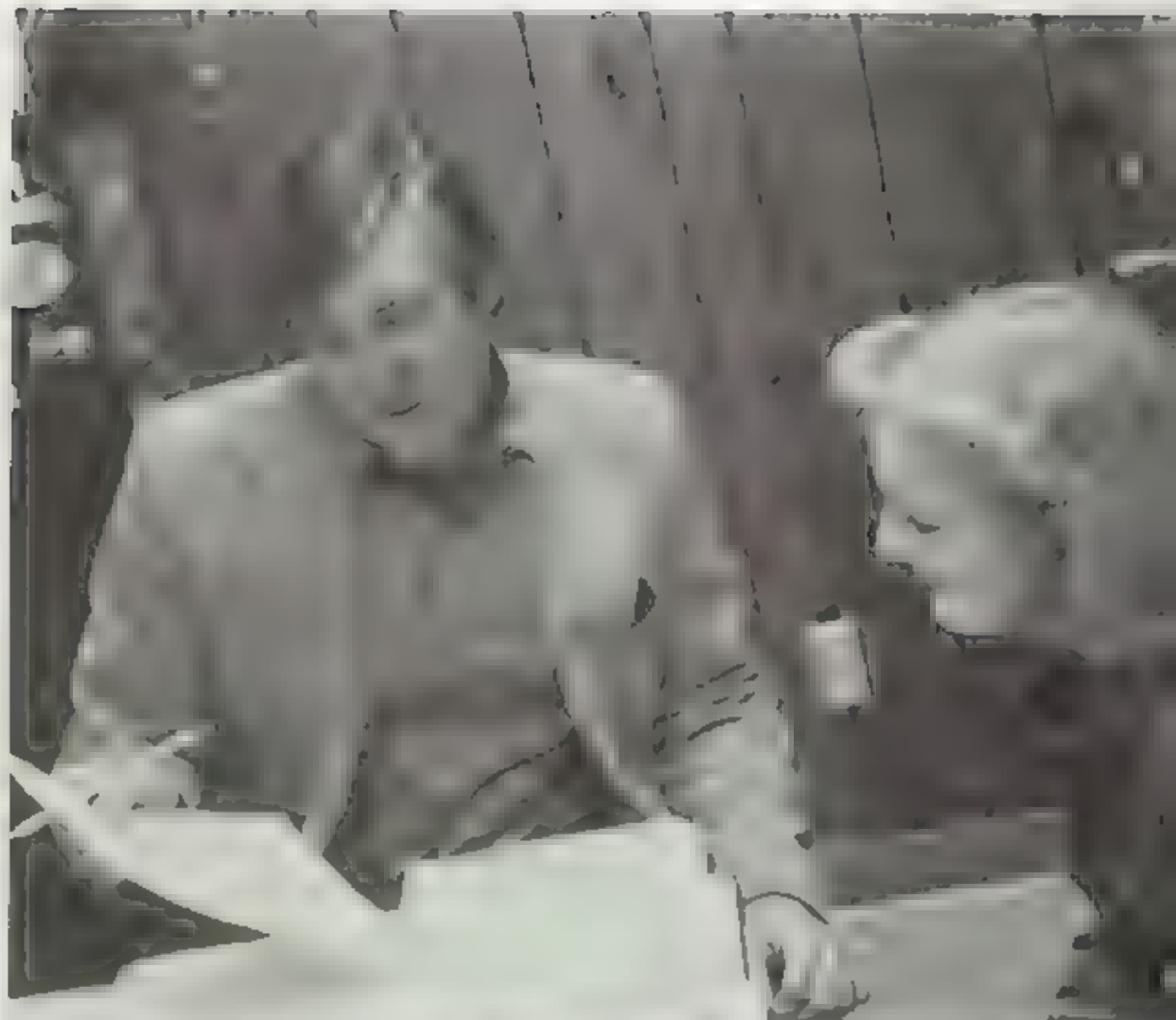


Debra Toney  
Brian Turnquist

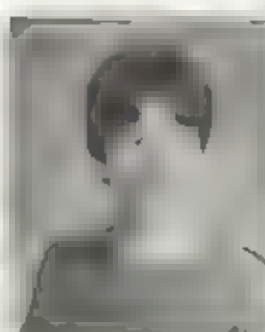
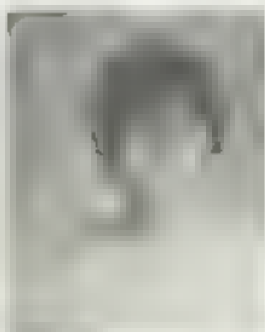


Jane Uren  
David Vawter

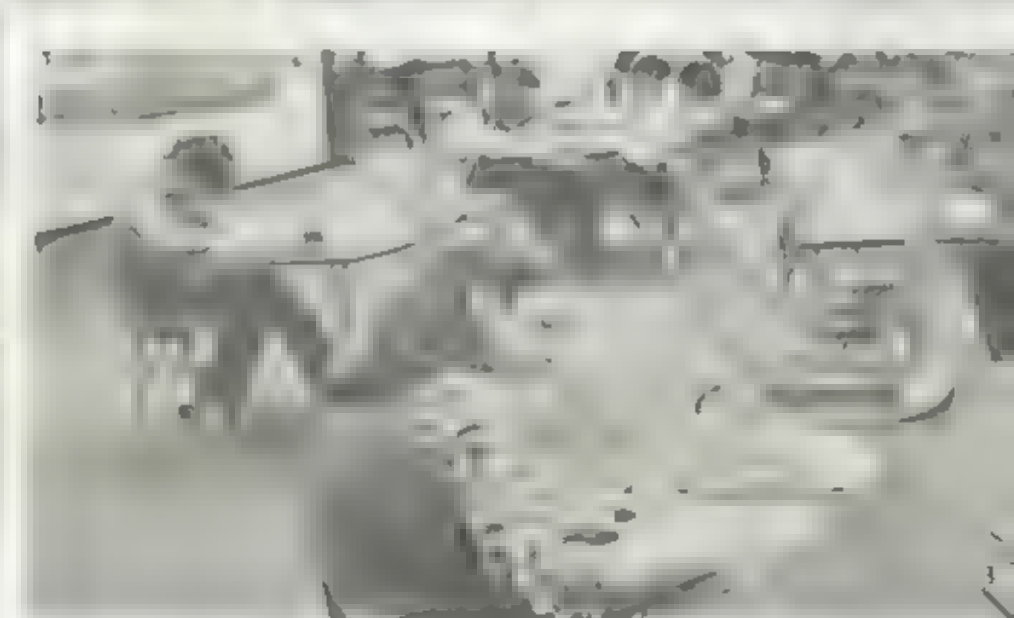
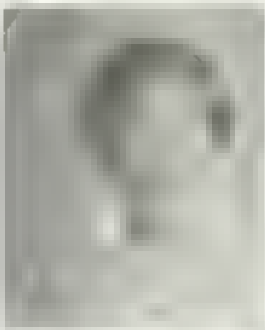




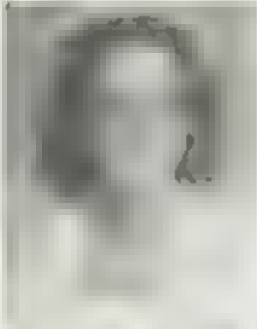
Keith Veler  
Heather Vogen  
John Walden  
Kyle Warden  
Kristine Wertz  
Betsy West



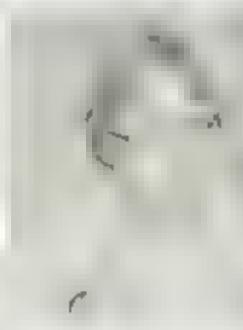
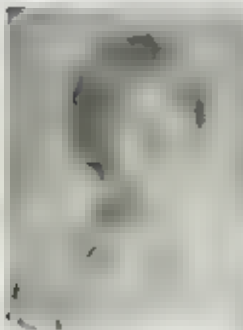
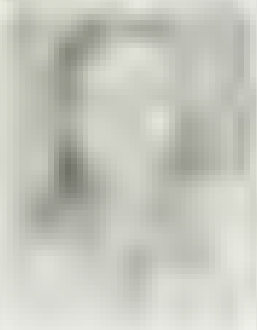
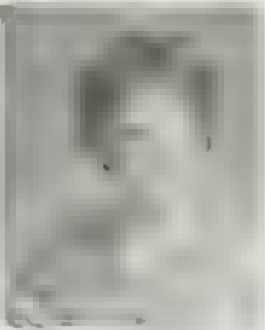
Brian Wheeler  
Julie Wheeler



Lisa Willem  
Dana Willett



Rhonda Williams  
Angie Williamson  
Tim Winger  
Mike Winslow  
Doug Winters  
Barbara Witt



## Solar hotdog cooker Unique class projects

Using the sun to cook a meal, freshmen algebra students built solar hotdog cookers from plaster of Paris, wood, papiermache, and cement. Dr. Shuttles helped with equations, a cement mold, and answering questions. Aluminum foil directed the rays of the sun and, if working correctly, the hotdog was done to a fine finish in about five minutes.

Put together an ant farm, transplant plants, curry a horse, make fun meal surprises — all were demonstration speeches given in Language Arts. Within eight minutes each freshman illustrated how to do something. Food demonstrations were popular with the audiences.

Learning about prehistoric life, Earth Science students compiled a term paper. Each was required to have five sources and to footnote his findings.

Other class projects included cooking a balanced meal for the class in Contemporary Home Ec. Industrial Arts students mass produced backgammon and checkerboards as well as small tables and desks. The Mideastern peace treaty was debated in geography.

Spanish students described what they did during one day in a five minute Spanish talk while German students took a bike ride, speaking only in German. Introduction to Business students invested an imaginary \$10,000 in the stock market, watched market reports for a week, and sold their holdings the last day of school recording their profits or losses.

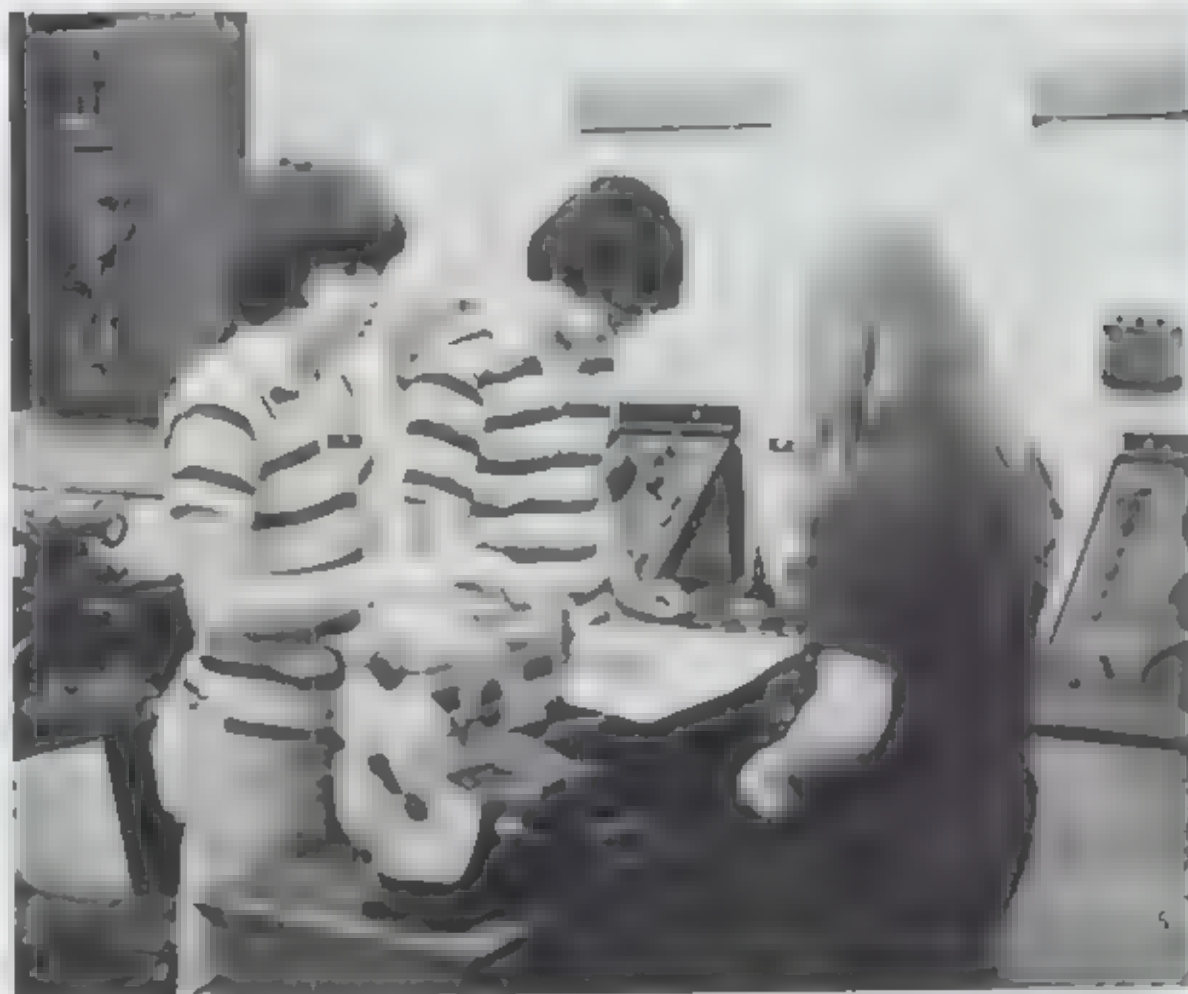
1 Freshmen Scott Schneider and Mori Sorenson check out the vending machines in the Commons during an open hour.

2 Scheduling for next year, Teri Hart talks with freshman counselor Dick Cory.

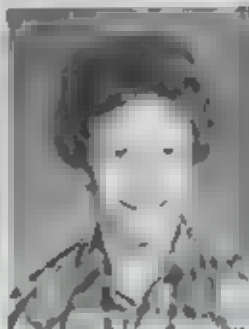
3 During a free hour, many head for the quiet atmosphere of the library. Freshman Laura Toma concentrates on a writing assignment.

4 Senior Spanish students Mark Rhoads helps freshmen Spanish students Nicci Noyes and Tammy Eller.

5 Ron Hancock, Mark Caskey, and Shawn Patrick discuss upcoming projects in General Metals.



Dana Wiperman  
Beth Wobken  
Dawn Wolf



Dan Wren  
Jeff Young  
Larry Young





## Farewell, Foreign Friends

- 1 Annette Swardt lives with the Floyd Sievers family. Mr. Floyd Sievers, Mrs. Joan Sievers, Daisy, Mike Sievers, and Annette.
- 2 Annette Swardt from South Africa.
- 3 Lily Henault is a member of the Arthur Schultz family. Mr. Arthur Schultz, Lily, and Mrs. Dorothy Schultz.
- 4 Lily Henault from Belgium.
- 5 Ragnhild Vestli from Norway.
- 6 Under the Rotary Club sponsorship, Ragnhild Vestli lives with three different families, spending four months with each of them. Her last host family includes junior Carla Van Enter, Mrs. DeAnne Van Enter, Carla Van Enter, Mr. Norman Van Enter, and Ragnhild.
- 7 Alejandra Saenz de Miera from Mexico.
- 8 Alex joins the Don Courtright family. Cathie Courtright, Alex. BACK ROW-Mr. Don Courtright, Tom Courtright, and Mrs. MaryJo Courtright.





A taste of Latin America, Europe and Africa flavored UHS in the form of four foreign exchange students. Under the Rotary Club program, Ragnhild Vestli from Rena, Norway joined UHS. She was a high school graduate in her country. Having previously graduated from high school, "R.V." was 19 years old. She was a member of the school's band, AFS club and National Honor Society.

"I liked Urbandale, and especially enjoyed learning Spanish," said "R.V."

Youth for Understanding sponsored two students this year. Manlio Arratia from Maracaibo, Venezuela, attended UHS during the first semester. Lily Henault from Brussels, Belgium attended high school at Council Bluffs, Iowa and transferred to Urbandale second semester. She was 19 years old and a high school graduate. She was part of the ECHO staff "I especially liked the art course I took and learning German," said Lily

The other two students were sponsored by the American Field Service International/Intercultural Exchanges. They were Annette Swardt from Pietermaritzburg, South Africa and Alejandra Saenz de Miera, "Alex," from Mexico City, Mexico. Annette had completed a semester of college in accounting and was 19. She participated in Student Senate, chorus, ECHO staff, the first UHS model UN, powderpuff, National Honor Society, and was elected senior class secretary. "I truly enjoyed this year and the courses I took. I think my favorite was minority studies."

Alex, 18, had finished her sophomore year in Mexico and returned to one more year of high school. She enjoyed drama and speech, the ECHO staff, Student Senate, powderpuff, National Honor Society, and was vice-president of the AFS club. "All my classes were fun, but I especially enjoyed being part of the ECHO staff where I got involved in lot of activities, and at the same time I did a little photography and designing that I like," commented Alex

"Having foreign exchange students is fun and they learn about us as much as we do about them," said junior Karen Hall





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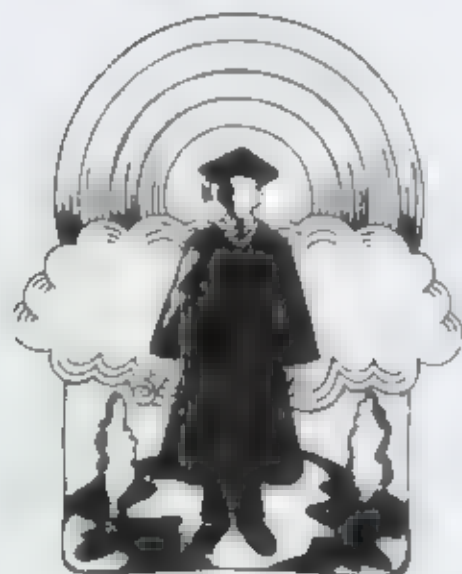
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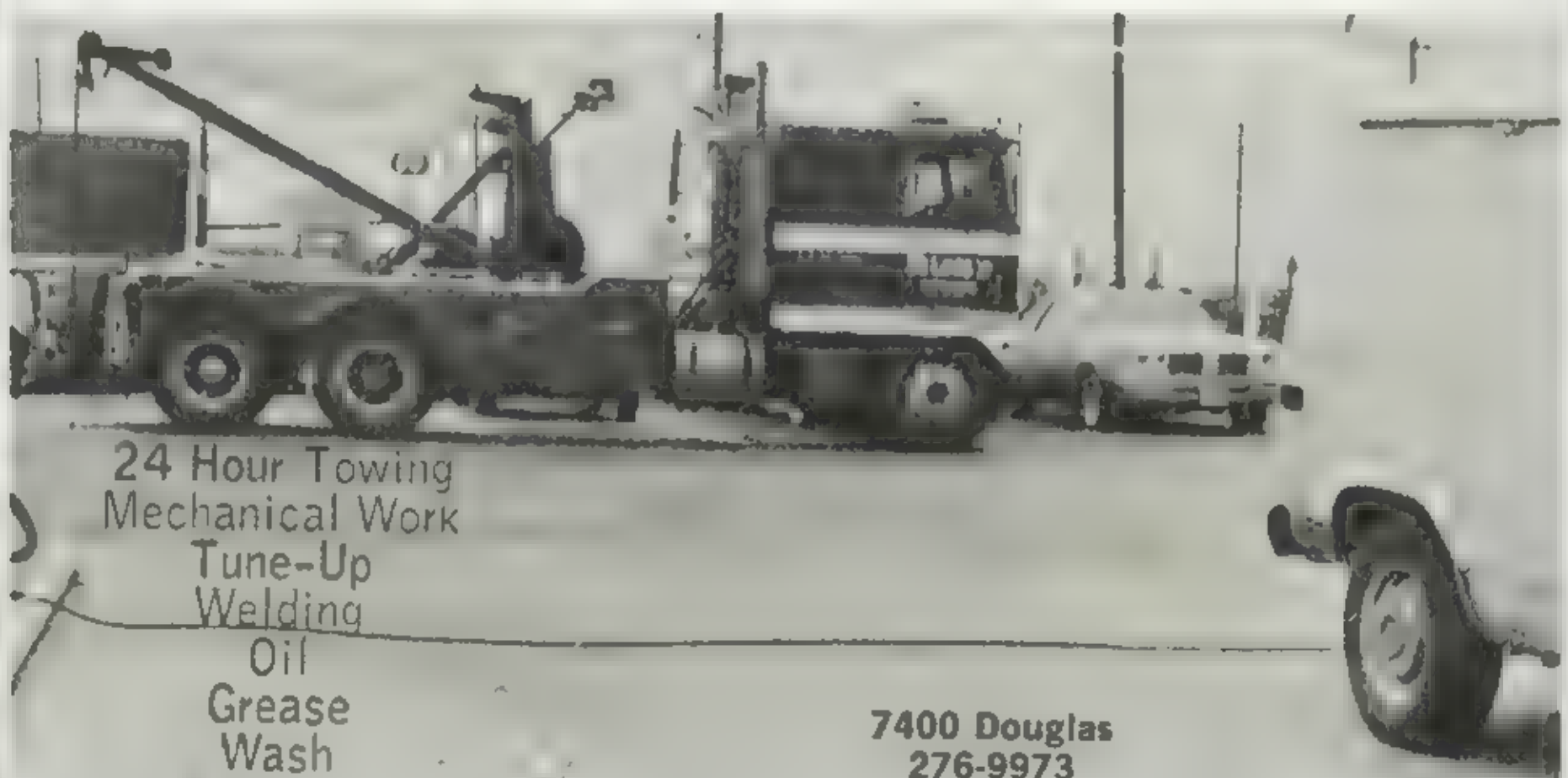
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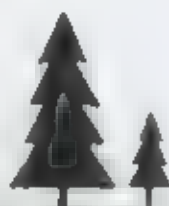


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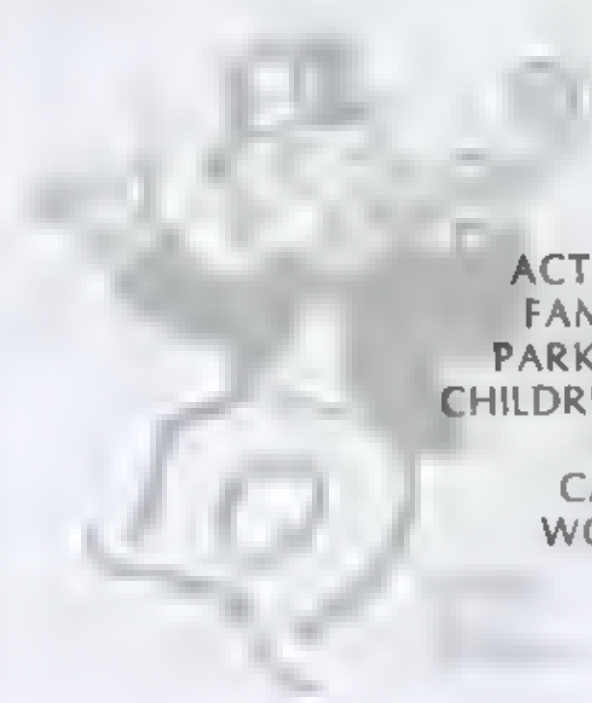
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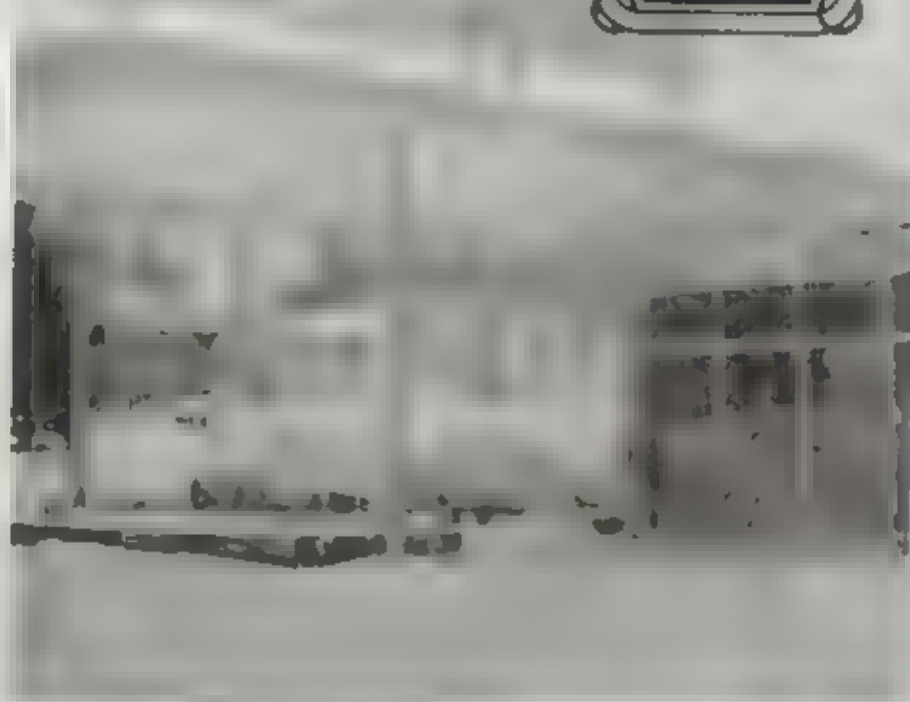
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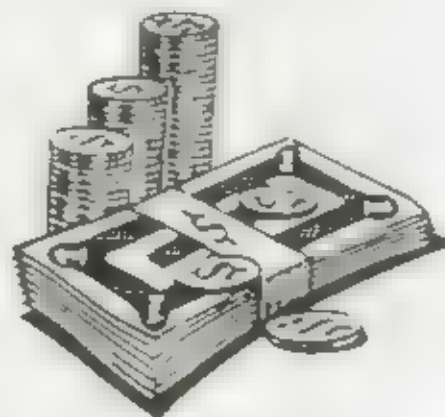
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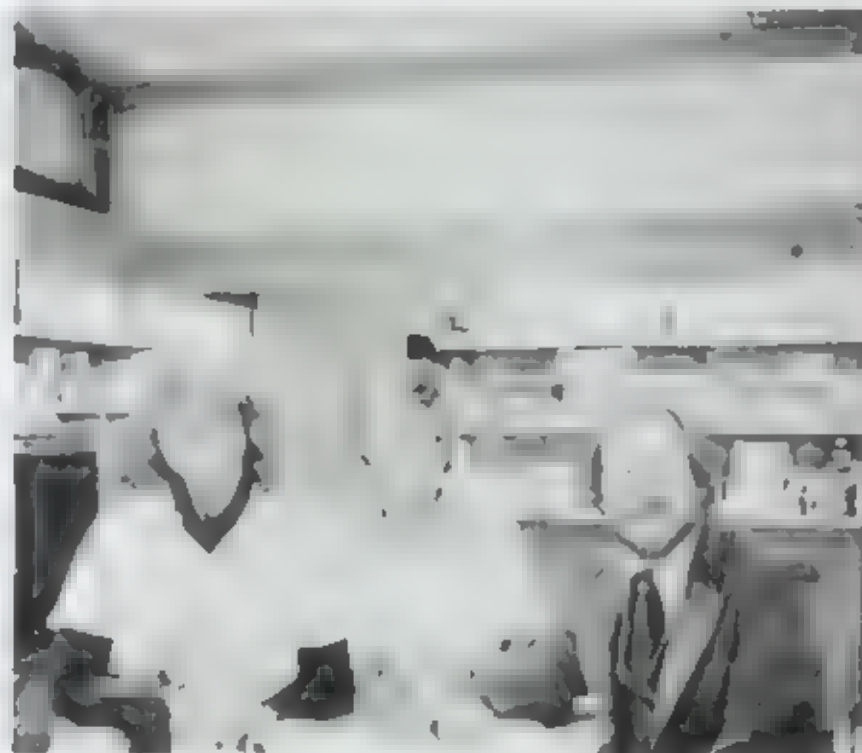
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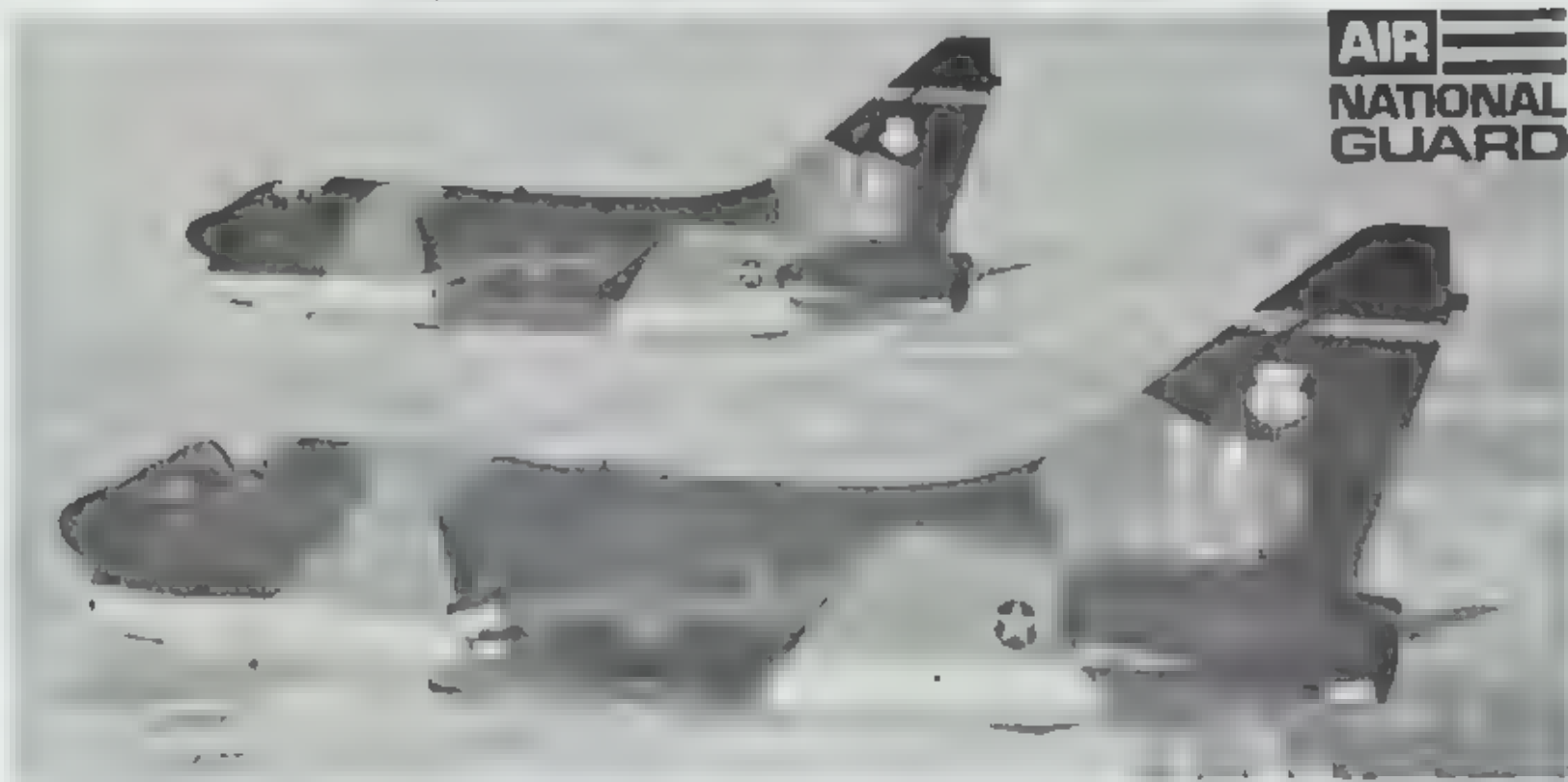
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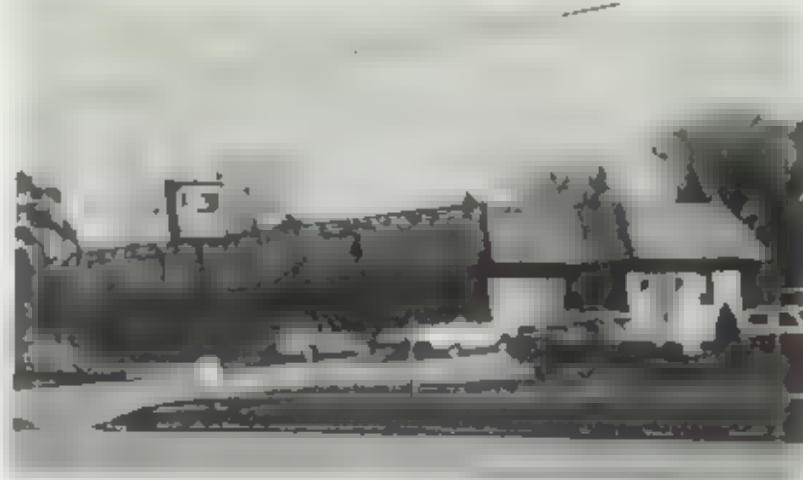
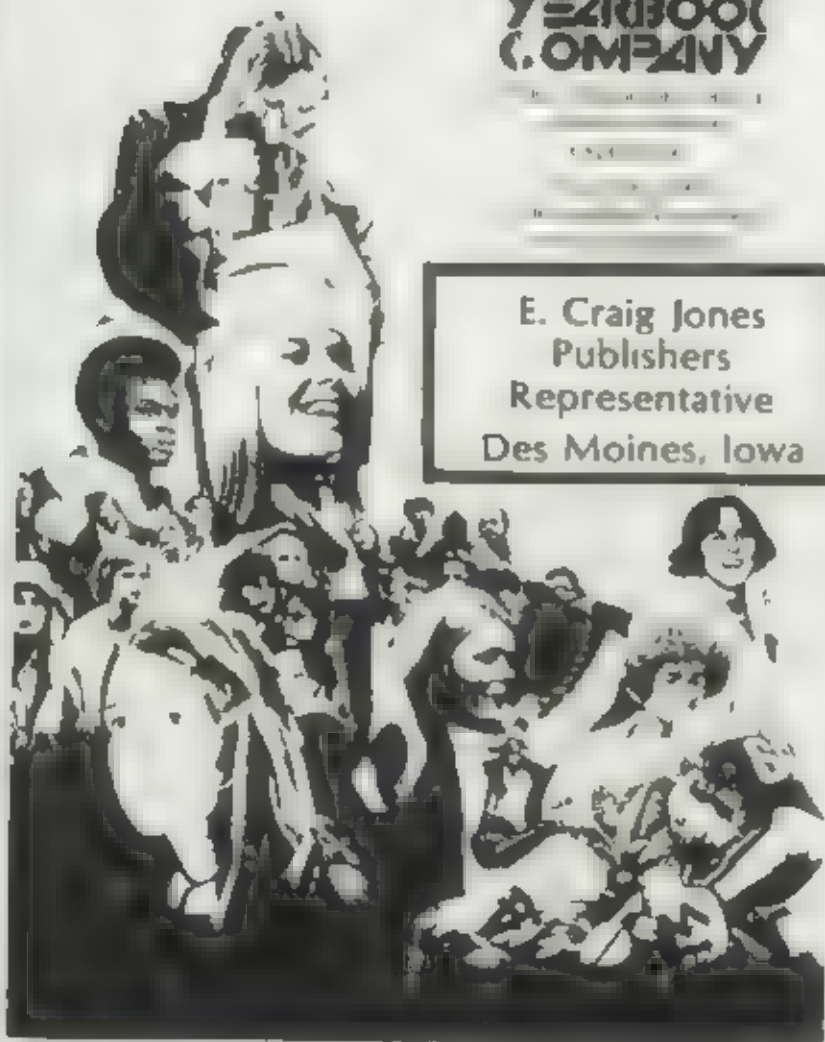
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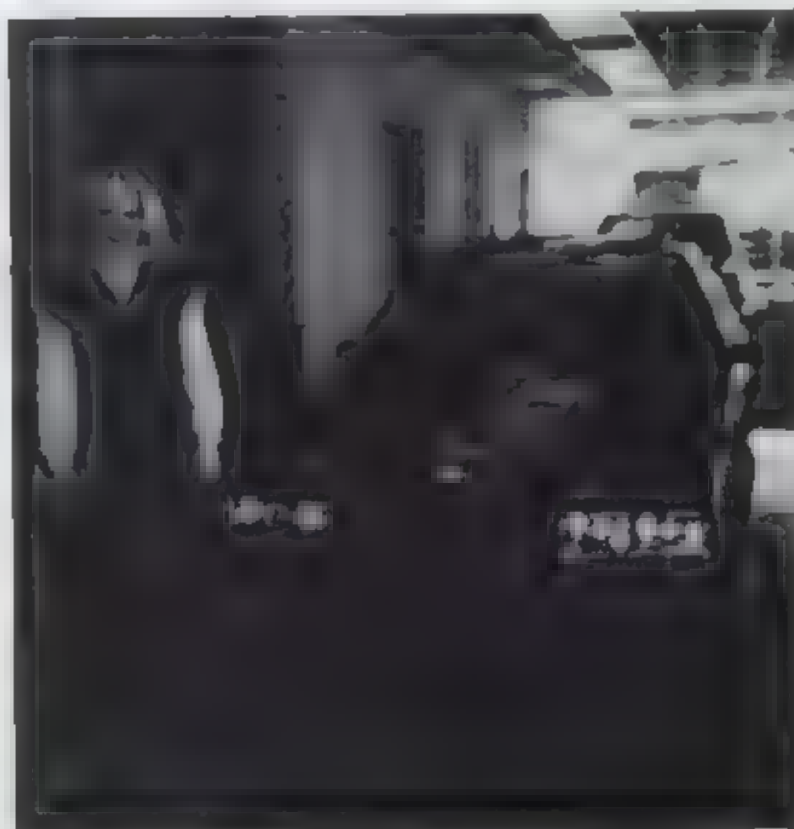
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 Coker, Mr. Mike 11 160  
 Coker, Marie 7  
 Coker, Angela 11  
 Coker, Mike 7  
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 Chambers, Mike 26 43 146  
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 Cho, Tom 2B 40 42 57 8F  
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 Chapman, Shirley 80  
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 Christner, Christine 97

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Clarke Scott 118  
Cason David 77  
Clayton Kim 67  
Clement Jeanene 65 67 168  
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Camp Vickie 78 65 76  
Katie Koster  
Cole Nancy 6 47 6 61 67  
107  
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Conner Mary 26 48  
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Conner Lisa 78  
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Cooper Tim H  
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Cory Mack 11  
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Cory Stephen 118  
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180  
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Cowling, Jenny 72, 168  
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Erickson Emily 74  
Erickson Lynna 79  
Erickson Teles,  
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123  
Evans Kristi 79

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Ewald Bob	
Ewing Larry-31	56

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Galt, Op. Bruce 3 7  
 Gaudin John 149  
 Gaudin, Jeff 119  
 Gault, Kirk 19  
 Gay, Dennis 31 61  
 Gendron, Richard  
 Geig, Kelly '9  
 Geig, Tom 3  
 Geisloch, Charles Q.  
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 Golf, Girls' 163

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 & \frac{d}{dx} x^{-2} = -2x^{-3} \\
 & = -\frac{2}{x^3}
 \end{aligned}$$
[illegible]

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 $R_{44} = \frac{1}{2} \begin{pmatrix} 1 & -1 \\ -1 & -1 \end{pmatrix}$

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**T**

## U

## V

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**Z**



# A Yearbook Is...

A yearbook is a lot of things, but mostly it is people. People in production and people like you, the students and faculty of Urbanside High School. It is for you that the ECHO is produced.

We're not professionals, we don't claim to be. Rather, we use this book as our tool for learning. We're people and people make mistakes. Hopefully we learned a little each time we made one.

Rising costs and other problems prevented us from having any color pages. We feel that we've made up for that in other areas. Possibly the main reason for this change is the fact that only two previous yearbookers returned from last year's staff.

Following much opposition to last year's cover, we opted for a much more conservative, traditional cover. This also cost more of the green stuff.

I sincerely hope each one of you enjoys ECHO '79. I've enjoyed being a part of it.

Now the book is in your hands. Enjoy it.

Kevin Lumsdon  
Co-editor















Craig,  
You're a  
real neat to get  
and easy  
along with.  
Best of luck,  
Scott Johnson



